



Mondays to Fridays

Shoeburyness → London Fenchurch Street

Shoeburyness → London Fenchurch Street

	4	8	8	8	8	8	8	8	8	4	8	8	4	8	8	4	8	12	8	8	8	4	8	8	8	8	8	
Shoeburyness		04 15																										06 25
Thorpe Bay	04 06	04 18																										06 29
Southend East	04 08	04 21																										06 31
Southend Central (Arrival)	04 11	04 23																										06 34
Southend Central (Depart)	04 11	04 24																										06 34
Westcliff	04 14	04 26																										06 36
Chalkwell	04 16	04 28																										06 39
Leigh-on-Sea	04 19	04 31																										06 42
Benfleet	04 23	04 36																										06 47
Pitsea	04 28	04 40																										06 51
Basildon		04 43																										06 55
Laindon		04 46																										06 58
West Horndon		04 51																										
Stanford-le-Hope	04 34																											06 51
East Tilbury	04 37																											06 54
Tilbury Town	04 43																											07 00
Grays	04 46																											07 04
Purfleet																												07 09
Rainham																												07 15
Dagenham Dock																												07 18
Chafford Hundred (intu Lakeside)	04 50																											07 06
Ockendon	04 54																											07 11
Upminster	05 00	04 56																										07 19
Barking	05 08	05 05	05 13	05 38	05 45	05 49	06 09	06 04	06 14	06 28	06 18	06 38	06 44															07 25
Stratford DLR																												
London Liverpool Street																												
West Ham DLR	05 13	05 10	05 18	05 43	05 50	05 55	06 15	06 10	06 19	06 33	06 23	06 43	06 49	06 27	06 39	07 02	07 05	06 53	07 17	06 59	07 09	07 13	07 20	07 35	07 32	07 23		
Limehouse DLR	05 18	05 15	05 23	05 48	05 55	06 00	06 20	06 15	06 24	06 39	06 28	06 48	06 55	06 33	06 44	07 08	07 11	06 59	07 22	07 05	07 14	07 19	07 25	07 40	07 37	07 28		
London Fenchurch Street DLR	05 23	05 20	05 28	05 53	06 00	06 04	06 25	06 19	06 29	06 44	06 33	06 53	07 00	06 37	06 49	07 14	07 17	07 06	07 29	07 11	07 21	07 25	07 32	07 47	07 44	07 35		

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Only folding bikes allowed.

Doors may be closed up to 30 seconds prior to the advertised departure time.

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	4	8	8	8	8	12	8	8	8	8	12	8	12	12	12	8	8	12	12	8	8	8	8	8	4	12	8	
Shoeburyness																												
Thorpe Bay	06 38																											
Southend East	06 40																											
Southend Central (Arrival)																												
Southend Central (Depart)																												
Westcliff																												
Chalkwell																												
Leigh-on-Sea	06 47																											
Benfleet	06 53																											
Pitsea																												
Basildon	06 59																											
Laindon		07 04																										
West Horndon		07 09																										
Stanford-le-Hope																												
East Tilbury																												
Tilbury Town																												
Grays																												
Purfleet																												
Rainham																												
Dagenham Dock																												
Chafford Hundred (intu Lakeside)																												
Ockendon																												
Upminster		07 14	07 33																									
Barking		07 23	07 41	07 46	07 35																							
Stratford DLR																												
London Liverpool Street																												
West Ham DLR	07 26	07 29	07 47	07 53	07 41																							
Limehouse DLR	07 31	07 34	07 52	07 58	07 46																							
London Fenchurch Street DLR	07 38	07 41	07 59	08 05	07 53	07 48	07 56	08 08	08 14	08 20	08 02	08 11	08 23	08 16	08 26	08 29	08 38	08 32	08 35	08 41	08 44	08 50	08 59	09 02	08 47	08 53		

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Shoeburyness → London Fenchurch Street

	12	4	8	8	8	4	8	8	4	8	4	4	4	8	8	8	8	8	4	8	4	12				
Shoeburyness			08 00					08 15						08 34		08 49					09 11		09 27		09 41	
Thorpe Bay			08 04					08 19						08 38		08 53					09 15		09 31		09 45	
Southend East			08 06					08 21						08 40		08 55					09 17		09 33		09 47	
Southend Central (Arrival)			08 09					08 24						08 43		08 58					09 20		09 36		09 50	
Southend Central (Depart)		08 04	08 09					08 24					08 34	08 43	08 50	08 58			09 02		09 12	09 20	09 36	09 42	09 50	
Westcliff		08 06	08 11					08 26					08 36	08 45	08 52	09 00			09 05		09 15	09 22	09 38	09 45	09 52	
Chalkwell			08 09	08 14				08 29					08 39	08 48	08 55	09 03			09 07		09 17	09 25	09 41	09 47	09 55	
Leigh-on-Sea	08 04	08 12	08 17					08 32	08 36				08 42	08 51	08 58	09 05			09 10		09 20	09 27	09 43	09 50	09 57	
Benfleet	08 09	08 17	08 22					08 37	08 41				08 47	08 56	09 03	09 10			09 15		09 24	09 32	09 48	09 54	10 02	
Pitsea	08 13					08 19		08 34	08 40			08 49	08 50		09 06			09 15	09 19		09 29		09 45	09 51	09 59	
Basildon	08 17		08 29					08 44	08 50				08 54	09 02	09 10	09 16			09 23		09 38		09 55		10 08	
Laindon	08 22			08 34					08 50				08 58	09 05	09 14	09 20			09 26		09 41		09 58		10 11	
West Horndon				08 39									09 02		09 18				09 31				10 03			
Stanford-le-Hope					08 25	08 40				08 55								09 21		09 35				10 05		
East Tilbury					08 29	08 44			08 59									09 25		09 38				10 08		
Tilbury Town ⇄					08 35	08 50			09 05									09 31		09 44				10 14		
Grays				08 31	08 38	08 47	08 53		09 02	09 08								09 17	09 34		09 41	09 48		10 10	10 17	
Purfleet					08 44	08 59			09 14									09 40		09 47				10 16		
Rainham					08 49	09 04			09 19									09 45		09 52				10 21		
Dagenham Dock					08 53	09 08			09 23									09 48		09 55				10 24		
Chafford Hundred (intu Lakeside)					08 35	08 51			09 06									09 21			09 52			10 21		
Ockendon					08 41	08 56			09 11									09 25			09 56			10 25		
Upminster ⇄					08 44	08 48	09 03	08 54	09 18	09 08	09 14	09 24	09 28	09 32	09 36	09 40	09 54	09 45	10 02	10 11	09 58	10 30	10 17	10 39	10 19	
Barking ⇄	08 38	08 49	08 53	08 56	08 59	09 11	09 14	09 03	09 26	09 29	09 17	09 22	09 32	09 36	09 40	09 54	09 45	10 02	10 11	09 58	10 30	10 17	10 39	10 27		
Stratford DLR ⇄																										
London Liverpool Street ⇄																										
West Ham DLR ⇄	08 44	08 53	08 56	08 59	09 02	09 05	09 17	09 20	09 08	09 13	09 32	09 35	09 23	09 28	09 38	09 42	09 46	09 59	09 50	10 07	10 16	10 03	10 35	10 22	10 44	10 32
Limehouse DLR	08 49	08 58	09 01	09 04	09 07	09 10	09 22	09 25	09 14	09 18	09 37	09 40	09 28	09 33	09 43	09 47	09 51	10 05	09 56	10 12	10 21	10 08	10 40	10 28	10 49	10 37
London Fenchurch Street DLR ⇄	08 56	09 05	09 08	09 11	09 14	09 17	09 28	09 32	09 20	09 25	09 44	09 47	09 35	09 40	09 50	09 54	09 58	10 10	10 00	10 17	10 26	10 13	10 45	10 32	10 54	10 41

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

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Shoeburyness	09 57	10 11	10 27	10 41	10 57	11 11	11 27	11 41	11 57	12 11	12 27	12 41	12 57
Thorpe Bay	10 01	10 15	10 31	10 45	11 01	11 15	11 31	11 45	12 01	12 15	12 31	12 45	13 01
Southend East	10 03	10 17	10 33	10 47	11 03	11 17	11 33	11 47	12 03	12 17	12 33	12 47	13 03
Southend Central (Arrival)	10 06	10 20	10 36	10 50	11 06	11 20	11 36	11 50	12 06	12 20	12 36	12 50	13 06
Southend Central (Depart)	10 06	10 12	10 20	10 36	10 42	10 50	11 06	11 12	11 20	11 36	11 39	11 50	12 06
Westcliff	10 08	10 15	10 22	10 38	10 45	10 52	11 08	11 15	11 22	11 38	11 42	11 52	12 08
Chalkwell	10 11	10 17	10 25	10 41	10 47	10 55	11 11	11 17	11 25	11 41	11 44	11 55	12 11
Leigh-on-Sea	10 13	10 20	10 28	10 43	10 50	10 57	11 13	11 20	11 27	11 43	11 47	11 57	12 13
Benfleet	10 18	10 24	10 33	10 48	10 54	11 02	11 18	11 24	11 32	11 48	11 51	12 02	12 18
Pitsea	10 21	10 29		10 51	10 59		11 21	11 29		11 51	11 56		12 21
Basildon	10 25	10 39	10 55	11 08	11 25	11 38	11 55	12 08	12 25	12 38	12 55	13 08	13 25
Laindon	10 28	10 42	10 58	11 11	11 28	11 41	11 58	12 11	12 28	12 41	12 58	13 11	13 28
West Horndon	10 33		11 03		11 33		12 03		12 33		13 03		13 33
Stanford-le-Hope		10 35		11 05		11 35		12 02		12 35		13 05	
East Tilbury		10 38		11 08		11 38		12 05		12 38		13 08	
Tilbury Town ⇄		10 44		11 14		11 44		12 11		12 44		13 14	
Grays	10 40	10 47	11 10	11 17	11 40	11 47	12 10	12 14	12 40	12 47	13 10	13 17	13 40
Purfleet	10 46		11 16		11 46		12 16		12 46		13 16		13 46
Rainham	10 52		11 21		11 51		12 21		12 51		13 21		13 51
Dagenham Dock	10 56		11 24		11 54		12 24		12 54		13 24		13 54
Chafford Hundred (intu Lakeside)		10 51		11 21		11 51		12 18		12 51		13 21	
Ockendon		10 55		11 25		11 55		12 22		12 55		13 25	
Upminster ⇄	10 39	11 01	10 50	11 08	11 31	11 19	11 38	12 01	11 49	12 08	12 28	12 19	12 38
Barking ⇄	11 04	10 47	11 09	10 58	11 30	11 17	11 39	11 27	12 00	11 47	12 09	11 57	12 30
Stratford DLR ⇄													
London Liverpool Street ⇄													
West Ham DLR ⇄	11 09	10 52	11 14	11 03	11 35	11 22	11 44	11 32	12 05	11 52	12 14	12 02	12 35
Limehouse DLR	11 14	10 57	11 19	11 08	11 40	11 27	11 49	11 37	12 10	11 57	12 19	12 07	12 40
London Fenchurch Street DLR ⇄	11 18	11 01	11 24	11 12	11 45	11 31	11 54	11 41	12 15	12 01	12 24	12 11	12 45

