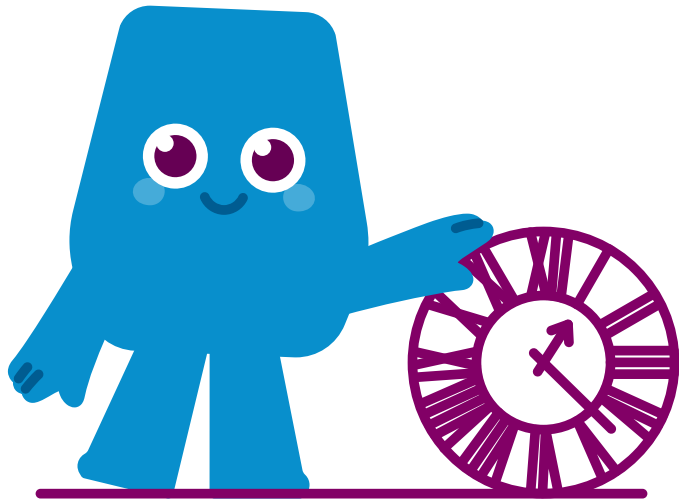


# c2c Train Times

Shows all train times between Shoeburyness and London Fenchurch Street.

Valid from 14 December 2025 until further notice.



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**@c2c\_Rail**

Follow us on X for all the latest service updates.



**c2c Rail**

Like us on Facebook for all the latest competitions and offers.

# c2c Useful Contacts

For up to the minute train running information, details of forthcoming engineering work, fares information, full timetables and much more visit [c2c-online.co.uk](http://c2c-online.co.uk)

**Train Times & Fares Information for all National Rail Services**  
[nationalrail.co.uk](http://nationalrail.co.uk) **Phone** 03457 48 49 50 (24 Hours)

**General Train and Timetable Information**  
**Phone** 0345 744 4422 (opt 1)

## Smartcard Assistance

**Phone** 0345 744 4422 (option 2)  
(0800 - 2000 Monday to Friday; 0900 - 1600 Saturday,  
Sunday & Bank Holidays (except Christmas and Boxing day)

**Post** FREEPOST c2c CUSTOMER RELATIONS

**Online Contact Form:** [c2c-online.co.uk/contact-us/](http://c2c-online.co.uk/contact-us/)

**Passenger (Mobility; Visual or Hearing) Travel Assistance Helpline**

**Phone** 0345 744 4422 (option 3) (24 hours a day)

**Email** [passengerassistance@c2crail.co.uk](mailto:passengerassistance@c2crail.co.uk)

(0800 - 2000 Monday to Friday, 0900 - 1600 Saturday,  
Sunday & Bank Holidays except Christmas and Boxing day)

## Lost Property

**Phone** 0345 744 4422 (option 4)

(0800 - 2000 Monday to Friday, 0900 - 1600 Saturday,  
Sunday & Bank Holidays (except Christmas and Boxing day)

**Online Contact Form:** [c2c-online.co.uk/help-feedback/lost-property/](http://c2c-online.co.uk/help-feedback/lost-property/)

# c2c Useful Contacts

## Online Sales and Support

**Phone** 0345 744 4422 (option 5)

(0800 - 2000 Monday to Friday; 0900 - 1600 Saturday,  
Sunday & Bank Holidays (except Christmas and Boxing day)

**Online Contact Form:** [c2c-online.co.uk/contact-us/](https://c2c-online.co.uk/contact-us/)

## Comments or Complaints

**Phone** 0345 744 4422 (option 6)

(0800 - 2000 Monday to Friday; 0900 - 1600 Saturday,  
Sunday & Bank Holidays (except Christmas and Boxing day)

**Post** FREEPOST c2c CUSTOMER RELATIONS

**Online Contact Form:** [c2c-online.co.uk/contact-us/](https://c2c-online.co.uk/contact-us/)

## Group Travel

**Info and Online Form:**

[c2c-online.co.uk/our-network/travelling-in-large-groups/](https://c2c-online.co.uk/our-network/travelling-in-large-groups/)

## Public Transport Information

[traveline.info](https://traveline.info)

**Phone** 0871 200 2233

## Public Transport Information for London

[tfl.gov.uk](https://tfl.gov.uk)

## Through Tickets for Train & Bus

[plusbus.info](https://plusbus.info)

## Guide to Taxis Serving Rail Stations

[traintaxi.co.uk](https://traintaxi.co.uk)

## Rail Crime: Don't Ignore it, Report it

**Phone** 0800 40 50 40

**Text** 61016

# Passenger Groups

## Independent Passenger Representation

### London Travelwatch

(For stations Upminster/Purfleet to London) 169 Union Street, London, SE1 0LL

**Email** [enquiries@londontravelwatch.org.uk](mailto:enquiries@londontravelwatch.org.uk) [londontravelwatch.org.uk](http://londontravelwatch.org.uk)

### Transport Focus

(For stations West Horndon/Ockendon/Grays to Shoeburyness)

FREEPOST RTEH-XAGE-BYKZ, PO Box 5594, Southend-on-Sea, SS1 9PZ

**Phone** 0300 123 2350

[advice@transportfocus.org.uk](mailto:advice@transportfocus.org.uk)

### Rail Ombudsman contact details

(0900 - 1700 Monday to Friday)