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

Saturdays

Shoeburyness → London Fenchurch Street

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0345 744 4422

Shoeburyness	04 25	05 09	05 39	06 09	06 39	07 09	07 24	07 39	07 54	08 09	08 24	08 39	08 54
Thorpe Bay	04 29	05 13	05 43	06 13	06 43	07 13	07 28	07 43	07 58	08 13	08 28	08 43	08 58
Southend East	04 31	05 15	05 45	06 15	06 45	07 15	07 30	07 45	08 00	08 15	08 30	08 45	09 00
Southend Central (Arrival)	04 34	05 18	05 48	06 18	06 48	07 18	07 33	07 48	08 03	08 18	08 33	08 48	09 03
Southend Central (Depart)	04 13	04 34	04 55	05 18	05 55	06 18	06 25	06 48	06 55	07 18	07 25	07 33	07 48
Westcliff	04 16	04 36	04 58	05 20	05 28	05 50	05 58	06 20	06 28	06 50	06 58	07 20	07 28
Chalkwell	04 18	04 39	05 00	05 23	05 30	05 53	06 00	06 23	06 30	06 53	07 00	07 23	07 30
Leigh-on-Sea	04 21	04 41	05 03	05 25	05 33	05 55	06 03	06 25	06 33	06 55	07 03	07 25	07 33
Benfleet	04 25	04 46	05 07	05 30	05 37	06 00	06 07	06 30	06 37	07 00	07 07	07 30	07 37
Pitsea	04 30	04 49	05 12	05 33	05 42	06 03	06 12	06 33	06 42	07 03	07 12	07 33	07 42
Basildon	04 53	05 37	06 07	06 37	07 07	07 37	07 52	08 07	08 22	08 37	08 52	09 07	09 22
Laindon	04 56	05 40	06 10	06 40	07 10	07 40	07 55	08 10	08 25	08 40	08 55	09 10	09 25
West Horndon	05 01	05 45	06 15	06 45	07 15	07 45	08 00	08 15	08 30	08 45	09 00	09 15	09 30
Stanford-le-Hope	04 36	05 18	05 48	06 18	06 48	07 18	07 48	08 18	08 48	09 18	09 48	10 18	10 48
East Tilbury	04 39	05 21	05 51	06 21	06 51	07 21	07 51	08 21	08 51	09 21	09 51	10 21	10 51
Tilbury Town	04 45	05 27	05 57	06 27	06 57	07 27	07 57	08 27	08 57	09 27	09 57	10 27	10 57
Grays	04 49	05 31	05 50	06 01	06 20	06 31	06 50	07 01	07 20	07 31	07 50	08 01	08 20
Purfleet	05 06	05 56	06 26	06 56	07 26	07 56	08 26	08 56	09 26	09 56	10 26	10 56	11 26
Rainham	05 01	06 01	06 31	07 01	07 31	08 01	08 31	09 01	09 31	10 01	10 31	11 01	11 31
Dagenham Dock	06 04	06 34	07 04	07 34	08 04	08 34	09 04	09 34	10 04	10 34	11 04	11 34	12 04
Chafford Hundred (intu Lakeside)	04 52	05 35	06 05	06 35	07 05	07 35	08 05	08 35	09 05	09 35	10 05	10 35	11 05
Ockendon	04 56	05 39	06 09	06 39	07 09	07 39	08 09	08 39	09 09	09 39	10 09	10 39	11 09
Upminster	05 03	05 06	05 45	05 51	06 15	06 21	06 45	06 51	07 15	07 21	07 45	07 51	08 15
Barking	05 11	05 14	05 54	06 00	06 10	06 24	06 29	06 40	06 54	06 59	07 10	07 24	07 29
Stratford	08 23	08 32	08 53	09 02	09 23	09 32	09 53	10 02	10 23	10 32	10 53	11 02	11 23
London Liverpool Street	08 32	08 32	08 53	09 02	09 23	09 32	09 53	10 02	10 23	10 32	10 53	11 02	11 23
West Ham	05 16	05 19	05 59	06 05	06 15	06 29	06 34	06 45	06 59	07 04	07 15	07 29	07 34
Limehouse	05 21	05 24	06 04	06 10	06 20	06 34	06 39	06 50	07 04	07 09	07 20	07 34	07 39
London Fenchurch Street	05 28	05 30	06 10	06 16	06 26	06 40	06 46	06 56	07 10	07 16	07 26	07 40	07 46

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Shoeburyness → London Fenchurch Street

Shoeburyness	09 09	09 24	09 39	09 54		20 09	20 24	20 54	21 24	21 39	21 54	22 24	22 58	23 28
Thorpe Bay	09 13	09 28	09 43	09 58		20 13	20 28	20 58	21 28	21 43	21 58	22 28	23 02	23 32
Southend East	09 15	09 30	09 45	10 00		20 15	20 30	21 00	21 30	21 45	22 00	22 30	23 04	23 34
Southend Central (Arrival)	09 18	09 33	09 48	10 03		20 18	20 33	21 03	21 33	21 48	22 03	22 33	23 07	23 37
Southend Central (Depart)	09 18	09 25	09 33	09 48	09 55	10 03	20 18	20 25	20 33	20 55	21 03	21 25	21 33	21 48
Westcliff	09 20	09 28	09 35	09 50	09 58	10 05	20 20	20 28	20 35	20 58	21 05	21 28	21 35	21 50
Chalkwell	09 23	09 30	09 38	09 53	10 00	10 08	20 23	20 30	20 38	21 00	21 08	21 30	21 38	21 53
Leigh-on-Sea	09 25	09 33	09 40	09 55	10 03	10 10	20 25	20 33	20 40	21 03	21 10	21 33	21 40	21 55
Benfleet	09 30	09 37	09 45	10 00	10 07	10 15	20 30	20 37	20 45	21 07	21 15	21 37	21 45	22 00
Pitsea	09 33	09 42	09 48	10 03	10 12	10 18	20 33	20 42	20 48	21 12	21 18	21 42	21 48	22 03
Basildon	09 37	09 52	10 07	10 22	10 25	10 30	20 37	20 52	21 22	21 22	21 52	22 07	22 22	22 52
Laindon	09 40	09 55	10 10	10 25	10 25	10 30	20 40	20 55	21 25	21 25	21 55	22 10	22 25	22 55
West Horndon	09 45	10 00	10 15	10 30	10 30	10 30	20 45	21 00	21 30	21 30	22 00	22 15	22 30	23 00
Stanford-le-Hope	09 48	10 18	10 18	10 18	10 18	10 18	20 48	21 18	21 18	21 48	21 48	22 18	22 48	23 18
East Tilbury	09 51	10 21	10 21	10 21	10 21	10 21	20 51	21 21	21 51	21 51	22 21	22 51	23 21	00 11
Tilbury Town	09 57	10 27	10 27	10 27	10 27	10 27	20 57	21 27	21 57	21 57	22 27	22 57	23 27	00 17
Grays	09 50	10 01	10 20	10 31	10 31	10 31	20 50	21 01	21 20	21 31	21 50	22 01	22 20	22 31
Purfleet	09 56	10 26	10 26	10 26	10 26	10 26	20 56	21 26	21 26	21 56	22 26	22 26	22 56	23 26
Rainham	10 01	10 31	10 31	10 31	10 31	10 31	21 01	21 31	22 01	22 01	22 31	23 01	23 31	00 01
Dagenham Dock	10 04	10 34	10 34	10 34	10 34	10 34	21 04	21 34	22 04	22 04	22 34	23 04	23 34	00 04
Chafford Hundred (intu Lakeside)	10 05	10 35	10 35	10 35	10 35	10 35	21 05	21 35	22 05	22 05	22 35	23 05	23 35	00 23
Ockendon	10 09	10 39	10 39	10 39	10 39	10 39	21 09	21 39	22 09	22 09	22 39	23 09	23 39	00 27
Urminger	09 51	10 15	10 05	10 21	10 45	10 35	20 51	21 15	21 05	21 45	21 35	22 15	22 05	22 21
Barking	09 59	10 10	10 24	10 14	10 29	10 40	20 59	21 10	21 24	21 14	21 40	21 54	21 44	22 10
Stratford	10 23	10 31	10 31	10 31	10 31	10 31	21 23	21 31	21 31	21 52	22 23	22 23	22 53	23 23
London Liverpool Street	10 32	11 02	11 02	11 02	11 02	11 02	21 32	21 31	22 01	22 01	22 32	23 02	23 34	00 04
West Ham	10 04	10 15	10 29	10 34	10 45	10 59	21 04	21 15	21 29	21 45	21 59	22 15	22 29	22 34
Limehouse	10 09	10 20	10 34	10 39	10 50	11 04	21 09	21 20	21 34	21 50	22 04	22 20	22 34	22 50
London Fenchurch Street	10 16	10 26	10 40	10 46	10 56	11 10	21 16	21 26	21 40	21 56	22 10	22 26	22 40	22 46

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

*1324 Shoeburyness to London Liverpool Street departs Stratford at 14 22

Doors may be closed up to 30 seconds prior to the advertised departure time.

Sundays

Shoeburyness → London Fenchurch Street

Shoeburyness → London Fenchurch Street

Shoeburyness	05 40	06 04	06 10	06 40	06 57	07 10	07 40	08 10	08 27	08 40	09 10	09 40			
Thorpe Bay	05 44	06 08	06 14	06 44	07 01	07 14	07 44	08 14	08 31	08 44	09 14	09 44			
Southend East	05 46	06 10	06 16	06 46	07 03	07 16	07 46	08 16	08 33	08 46	09 16	09 46			
Southend Central (Arrival)	05 49	06 13	06 19	06 49	07 06	07 19	07 49	08 19	08 36	08 49	09 19	09 49			
Southend Central (Depart)	05 49	06 13	06 19	06 49	07 06	07 19	07 49	08 05	08 19	08 36	08 49	09 05	09 19	09 35	09 49	
Westcliff	05 51	06 15	06 21	06 51	07 08	07 21	07 51	08 08	08 21	08 38	08 51	09 08	09 21	09 38	09 51	
Chalkwell	05 54	06 17	06 24	06 54	07 10	07 24	07 54	08 10	08 24	08 40	08 54	09 10	09 24	09 40	09 54	
Leigh-on-Sea	05 56	06 20	06 26	06 56	07 13	07 26	07 56	08 13	08 26	08 43	08 56	09 13	09 26	09 43	09 56	
Benfleet	06 01	06 24	06 31	07 01	07 17	07 31	08 01	08 17	08 31	08 47	09 01	09 17	09 31	09 47	10 01	
Pitsea	06 04	06 29	06 34	07 04	07 22	07 34	08 04	08 22	08 34	08 52	09 04	09 22	09 34	09 52	10 04	
Basilidon	06 08	06 38	07 08	07 38	08 08	08 38	09 08	09 38	10 08	
Laindon	06 11	06 41	07 11	07 41	08 11	08 41	09 11	09 41	10 11	
West Horndon	06 16	06 46	07 16	07 46	08 16	08 46	09 16	09 46	10 16	
Stanford-le-Hope	06 35	07 28	08 28	08 58	09 28	09 58	
East Tilbury	06 38	07 31	08 31	09 01	09 31	10 01	
Tilbury Town	06 44	07 37	08 37	09 07	09 37	10 07	
Grays	06 48	07 37	07 41	08 07	08 30	08 41	09 00	09 11	09 30	09 41	10 00	10 11	10 30	
Purfleet	07 43	08 13	08 36	09 06	09 36	10 06	10 36	
Rainham	07 48	08 18	08 41	09 11	09 41	10 11	10 41	
Dagenham Dock	07 51	08 21	08 44	09 14	09 44	10 14	10 44	
Chafford Hundred (Intu Lakeside)	06 51	07 44	08 44	09 14	09 44	10 14	
Ockendon	06 55	07 48	08 48	09 18	09 48	10 18	
Upminster	06 21	07 02	06 51	07 21	07 55	07 51	08 21	08 55	08 51	09 25	09 21	09 55	09 51	10 25	10 21	
Barking	06 29	07 10	06 59	07 29	07 57	08 04	07 59	08 27	08 29	08 50	09 04	08 59	09 20	09 34	09 31	09 50	10 04	10 01	10 20	10 34	10 31	10 50
Stratford	09 39	10 09	10 39	
London Liverpool Street	09 49	10 19	10 49	
West Ham	06 34	07 15	07 04	07 34	08 02	08 09	08 04	08 32	08 34	08 55	09 09	09 04	09 25	09 39	09 55	10 09	10 25	10 39	10 55	
Limehouse	06 39	07 20	07 09	07 39	08 07	08 14	08 09	08 37	08 39	09 00	09 14	09 09	09 30	09 44	10 00	10 14	10 30	10 44	11 00	
London Fenchurch Street	06 45	07 27	07 16	07 46	08 13	08 20	08 16	08 43	08 46	09 06	09 20	09 16	09 36	09 50	10 06	10 20	10 36	10 50	11 06	

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

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0345 744 4422

Shoeburyness	09 57	10 10	10 40	11 10	20 40	21 10	21 40	22 10	22 40		
Thorpe Bay	10 01	10 14	10 44	11 14	20 44	21 14	21 44	22 14	22 44		
Southend East	10 03	10 16	10 46	11 16	20 46	21 16	21 46	22 16	22 46		
Southend Central (Arrival)	10 06	10 19	10 49	11 19	20 49	21 19	21 49	22 19	22 49		
Southend Central (Depart)	10 06	10 19	10 35	10 49	11 05	11 19	20 35	20 49	21 05	21 19	21 35	21 49	22 19	22 35	22 49	
Westcliff	10 08	10 21	10 38	10 51	11 08	11 21	20 38	20 51	21 08	21 21	21 38	21 51	22 21	22 38	22 51	
Chalkwell	10 10	10 24	10 40	10 54	11 10	11 24	20 40	20 54	21 10	21 24	21 40	21 54	22 24	22 40	22 54	
Leigh-on-Sea	10 13	10 26	10 43	10 56	11 13	11 26	20 43	20 56	21 13	21 26	21 43	21 56	22 26	22 43	22 56	
Benfleet	10 17	10 31	10 47	11 01	11 17	11 31	20 47	21 01	21 17	21 31	21 47	22 01	22 31	22 47	23 01	
Pitsea	10 22	10 34	10 52	11 04	11 22	11 34	20 52	21 04	21 22	21 34	21 52	22 04	22 34	22 52	23 04	
Basilidon	10 38	11 08	11 38	21 08	21 38	22 08	22 38	23 08	
Laindon	10 41	11 11	11 41	21 11	21 41	22 11	22 41	23 11	
West Horndon	10 46	11 16	11 46	21 16	21 46	22 16	22 46	23 16	
Stanford-le-Hope	10 28	10 58	11 28	20 58	21 28	21 58	22 58	
East Tilbury	10 31	11 01	11 31	21 01	21 31	22 01	23 01	
Tilbury Town	10 37	11 07	11 37	21 07	21 37	22 07	23 07	
Grays	10 41	11 00	11 11	11 30	11 41	12 00	21 11	21 30	21 41	22 00	22 11	22 30	23 11	
Purfleet	11 06	11 36	12 06	21 36	22 06	22 36	
Rainham	11 11	11 41	12 11	21 41	22 11	22 41	
Dagenham Dock	11 14	11 44	12 14	21 44	22 14	22 44	
Chafford Hundred (Intu Lakeside)	10 44	11 14	11 44	21 14	21 44	22 14	23 14	
Ockendon	10 48	11 18	11 48	21 18	21 48	22 18	23 18	
Upminster	10 55	10 51	11 25	11 21	11 55	11 51	21 25	21 21	21 55	21 51	22 25	22 21	22 51	23 26	23 21	
Barking	11 04	11 01	11 20	11 34	11 31	11 50	12 04	12 01	12 20	21 34	21 31	21 50	22 04	22 01	22 20	22 34	22 31	22 50	23 01	23 35	23 30
Stratford	11 09	11 39	12 09	21 39	22 09	22 39	23 09	
London Liverpool Street	11 19	11 49	12 19	21 49	22 19	22 49	23 19	
West Ham	11 09	11 25	11 39	11 55	12 09	12 25	21 39	21 55	22 09	22 25	22 39	22 55	23 40	23 35
Limehouse	11 14	11 30	11 44	12 00	12 14	12 30	21 44	22 00	22 14	22 30	22 44	23 00	23 45	23 40
London Fenchurch Street	11 20	11 36	11 50	12 06	12 20	12 36	21 50	22 06	22 20	22 36	22 50	23 06	23 51	23 46

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.





Doors may be closed up to 30 seconds prior to the advertised departure time.

Mondays to Fridays

London Fenchurch Street → Shoeburyness

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London Fenchurch Street 	05 00	05 07	05 24	05 30	05 40	06 00	06 04	06 08	06 19	06 26	06 35	06 39	06 42	06 46	06 49	06 56	06 59	07 02	07 07	07 13	07 17	07 20	07 26				
Limehouse 	05 04	05 11	05 28	05 34	05 44	06 05	06 08	06 13	06 23	06 31	06 40	06 44	06 46	06 50	06 53	07 03	07 06	07 12	07 21	07 25	07 30						
West Ham 	05 09	05 16	05 33	05 39	05 49	06 10	06 13	06 18	06 28	06 36	06 45	06 49	06 51	06 55	06 59	07 08	07 11	07 17	07 27	07 30	07 35						
London Liverpool Street																											
Stratford 																											
Barking	04 53	05 14	05 20	05 22	05 39	05 44	05 54	06 01	06 16	06 18	06 24	06 34	06 42	06 50	06 54	06 57	07 01	07 04	07 09	07 14	07 17	07 23	07 27	07 34	07 36	07 40	
Upminster	05 01	05 22	05 30	05 53	06 02	06 21	06 29	06 32	06 42	06 59	07 03	07 09	07 13	07 23	07 33	07 44											
Ockendon	05 06	05 36	06 08	06 40	07 10	07 40																					
Chafford Hundred (Lakeside)	05 10	05 39	06 11	06 43	07 14	07 44																					
Dagenham Dock		05 24	05 43	06 05	06 20	06 46	07 01	07 21	07 38																		
Rainham		05 28	05 47	06 09	06 24	06 50	07 05	07 25	07 42																		
Purfleet		05 33	05 52	06 14	06 29	06 55	07 10	07 30	07 47																		
Grays	05 14	05 40	05 59	06 16	06 21	06 36	06 48	07 04	07 21	07 16	07 37	07 48	07 54														
Tilbury Town	05 17	05 47	06 19	06 25	06 51	07 19	07 51																				
East Tilbury	05 23	05 53	06 25	06 57	07 25	07 57																					
Stanford-le-Hope	05 27	05 56	06 28	07 00	07 29	08 01																					
West Horndon	05 27	05 58	06 31	07 04	07 28	08 01																					
Laindon	05 32	06 03	06 36	07 09	07 34	08 07																					
Basildon	05 35	06 06	06 39	07 12	07 38	08 11																					
Pitsea	05 35	05 39	06 04	06 10	06 39	06 43	07 08	07 16	07 38	07 25	07 28	07 42	08 09	07 59													
Benfleet	05 38	05 42	06 08	06 13	06 42	06 46	06 59	07 20	07 28	07 32	07 45	08 03															
Leigh-on-Sea	05 43	05 47	06 13	06 18	06 47	06 51	07 04	07 25	07 33	07 37	07 50	08 10															
Chalkwell	05 45	05 49	06 15	06 20	06 49	06 53	07 06	07 27	07 36	07 40	07 53	08 10															
Westcliff	05 47	05 51	06 17	06 22	06 51	06 55	07 08	07 29	07 38	07 42	07 55	08 12															
Southend Central (Arrival)	05 50	05 54	06 20	06 25	06 55	06 58	07 11	07 32	07 42	07 45	07 58	08 14															
Southend Central (Depart)	05 54	06 25	06 58	07 11	07 32	07 46	07 58																				
Southend East	05 56	06 27	07 00	07 13	07 34	07 48	08 00																				
Thorpe Bay	05 59	06 29	07 03	07 16	07 37	07 50	08 03																				
Shoeburyness	06 03	06 33	07 08	07 23	07 43	08 07	08 23																				

Passengers can arrive earlier at highlighted stations by catching a later service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

London Fenchurch Street → Shoeburyness

London Fenchurch Street DLR ⇄	07 29	07 32	07 35	07 37	07 44	07 47	07 50	07 52	07 56	07 59	08 02	08 05	08 08	08 11	08 14	08 20	08 26	08 32	08 35	08 41	08 47	08 50	08 59	09 05	09 11	09 17
Limehouse DLR	07 33	07 36	07 39	07 42	07 48	07 51	07 54	07 57	08 03	08 06	08 09	08 18	08 24	08 30	08 40	08 51	09 03	09 09	09 16	09 21	
West Ham DLR ⇄	07 38	07 41	07 44	07 47	07 53	07 56	07 59	08 02	08 05	08 08	08 11	08 14	08 19	08 24	08 30	08 35	08 40	08 45	08 51	08 56	08 59	09 08	09 14	09 21	09 26
London Liverpool Street ⇄
Stratford DLR ⇄
Barking ⇄	07 43	07 47	07 49	07 53	07 58	08 02	08 05	08 07	08 10	08 13	08 17	08 19	08 24	08 30	08 35	08 42	08 46	08 52	08 57	09 01	09 09	09 15	09 20	09 26	09 31
Upminster ⇄	07 57	08 02	08 22	08 27	08 33	08 38	08 43	08 54	09 03	09 09	09 28	09 36	
Ockendon	08 10	08 40	09 10	09 41	
Chafford Hundred (Lakeside)	08 13	08 44	09 14	09 45	
Dagenham Dock	07 51	08 10	08 22	08 35	08 46	09 14	
Rainham	07 55	08 13	08 26	08 39	08 50	09 17	
Purfleet	08 00	08 18	08 31	08 45	08 57	09 22	
Grays	08 06	08 19	08 25	08 37	08 48	08 52	09 05	09 18	09 29	09 49	
Tilbury Town ⇄	08 09	08 22	08 51	09 21	09 52	
East Tilbury	08 15	08 28	08 57	09 27	09 58	
Stanford-le-Hope	08 18	08 31	09 00	09 31	10 01	
West Horndon	08 02	08 27	08 48	08 59	09 14	09 33	
Laindon	08 00	08 07	08 17	08 22	08 26	08 32	08 35	08 40	08 52	09 03	09 13	09 19	09 29	09 38	09 46	
Basildon	08 03	08 10	08 14	08 20	08 29	08 35	08 39	08 43	08 56	09 07	09 17	09 22	09 33	09 41	09 49	
Pitsea	08 06	08 26	08 14	08 39	08 23	08 33	08 39	08 42	08 59	09 10	09 41	09 26	09 45	10 09	
Benfleet	08 10	08 17	08 27	08 36	08 42	08 46	08 50	09 03	09 14	09 45	09 23	09 29	09 39	09 48	10 13	09 55	
Leigh-on-Sea	08 14	08 22	08 26	08 32	08 41	08 47	08 50	08 55	09 07	09 18	09 50	09 27	09 34	09 43	09 53	10 17	10 00	
Chalkwell	08 17	08 24	08 34	08 43	08 49	08 53	08 58	09 10	09 21	09 52	09 30	09 36	09 46	09 56	10 20	10 02	
Westcliff	08 19	08 26	08 36	08 45	08 51	08 55	09 00	09 12	09 23	09 54	09 32	09 38	09 48	09 58	10 22	10 04	
Southend Central (Arrival)	08 22	08 29	08 39	08 48	08 54	08 58	09 02	09 15	09 25	09 57	09 34	09 41	09 50	10 00	10 24	10 07	
Southend Central (Depart)	08 29	08 48	09 03	09 16	09 26	09 35	09 41	09 51	10 00	10 25	10 07	
Southend East	08 31	08 50	09 05	09 18	09 28	09 37	09 43	09 53	10 02	10 27	10 09	
Thorpe Bay	08 34	08 53	09 07	09 20	09 30	09 39	09 46	09 55	10 05	10 29	10 12	
Shoeburyness	08 39	08 57	09 15	09 24	09 34	09 44	09 50	10 01	10 09	10 33	10 16	

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London Fenchurch Street DLR ⇄	09 20	09 26	09 34	09 41	09 51	09 55	10 04	10 11	10 19	10 25	10 34	10 41	10 49	10 55	11 04	11 11	11 19	11 25	11 34	11 39	11 49	11 55	12 04	12 11	12 19	12 25
Limehouse DLR	09 24	09 30	09 39	09 45	09 55	09 59	10 08	10 15	10 23	10 29	10 38	10 45	10 53	10 59	11 08	11 15	11 23	11 29	11 38	11 43	11 53	11 59	12 08	12 15	12 23	12 29
West Ham DLR ⇄	09 29	09 36	09 44	09 50	10 00	10 04	10 13	10 20	10 28	10 34	10 43	10 50	10 58	11 04	11 13	11 20	11 28	11 34	11 43	11 48	11 58	12 04	12 13	12 20	12 28	12 34
London Liverpool Street ⇄
Stratford DLR ⇄
Barking ⇄	09 34	09 41	09 49	09 55	10 05	10 09	10 18	10 25	10 33	10 39	10 48	10 55	11 03	11 09	11 18	11 25	11 33	11 39	11 48	11 53	12 03	12 09	12 18	12 25	12 33	12 39
Upminster ⇄	09 42	09 57	10 03	10 13	10 26	10 33	10 41	10 56	11 03	11 11	11 26	11 33	11 41	11 56	12 02	12 11	12 26	12 33	12 41
Ockendon	10 09	10 39	11 09	12 07	12 39	
Chafford Hundred (Lakeside)	10 13	10 43	11 13	12 11	12 43	
Dagenham Dock	09 46	10 14	10 44	11 14	12 14	12 44	
Rainham	09 49	10 17	10 47	11 17	12 17	12 47	
Purfleet	09 54	10 22	10 52	11 22	12 22	12 52	
Grays	10 01	10 29	10 59	11 29	12 29	12 59	
Tilbury Town ⇄	10 17	10 47	11 17	11 47	12 17	12 47	
East Tilbury	10 20	10 50	11 20	11 50	12 20	12 50	
Stanford-le-Hope	10 26	10 56	11 26	11 56	12 26	12 56	
West Horndon	10 02	10 31	11 01	11 31	12 01	12 31	
Laindon	09 50	10 07	10 21	10 36	10 49	11 06	11 19	11 36	11 49	12 06	12 19	12 36	12 49	
Basildon	09 54	10 10	10 25	10 39	10 53	11 09	11 23	11 39	11 53	12 09	12 23	12 39	12 53	
Pitsea	09 57	10 14	10 38	10 43	11 09	11 13	11 38	11 43	12 08	12 13	12 38	12 43	13 08	
Benfleet	10 01	10 17	10 42	10 30	10 46	11 13	10 58	11 16	11 42	11 28	11 46	12 12	11 58	12 16	12 42	12 28	12 46	13 12	12 58	
Leigh-on-Sea	10 05	10 22	10 46	10 35	10 51	11 17	11 03	11 21	11 46	11 33	11 51	12 16	12 03	12 21	12 46	12 33	12 51	13 16	13 03	
Chalkwell	10 08	10 24	10 49	10 37	10 53	11 20	11 05	11 23	11 49	11 35	11 53	12 19	12 05	12 23	12 49	12 35	12 53	13 19	13 05	
Westcliff	10 10	10 26	10 51	10 39	10 55	11 22	11 07	11 25	11 51	11 37	11 55	12 21	12 07	12 25	12 51	12 37	12 55	13 21	13 07	
Southend Central (Arrival)	10 12	10 29	10 54	10 42	10 58	11 25	11 10	11 28	11 54	11 40	11 58	12 24	12 10	12 28	12 54	12 40	12 58	13 24	13 10	
Southend Central (Depart)	10 13	10 29	10 42	10 58	11 10	11 28	11 40	11 58	12 10	12 28	12 40	12 58	13	

London Fenchurch Street → Shoeburyness

London Fenchurch Street	12 34	12 41	12 49	12 55	13 04	13 11	13 19	13 25	13 34	13 41	13 49	13 55	14 04	14 11	14 19	14 25	14 34	14 41	14 49	14 55	15 04	15 11	15 19	15 25	15 34	15 41
Limehouse	12 38	12 45	12 53	12 59	13 08	13 16	13 23	13 29	13 38	13 45	13 53	13 59	14 08	14 15	14 23	14 29	14 38	14 45	14 53	14 59	15 08	15 15	15 23	15 29	15 38	15 45
West Ham	12 43	12 50	12 58	13 04	13 13	13 21	13 28	13 34	13 43	13 50	13 58	14 04	14 13	14 20	14 28	14 34	14 43	14 50	14 58	15 04	15 13	15 20	15 28	15 35	15 44	15 50
London Liverpool Street																										
Stratford																										
Barking	12 48	12 55	13 03	13 09	13 18	13 26	13 33	13 39	13 48	13 55	14 03	14 09	14 18	14 25	14 33	14 39	14 48	14 55	15 03	15 09	15 18	15 25	15 33	15 40	15 49	15 56
Upminster	12 56	13 03	13 11		13 26	13 34	13 41		13 56	14 03	14 11		14 26	14 33	14 41		14 56	15 03	15 11		15 26	15 33	15 41		15 57	16 04
Ockendon		13 09			13 39				14 09				14 39				15 09			15 39						16 10
Chafford Hundred (Lakeside)		13 13			13 43				14 13				14 43				15 13			15 43						16 14
Dagenham Dock				13 14				13 44				14 14				14 44			15 14						15 45	
Rainham				13 17				13 47				14 17				14 47			15 17						15 49	
Purfleet				13 22				13 52				14 22				14 52			15 22						15 55	
Grays		13 17		13 29		13 47		13 59		14 17		14 29		14 47		14 59		15 17		15 29		15 47		16 01		16 19
Tilbury Town		13 20				13 50				14 20				14 50				15 20			15 50				16 22	
East Tilbury		13 26				13 56				14 26				14 56				15 26			15 56				16 28	
Stanford-le-Hope		13 30				14 00				14 30				15 00				15 30			16 00				16 32	
West Horndon	13 01				13 31				14 01				14 31				15 01			15 31					16 02	
Laindon	13 06		13 19		13 36		13 49		14 06		14 19		14 36		14 49		15 06		15 19		15 36		15 49		16 07	
Basildon	13 09		13 23		13 39		13 53		14 09		14 23		14 39		14 53		15 09		15 23		15 39		15 53		16 10	
Pitsea	13 13	13 38			13 43	14 08			14 13	14 38			14 43	15 08			15 13	15 38			15 43	16 08			16 13	16 40
Benfleet	13 16	13 42	13 28		13 46	14 12	13 58		14 16	14 42	14 28		14 46	15 12	14 58		15 16	15 42	15 28		15 46	16 11	15 58		16 17	
Leigh-on-Sea	13 21	13 46	13 33		13 51	14 16	14 03		14 21	14 46	14 33		14 51	15 16	15 03		15 21	15 46	15 33		15 51	16 16	16 03		16 21	
Chalkwell	13 23	13 49	13 35		13 53	14 19	14 05		14 23	14 49	14 35		14 53	15 19	15 05		15 23	15 49	15 35		15 53	16 18	16 05		16 24	
Westcliff	13 25	13 51	13 37		13 55	14 21	14 07		14 25	14 51	14 37		14 55	15 21	15 07		15 25	15 51	15 37		15 55	16 20	16 09		16 26	
Southend Central (Arrival)	13 28	13 54	13 40		13 58	14 25	14 10		14 28	14 54	14 40		14 58	15 24	15 10		15 28	15 54	15 40		15 58	16 24	16 12		16 28	
Southend Central (Depart)	13 28		13 40		13 58		14 10		14 28		14 40		14 58		15 10		15 28		15 40		15 58		16 12		16 29	
Southend East	13 30		13 42		14 00		14 12		14 30		14 42		15 00		15 12		15 30		15 42		16 00		16 14		16 31	
Thorpe Bay	13 33		13 45		14 03		14 15		14 33		14 45		15 03		15 15		15 33		15 45		16 03		16 17		16 33	
Shoeburyness	13 38		13 49		14 07		14 19		14 37		14 49		15 07		15 19		15 38		15 49		16 07		16 21		16 37	

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	8	4	8	8	4	4	4	8	8	4	4	4	4	8	4	4	8	8	8	8	4	8	12	8			
London Fenchurch Street	15 49	15 55	16 00	16 04	16 07	16 10	16 16	16 19	16 22	16 25	16 28	16 31	16 34	16 37	16 40	16 45	16 51	16 54	16 57	17 01	17 04	17 07	17 10	17 13	17 16	17 19	
Limehouse	15 53	15 59	16 05	16 09	16 12	16 15	16 21	16 24	16 27	16 30	16 33	16 36	16 39	16 42	16 45	16 50	16 56	16 59	17 02	17 06	17 09	17 12	17 15	17 18	17 21	17 24	
West Ham	15 59	16 05	16 10	16 14	16 17	16 21	16 26	16 29	16 32	16 35	16 38	16 41	16 44	16 47	16 50	16 55	17 01	17 04	17 07		17 14	17 17		17 23	17 26	17 29	
London Liverpool Street																											
Stratford																											
Barking	16 04	16 11	16 16	16 20	16 23	16 26	16 32	16 35	16 38	16 41	16 44			16 53	16 56	17 01	17 07	17 10	17 13	17 16	17 20	17 24	17 26		17 32		
Upminster	16 13		16 24	16 29		16 35	16 40	16 44		16 49	16 53			16 59		17 04	17 09		17 18	17 22		17 29		17 34	17 38	17 44	
Ockendon						16 40				16 57					17 10		17 26							17 40			
Chafford Hundred (Lakeside)						16 44				17 01					17 14		17 30							17 44			
Dagenham Dock		16 16			16 28					16 42				16 57			17 12							17 29			
Rainham		16 20			16 31					16 46				17 01			17 16							17 33			
Purfleet		16 25			16 36					16 52				17 07			17 21							17 38			
Grays		16 31			16 44	16 49				16 58	17 08			17 13	17 22		17 27	17 37						17 44	17 50		
Tilbury Town						16 52				17 01				17 16			17 30							17 47			
East Tilbury						16 58				17 07				17 22			17 36							17 53			
Stanford-le-Hope						17 01				17 11				17 26			17 40							17 57			
West Horndon			16 34				16 49						17 04			17 14							17 34			17 49	
Laindon	16 21		16 39			16 49	16 54					17 04	17 09			17 19				17 30			17 39		17 46	17 50	17 54
Basildon	16 24		16 34	16 42						16 57			17 02	17 13		17 23					17 35	17 43				17 54	17 58
Pitsea			16 46		17 11		17 01	17 21					17 16	17 41		17 26	17 50						17 46	18 07		18 01	
Benfleet	16 30		16 40	16 50			17 05		17 09		17 20	17 45		17 30				17 37	17 41	17 50				17 54		18 05	
Leigh-on-Sea	16 34		16 45	16 55			17 10		17 16		17 25	17 50		17 35				17 44	17 46	17 55				18 01		18 10	
Chalkwell	16 37		16 47	16 57		17 01	17 12			17 19	17 28	17 52		17 38				17 49	17 58						18 04	18 13	
Westcliff	16 39		16 49	16 59		17 03	17 14			17 21	17 30	17 54		17 40				17 51	18 00						18 07	18 15	
Southend Central (Arrival)	16 41		16 52	17 04		17 05	17 19			17 23	17 35	17 57		17 42													

London Fenchurch Street → Shoeburyness

	8	8	8	12	8	8	8	12	12	12	8	8	12	8	12	8	8	4	8	8	8	4	8	8	4	8	8	4	8	8	4	8		
London Fenchurch Street DLR ⇄	17 22	17 25	17 28	17 31	17 34	17 37	17 40	17 43	17 46	17 49	17 52	17 55	17 58	18 01	18 04	18 07	18 10	18 13	18 16	18 19	18 22	18 25	18 31	18 34	18 37	18 40	18 43	18 46	18 49	18 52	18 55	18 58		
Limehouse DLR	17 27	17 30	17 33	17 36	17 39	17 42	17 45	17 48	17 51	17 54	17 57	18 00	18 03	18 06	18 09	18 12	18 15	18 18	18 21	18 24	18 27	18 30	18 36	18 39	18 42	18 45	18 48	18 51	18 54	18 57	19 00			
West Ham DLR ⇄	17 32	17 35	17 41	17 44	17 47	17 50	17 53	17 59	18 02	18 08	18 11	18 14	18 20	18 23	18 26	18 29	18 32	18 35	18 41	18 47	18 50			
London Liverpool Street ⇄		
Stratford DLR ⇄		
Barking ⇄	17 39	17 41	17 44	17 50	17 54	18 01	18 09	18 11	18 17	18 20	18 23	18 26	18 35	18 38	18 50	18 53	18 56		
Upminster ⇄	17 49	17 55	17 59	18 04	18 11	18 14	18 19	18 26	18 29	18 34	18 44	18 48	18 54	18 59	19 04		
Ockendon	17 57	18 10	18 27	18 40	18 44	18 57	19 10		
Chafford Hundred (Lakeside)	18 01	18 14	18 31	18 44	19 01	19 14		
Dagenham Dock	17 44	17 59	18 13	18 27	18 43	18 57		
Rainham	17 48	18 03	18 17	18 31	18 47	19 01		
Purfleet	17 53	18 08	18 23	18 37	18 52	19 07		
Grays	17 59	18 07	18 14	18 21	18 29	18 38	18 43	18 50	18 58	19 05	19 15	19 18		
Tilbury Town ⇄	18 02	18 17	18 32	18 46	19 01	19 08	19 21		
East Tilbury	18 08	18 23	18 38	18 52	19 07	19 14	19 27		
Stanford-le-Hope	18 12	18 27	18 42	18 56	19 10	19 18	19 31		
West Horndon	18 04	18 19	18 34	18 49	19 04	
Laindon	18 00	18 09	18 19	18 24	18 31	18 39	18 48	18 54	19 09	
Basildon	18 06	18 12	18 23	18 28	18 36	18 43	18 58	19 04	19 13	
Pitsea	18 16	18 37	18 31	18 52	18 46	19 06	19 01	19 20	19 28	19 04	19 13	
Benfleet	18 09	18 12	18 20	18 24	18 29	18 35	18 39	18 43	18 50	18 54	19 05	19 31	19 10	19 20	19 46	
Leigh-on-Sea	18 16	18 25	18 29	18 35	18 40	18 44	18 50	18 55	19 01	19 10	19 36	19 15	19 25	19 51	
Chalkwell	18 18	18 27	18 31	18 43	18 47	18 58	19 04	19 13	19 38	19 17	19 27	19 53	
Westcliff	18 20	18 29	18 33	18 45	18 49	19 00	19 06	19 15	19 40	19 19	19 29	19 55	
Southend Central (Arrival)	18 23	18 32	18 36	18 48	18 52	18 58	19 02	19 08	19 17	19 44	19 22	19 34	19 59	
Southend Central (Depart)	18 23	18 32	18 36	18 48	18 52	19 03	19 09	19 18	19 22	
Southend East	18 25	18 34	18 38	18 50	18 54	19 05	19 11	19 20	19 24
Thorpe Bay	18 28	18 37	18 41	18 53	18 57	19 07	19 13	19 22	19 27
Shoeburyness	18 33	18 43	18 46	18 58	19 02	19 13	19 19	19 28	19 33

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Only folding bikes allowed.

Doors may be closed up to 30 seconds prior to the advertised departure time.

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	8	8	4	8	8	8	8	4	8	8	8	4															
London Fenchurch Street DLR ⇄	18 46	18 52	18 55	19 03	19 06	19 11	19 20	19 25	19 34	19 41	19 49	19 55	20 05	20 11	20 19	20 25	20 34	20 41	20 49	20 55	21 04	21 11	21 19	21 25	21 34	21 41	
Limehouse DLR	18 51	18 57	19 00	19 08	19 11	19 15	19 25	19 29	19 38	19 45	19 53	19 59	20 09	20 15	20 23	20 29	20 38	20 45	20 53	20 59	21 08	21 15	21 23	21 29	21 38	21 45	
West Ham DLR ⇄	18 56	19 02	19 05	19 13	19 16	19 20	19 30	19 34	19 43	19 50	19 58	20 04	20 14	20 20	20 28	20 34	20 43	20 50	20 58	21 04	21 13	21 20	21 28	21 34	21 43	21 50	
London Liverpool Street ⇄	
Stratford DLR ⇄	
Barking ⇄	19 08	19 11	19 22	19 25	19 36	19 40	19 49	19 55	20 04	20 10	20 19	20 25	20 33	20 40	20 48	20 55	21 03	21 09	21 18	21 25	21 33	21 39	21 49	21 55	
Upminster ⇄	19 16	19 30	19 33	19 44	19 57	20 03	20 12	20 27	20 33	20 41	20 56	21 03	21 11	21 26	21 33	21 41	21 57	22 03		
Ockendon	19 39	20 09	20 39	21 39	22 09	
Chafford Hundred (Lakeside)	19 43	20 13	20 43	21 43	22 13	
Dagenham Dock	19 15	19 44	20 14	20 44	21 14	21 44	
Rainham	19 19	19 48	20 18	20 48	21 17	21 47	
Purfleet	19 25	19 54	20 24	20 55	21 22	21 52	
Grays	19 31	19 47	20 01	20 17	20 31	20 47	21 01	21 29	21 59	
Tilbury Town ⇄	19 34	19 50	20 20	20 50	21 20	22 20	
East Tilbury	19 40	19 56	20 26	20 56	21 26	22 26
Stanford-le-Hope	19 44	20 00	20 30	21 00	21 30	22 30
West Horndon	19 21	19 35	20 02	20 32	21 01	21 31	22 02	
Laindon	19 15	19 26	19 32	19 40	19 53	20 06	20 20	20 37	20 49	21 06	21 19	21 36	21 49	22 07	
Basildon	19 19	19 30	19 36	19 44	19 56	20 10	20 23	20 40	20 53	21 09	21 23	21 39	21 53	22 10	
Pitsea																											

London Fenchurch Street → Shoeburyness

London Fenchurch Street	21 49	21 55	22 04	22 11	22 25	22 29	22 41	22 49	22 55	23 04	23 11	23 25	23 29	23 41	23 49	23 55	00 11	00 19	00 25	00 34
Limehouse	21 53	21 59	22 08	22 15	22 29	22 33	22 45	22 53	22 59	23 08	23 15	23 29	23 33	23 45	23 53	23 59	00 15	00 23	00 29	00 38
West Ham	21 58	22 04	22 13	22 20	22 34	22 38	22 50	22 58	23 04	23 13	23 20	23 34	23 38	23 50	23 58	00 04	00 20	00 28	00 34	00 43
London Liverpool Street																				
Stratford	22 03	22 09	22 18	22 25	22 39	22 43	22 55	23 03	23 09	23 18	23 25	23 39	23 43	23 55	00 03	00 09	00 25	00 33	00 39	00 49
Barking	22 11		22 26	22 33	22 51		23 03	23 11		23 26	23 33		23 51	00 04	00 11		00 33	00 41		00 57
Upminster				22 39		23 09				23 39				00 09			00 39			
Ockendon					22 43		23 13				23 43			00 13			00 42			
Chafford Hundred (Lakeside)		22 14		22 44				23 14			23 44				00 14				00 44	
Dagenham Dock		22 17		22 47				23 17			23 47				00 17				00 47	
Rainham		22 22		22 52				23 22			23 52				00 22				00 52	
Purfleet		22 29		22 47	22 59		23 17		23 29		23 47	23 59		00 18		00 30	00 46		00 58	
Grays				22 50			23 20			23 50				00 21			00 49			
Tilbury Town				22 56			23 26			23 56				00 27			00 55			
East Tilbury				23 00			23 30			23 59				00 30			00 59			
Stanford-le-Hope					22 31		22 56		23 16		23 31		23 56		00 16			00 46		01 02
West Horndon		22 19		22 36			23 01		23 21		23 36			00 01		00 21		00 51		01 07
Laindon		22 23		22 39			23 04		23 24		23 39			00 04		00 24		00 54		01 10
Basildon			22 43	23 12		23 08	23 38	23 28	23 43	00 12		00 08	00 39	00 28		01 07		00 58		01 14
Pitsea		22 28		22 46	23 16		23 11	23 42	23 31		23 46	00 16		00 11	00 42	00 31		01 11	01 01	01 17
Benfleet		22 33		22 51	23 20		23 16	23 46	23 36		23 51	00 20		00 16	00 47	00 36		01 15	01 06	01 22
Leigh-on-Sea		22 35		22 53	23 23		23 18	23 49	23 38		23 53	00 23		00 18	00 49	00 38		01 18	01 08	01 24
Chalkwell		22 37		22 55	23 25		23 20	23 51	23 40		23 55	00 25		00 20	00 51	00 40		01 20	01 10	01 26
Westcliff		22 40		22 58	23 27		23 23	23 54	23 43		23 58	00 27		00 23	00 54	00 43		01 22	01 13	01 29
Southend Central (Arrival)		22 40		22 58	23 28		23 23	23 54	23 43		23 58	00 27		00 23	00 54	00 43		01 22	01 13	01 29
Southend Central (Depart)		22 42		23 00	23 30		23 25	23 56	23 45		23 59	00 29		00 25	00 56	00 45		01 24	01 15	01 31
Southend East		22 45		23 03	23 32		23 28	23 58	23 48		00 03	00 32		00 28	00 58	00 48		01 27	01 18	01 34
Thorpe Bay		22 49		23 07	23 36		23 32	00 03	23 52		00 07	00 36		00 32	01 02	00 52		01 31	01 22	01 38
Shoeburyness																				

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

Saturdays

London Fenchurch Street → Shoeburyness

London Fenchurch Street → Shoeburyness

London Fenchurch Street	05 03	05 10	05 33	05 40	05 54	06 05	06 10	06 24	06 32	06 40	06 54	07 02	07 10	07 24	07 32	07 40	07 54	08 02	08 10	08 24	08 32	08 40	08 54	09 02	09 10	09 24			
Limehouse	05 07	05 14	05 37	05 44	05 58	06 09	06 14	06 28	06 36	06 44	06 58	07 06	07 14	07 28	07 36	07 44	07 58	08 06	08 14	08 28	08 36	08 44	08 58	09 06	09 14	09 28			
West Ham	05 12	05 19	05 42	05 49	06 03	06 14	06 19	06 33	06 41	06 49	07 03	07 11	07 19	07 33	07 41	07 49	08 03	08 11	08 19	08 33	08 41	08 49	09 03	09 11	09 19	09 33			
London Liverpool Street																						08 43			09 13				
Stratford																						08 51			09 21				
Barking	05 17	05 23	05 25	05 47	05 55	06 09	06 19	06 25	06 39	06 46	06 55	07 09	07 16	07 25	07 39	07 46	07 55	08 09	08 16	08 25	08 39	08 46	08 55	09 02	09 09	09 16	09 25	09 31	09 39
Upminster	05 26	05 31	05 56		06 17	06 28		06 47	06 55		07 17	07 25		07 47	07 55		08 17	08 25		08 47	08 55		09 11	09 17	09 25		09 40	09 47	
Ockendon		05 39			06 22			06 52			07 22			07 52			08 22			08 52			09 11	09 17	09 25		09 40	09 47	
Chafford Hundred (Lakeside)		05 43			06 26			06 56			07 26			07 56			08 26			08 56			09 11	09 17	09 25		09 40	09 47	
Dagenham Dock		05 29		05 59		06 29		06 59		07 29		07 59		08 29		08 59		09 09		09 39		09 49		10 09		10 39		10 69	
Rainham		05 33		06 03		06 33		07 03		07 33		08 03		08 33		09 03		09 33		10 03		10 33		11 03		11 33		12 03	
Purfleet		05 38		06 08		06 38		07 08		07 38		08 08		08 38		09 08		09 38		10 08		10 38		11 08		11 38		12 08	
Grays		05 47	05 45	06 15	06 30	06 45	07 00	07 15	07 30	07 45	08 00	08 15	08 30	08 45	09 00	09 15	09 30	09 45	10 00	10 15	10 30	10 45	11 00	11 15	11 30	11 45	12 00	12 15	
Tilbury Town		05 50		06 33		07 03		07 33		08 03		08 33		09 03		09 33		10 03		10 33		11 03		11 33		12 03		12 33	
East Tilbury		05 56		06 39		07 09		07 39		08 09		08 39		09 09		09 39		10 09		10 39		11 09		11 39		12 09		12 39	
Stanford-le-Hope		06 00		06 43		07 13		07 43		08 13		08 43		09 13		09 43		10 13		10 43		11 13		11 43		12 13		12 43	
West Horndon	05 31		06 01		06 33		07 00		07 30		08 00		08 30		09 00		09 30		10 00		10 30		11 00		11 30		12 00		12 30
Laindon	05 35		06 05		06 37		07 04		07 34		08 04		08 34		09 04		09 34		10 04		10 34		11 04		11 34		12 04		12 34
Basildon	05 39		06 09		06 41		07 08		07 38		08 08		08 38		09 08		09 38		10 08		10 38		11 08		11 38		12 08		12 38
Pitsea	05 42	06 08	06 12		06 51	06 44		07 21	07 11		07 51	07 41		08 21	08 11		08 51	08 41		09 21	09 11		09 27	09 51	09 41		09 56	10 21	
Benfleet	05 46	06 12	06 16		06 55	06 48		07 25	07 15		07 55	07 45		08 25	08 15		08 55	08 45		09 25	09 15		09 31	09 55	09 45		10 00	10 25	
Leigh-on-Sea	05 50	06 16	06 20		06 59	06 52		07 29	07 19		07 59	07 49		08 29	08 19		08 59	08 49		09 29	09 19		09 35	09 59	09 49		10 04	10 29	
Chalkwell	05 53	06 19	06 23		07 02	06 55		07 32	07 22		08 02	07 52		08 32	08 22		09 02	08 52		09 32	09 22		09 38	10 02	09 52		10 07	10 32	
Westcliff	05 55	06 21	06 25		07 04	06 57		07 34	07 24		08 04	07 54		08 34	08 24		09 04	08 54		09 34	09 24		09 40	10 04	09 54		10 09	10 34	
Southend Central (Arrival)	05 57	06 25	06 27		07 09	06 59		07 39	07 26		08 09	07 56		08 39	08 26		09 09	08 56		09 39	09 26		09 42	10 09	09 56		10 11	10 39	
Southend Central (Depart)	05 58		06 28		07 00		07 27		07 57		08 27		08 57		09 27		09 57		10 27		10 57		11 27		11 57		12 27		12 57
Southend East	06 00		06 30		07 02		07 29		07 59		08 29		08 59		09 29		09 59		10 29		10 59		11 29		11 59		12 29		12 59
Thorpe Bay	06 02		06 32		07 04		07 31		08 01		08 31		09 01		09 31		10 01		10 31		10 47		11 01		11 16		11 31		12 01
Shoeburyness	06 08		06 38		07 10		07 37		08 07		08 37		09 07		09 37		10 07		10 37		10 53		11 07		11 22		11 37		12 07

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

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



London Fenchurch Street	09 32	09 40	09 54	10 02	10 10	10 24	20 32	20 40	20 54	21 02	21 10	21 24	21 40	21 54	22 10	22 24	22 32	22 40	22 54	23 05	23 20	23 24	23 41	23 58	00 11	00 41							
Limehouse	09 36	09 44	09 58	10 06	10 14	10 28	20 36	20 44	20 58	21 06	21 14	21 28	21 44	21 58	22 14	22 28	22 36	22 44	22 58	23 09	23 24	23 28	23 45	00 04	00 16	00 45							
West Ham	09 41	09 49	10 03	10 11	10 19	10 33	20 41	20 49	21 03	21 11	21 19	21 33	21 49	22 03	22 19	22 33	22 41	22 49	23 03	23 14	23 29	23 33	23 51	00 09	00 21	00 50							
London Liverpool Street		09 43			10 13			20 43			21 13		21 43		22 07		22 43		23 27			23 37		00 06									
Stratford		09 51			10 21			20 51		21 21		21 51		22 15		22 51		23 35		24 05			24 15		00 14								
Barking	09 46	09 55	10 02	10 09	10 16	10 25	20 46	20 55	21 02	21 09	21 16	21 25	21 31	21 39	21 55	22 02	22 09	22 25	22 32	22 39	22 46	22 55	23 03	23 09	23 19	23 35	23 39	23 43	23 57	00 15	00 21	00 27	00 56
Upminster	09 55		10 11	10 17	10 25	10 40	20 55		21 11	21 17	21 25	21 40	21 47	22 11	22 17	22 41	22 47	22 55	23 12	23 17	23 28	23 47	23 52	00 05	00 30	00 36	01 04						
Ockendon			10 22		10 52			21 22			21 52		22 22		22 52		23 22		23 52			24 02		00 10		00 41							
Chafford Hundred (Lakeside)			10 26		10 56			21 26			21 56		22 26		22 56		23 26		23 56			24 06		00 14		00 45							
Dagenham Dock		09 59		10 29		11 00		20 59		21 29		21 59		22 29		22 59		23 29		23 39			23 49		00 19		00 50						
Rainham		10 03		10 33		11 04		21 03		21 33		22 03		22 33		23 03		23 33		23 43			23 53		00 23		00 54						
Purfleet		10 08		10 38		11 09		21 08		21 38		22 08		22 38		23 08		23 38		23 48			23 58		00 28		00 59						
Grays		10 15		10 30	10 45	11 00		21 15	21 30	21 45	22 00	22 15	22 30	22 45	23 00	23 15	23 30	23 45	00 02	00 18	00 34	00 49		00 55		01 10	01 29						
Tilbury Town			10 33		11 03			21 33		22 03		22 33		23 03		23 33		23 57	00 05	00 21	00 37	00 52		01 08		01 23	01 42						
East Tilbury			10 39		11 09			21 39		22 09		22 39		23 09		23 39		23 59	00 03	00 11	00 27	00 43	00 58		01 13		01 32	01 51					
Stanford-le-Hope			10 43		11 13			21 43		22 13		22 43		23 13		23 43		24 03	00 06	00 14	00 31	00 46	01 01		01 16		01 35	01 54					
West Horndon	10 00		10 16		10 45		21 00		21 16		21 30		21 45		22 16		22 46		23 00		23 17		23 33		23 57		00 35	01 09					
Laindon	10 04		10 20		10 34	10 49	21 04		21 20		21 34		21 49		22 20		22 50		23 04		23 21		23 38		00 02		00 40	01 14					
Basildon	10 08		10 24		10 38	10 53	21 08		21 24		21 38		21 53		22 24		22 54		23 08		23 25		23 41		00 06		00 44	01 17					
Pitsea	10 11		10 27	10 51	10 41	10 56	11 21		21 11	21 27	21 51	21 41	21 56	22 21	22 27	22 51	22 57	23 21	23 11	23 28	23 54	23 45	00 15	00 23	00 09	00 39	00 54	00 47	01 01	01 21			
Benfleet	10 15		10 31	10 55	10 45	11 00	11 25		21 15	21 31	21 55	21 45	22 00	22 25	22 31	22 55	23 01	23 25	23 15	23 32	23 57	23 49	00 18	00 26	00 13	00 42	00 58	01 01	01 13	01 24			
Leigh-on-Sea	10 19		10 35	10 59	10 49	11 04	11 29		21 19	21 35	21 59	21 49	22 04	22 29	22 35	22 59	23 05	23 29	23 19	23 36	00 02	23 54	00 25	00 31	00 17	00 47	01 02	00 55	01 18	01 29			
Chalkwell																																	

Sundays

London Fenchurch Street → Shoeburyness

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

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London Fenchurch Street 	06 34	07 04	07 25	07 34	07 49	07 55	08 19	08 25	08 34	08 49	08 55	09 04	09 19	09 25	09 34	09 49	10 04	10 19	10 34	10 49
Limehouse 	06 38	07 08	07 29	07 38	07 53	07 59	08 23	08 29	08 38	08 53	08 59	09 08	09 23	09 29	09 38	09 53	10 08	10 23	10 38	10 53
West Ham 	06 43	07 13	07 34	07 43	07 58	08 04	08 28	08 34	08 43	08 58	09 04	09 13	09 28	09 34	09 43	09 58	10 13	10 28	10 43	10 58
London Liverpool Street 
Stratford 
Barking 	06 49	06 56	07 19	07 40	07 43	07 49	08 04	08 10	08 19	08 34	08 40	08 49	09 04	09 10	09 19	09 34	09 40	09 49	10 04	10 09	10 19	10 34	10 39	10 49	11 04
Upminster 	06 58	07 04	07 28	07 49	07 57	08 19	08 27	08 49	08 57	09 19	09 27	09 49	09 57	10 19	10 27	10 49	10 57
Ockendon	07 10	08 03	08 33	09 03	09 33	10 03	10 33	11 03
Chafford Hundred (Lakeside)	07 13	08 06	08 36	09 06	09 36	10 06	10 36	11 06
Dagenham Dock	07 47	08 08	08 38	09 08	09 38	10 08	10 38	11 08
Rainham	07 51	08 12	08 42	09 12	09 42	10 12	10 42	11 12
Purfleet	07 56	08 17	08 47	09 17	09 47	10 17	10 47	11 17
Grays	07 18	08 03	08 10	08 24	08 40	08 54	09 10	09 24	09 40	09 54	10 10	10 24	10 40	10 54	11 10	11 24
Tilbury Town 	07 21	08 13	08 43	09 13	09 43	10 13	10 43	11 13
East Tilbury	07 27	08 19	08 49	09 19	09 49	10 19	10 49	11 19
Stanford-le-Hope	07 30	08 23	08 53	09 23	09 53	10 23	10 53	11 23
West Horndon	07 03	07 33	07 54	08 24	08 54	09 24	09 54	10 24	10 54	11 08
Laindon	07 08	07 38	07 59	08 29	08 59	09 29	09 59	10 29	10 59	11 12
Basildon	07 11	07 41	08 02	08 32	09 02	09 32	10 02	10 32	11 02	11 17
Pitsea	07 15	07 39	07 45	08 06	08 31	08 36	09 01	09 06	09 31	09 36	10 01	10 06	10 31	10 36	11 01	11 06	11 31
Benfleet	07 18	07 42	07 48	08 09	08 34	08 39	09 04	09 09	09 34	09 39	10 04	10 09	10 34	10 39	11 04	11 09	11 34
Leigh-on-Sea	07 23	07 47	07 53	08 14	08 39	08 44	09 09	09 14	09 39	09 44	10 09	10 14	10 39	10 44	11 09	11 14	11 39
Chalkwell	07 25	07 49	07 55	08 16	08 41	08 46	09 11	09 16	09 41	09 46	10 11	10 16	10 41	10 46	11 11	11 16	11 41
Westcliff	07 27	07 51	07 57	08 18	08 43	08 48	09 13	09 18	09 43	09 48	10 13	10 18	10 43	10 48	11 13	11 18	11 43
Southeast Central (Arrival)	07 30	07 56	08 00	08 21	08 48	08 51	09 18	09 21	09 48	09 51	10 18	10 21	10 48	10 51	11 18	11 21	11 48
Southeast Central (Depart)	07 30	08 00	08 21	08 51	09 21	09 51	10 21	10 51	11 21	11 48
Southeast East	07 32	08 02	08 23	08 53	09 23	09 53	10 23	10 53	11 23	11 48
Thorpe Bay	07 35	08 05	08 26	08 56	09 26	09 56	10 26	10 56	11 26	11 48
Shoeburyness	07 41	08 11	08 32	09 02	09 32	10 02	10 32	11 02	11 32	11 48

Passengers can arrive earlier at highlighted stations by catching a later service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

London Fenchurch Street → Shoeburyness

London Fenchurch Street  11 04 11 19 11 34 11 49	and at the same time past each hour until	19 49	20 04	20 19	20 34	20 49	21 04	21 19	21 34	21 49	22 11	23 11	23 41	00 11			
Limehouse  11 08 11 23 11 38 11 53		19 53	20 08	20 23	20 38	20 53	21 08	21 23	21 38	21 53	22 15	23 15	23 45	00 15			
West Ham  11 13 11 28 11 43 11 58		19 58	20 13	20 28	20 43	20 58	21 13	21 28	21 43	21 58	22 20	23 20	23 50	00 20			
London Liverpool Street 	10 53		11 23	20 53	21 23	21 53	22 23	22 53	23 23		
Stratford 	11 00		11 30	21 00	21 30	22 00	22 30	23 00	23 30		
Barking 	11 09 11 19 11 34 11 39 11 49 12 04		20 04	20 09	20 19	20 34	20 39	20 49	21 04	21 09	21 19	21 34	21 39	21 49	22 04	22 09	22 26	22 39	23 09	23 26	23 39	23 56	00 26		
Upminster 	11 19 11 27		11 49	11 57	21 19	21 27	21 49	21 57	22 19	22 34	22 49	23 19	23 34	23 49	00 04	00 34		
Ockendon 11 33		12 03	21 33	22 03	22 40	23 40		
Chafford Hundred (Lakeside) 11 36		12 06	21 36	22 06	22 43	23 43		
Dagenham Dock	11 38	12 08	21 08	21 38	22 08		
Rainham	11 42	12 12	21 12	21 42	22 12		
Purfleet	11 47	12 17	21 17	21 47	22 17		
Grays 11 40 11 54		12 10	12 24	21 10	21 24	21 40	21 54	22 10	22 48	23 48		
Tilbury Town  11 43		12 13	21 13	21 43	22 13	22 51	23 51		
East Tilbury 11 49		12 19	21 19	21 49	22 19	22 57	23 57		
Stanford-le-Hope 11 53		12 23	21 23	21 53	22 23	23 01	00 02		
West Hamdon	11 24		11 54	21 24	21 54	22 24	22 54	23 24	23 54	00 09	00 39		
Laindon	11 29		11 59	21 29	21 59	22 29	22 59	23 29	23 59	00 14	00 44		
Basilidon	11 32		12 02	21 32	22 02	22 32	23 02	23 32	00 02	00 17	00 47		
Pitsea	11 36 12 01		12 06	12 31	21 36	22 01	22 06	22 31	22 36	23 11	23 06	23 36	00 11	00 06	00 21	00 51		
Benfleet	11 39 12 04		12 09	12 34	21 39	22 04	22 09	22 34	22 39	23 14	23 09	23 39	00 14	00 09	00 24	00 54		
Leigh-on-Sea	11 44 12 09		12 14	12 39	21 44	22 09	22 14	22 39	22 44	23 19	23 14	23 44	00 19	00 14	00 29	00 59		
Chalkwell	11 46 12 11		12 16	12 41	21 46	22 11	22 16	22 41	22 46	23 21	23 16	23 46	00 21	00 16	00 31	01 01		
Westcliff	11 48 12 13		12 18	12 43	21 48	22 13	22 18	22 43	22 48	23 23	23 18	23 48	00 23	00 18	00 33	01 03		
Southend Central (Arrival)	11 51 12 18		12 21	12 48	21 51	22 18	22 21	22 46	22 51	23 26	23 21	23 51	00 26	00 21	00 36	01 06		
Southend Central (Depart)	11 51		12 21	21 51	22 21	22 46	22 51	23 26	23 21	23 51	00 26	00 21	00 36	01 06		
Southend East	11 53		12 23	21 53	22 23	22 48	22 53	23 28	23 23	23 53	00 28	00 23	00 38	01 08		
Thorpe Bay	11 56		12 26	21 56	22 26	22 51	22 56	23 31	23 26	23 56	00 31	00 26	00 41	01 11		
Shoeburyness	12 02		12 32	21 02	22 02	22 32	22 57	23 02	23 37	23 32	00 02	00 37	00 32	00 47	01 17

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.