**Website:** (including online chat): [railombudsman.org](http://railombudsman.org) **Telephone:** 0330 094 0362

**Textphone:** 0330 094 0363 **Email:** [info@railombudsman.org](mailto:info@railombudsman.org)

**X:** [@RailOmbudsman](https://twitter.com/RailOmbudsman) **Post:** FREEPOST – RAIL OMBUDSMAN

### The Contact Centre team are available:

Monday to Friday 08:00 - 20:00

Saturday and Bank Holidays 08:00 - 13:00 (excluding Christmas Day)

## Working with local passenger groups across the c2c route

The c2c Passenger Panel is made up of customers from across the c2c route, representing different stations. It aims to provide a two way channel for communication, consultation and representation for our customers, and to gather feedback on service standards and performance. If you have a suggestion for improving our service, email [passengerpanel@c2craill.co.uk](mailto:passengerpanel@c2craill.co.uk) and these will be looked at by the Panel and addressed by c2c's senior management team.

The c2c Accessibility Panel works alongside members from Greater Anglia and is made up of customers across the c2c and Greater Anglia routes, representing different stations and lived experiences of disability. The email address to contact the Accessibility Panel is [accessibilitypanel@greateranglia.co.uk](mailto:accessibilitypanel@greateranglia.co.uk)

The below are independent passenger groups, if you live in the below areas and have any comments regarding your experience please contact via the email address provided:

### Stations east of and including Benfleet

The Southend Rail Travellers Association (SRTA) [srta.usergroup@gmail.com](mailto:srta.usergroup@gmail.com)

### Laindon and West Horndon

The Laindon Passenger Group (LPG) [Laindonpassengergroup@gmail.com](mailto:Laindonpassengergroup@gmail.com)

### Ockendon and via Rainham

The Loopline [loopline.usergroup@gmail.com](mailto:loopline.usergroup@gmail.com)

# Station Facilities

Whilst some of our ticket offices are not open for all of the day, all of our stations are staffed from first to last train so there will be someone there to help you if needed.

Fenchurch Street



Limehouse



West Ham



Barking



Upminster\*\* <sup>RA</sup>



West Horndon



Laindon



Basildon



Pitsea



Benfleet



Leigh-on-Sea



Chalkwell



Westcliff



Southend Central



Southend East



Thorpe Bay



Shoeburyness



Dagenham Dock\*\*\*



Rainham



Purfleet\*\*\*



Ockendon



Chafford Hundred\*



Grays



Tilbury Town



East Tilbury\*\*\*



Stanford-le-Hope



# Station Facilities

## KEY

-  Step-free access from London
-  Step-free access to London
-  Step-free toilet
-  Lifts
-  Taxis available
-  Free Wi-Fi available on station
-  Rail-road season ticket (PlusBus)
-  Station link (wheelchair access) Bus stops
-  Car Park (D - disabled spaces available)
-  Cycle Park
-  Private car park opposite station
-  Catering/Coffee\*\*\*
-  Newsagent
-  Baby changing facilities
-  Water Fountain
-  Docklands Light Railway

- \* For Lakeside
- \*\* No disabled access to platform 6 for trains to/from Romford
- \*\*\* Hours may be limited
-  Lift access to platform 1-5 only not to platform 6

Facilities and ticket office opening times are subject to change. For an up to date list of station facilities, please see [c2c-online.co.uk](https://c2c-online.co.uk)

# Journey Tips



## Keeping you Connected

Download the c2c Train Travel App to check your train times, purchase tickets, set alerts for your journeys, request station assistance in advance. Wi-Fi is free at all of our stations, and coming soon to all our trains.



## c2c Smartcard

Our Smartcard is not only free, it comes with a whole host of benefits including Automatic Delay Repay through to collecting loyalty points on your ticket purchases and Flexible season ticket options for our part time commuters. Apply online today!



## e-tickets

Avoid the queue by buying an e-ticket online or through the c2c app and scan to use it across the c2c train network.



## Connections

You can connect onto other services from certain c2c stations including National Rail, London Underground, London Overground, DLR, and PlusBus. Taxis are available at most stations. See the map on the back cover for details of these connections.



## Service Alterations

On occasion, we may not be able to run the services shown in this timetable. Details of upcoming service alterations are displayed at all of our stations, and at [c2c-online.co.uk](https://www.c2c-online.co.uk). You can also follow us on X [@c2c\\_Rail](https://twitter.com/c2c_Rail) for all the latest updates.



## Contactless

Pay as you go with contactless offers a fast and flexible way to travel across the entire c2c route, the London Travelcard zones and the wider pay as you go area. Customers will be charged the best value adult fare available on the day and can benefit from price capping.

# Journey Tips



## Bicycles

Folded bicycles are allowed on all our services. You can take non-folding bikes on all of our trains except those scheduled to arrive into London Fenchurch Street between 07.14 and 09.30, or scheduled to leave London Fenchurch Street between 16.30 and 18.35 on weekdays.



## Customer Assistance

If you need a bit of extra help around the station or onto a train, you can book assistance by calling **03457 44 44 22** (option 3) at least two hours before you travel with c2c and other train companies.

Alternatively you can email us at [passengerassistance@c2crail.co.uk](mailto:passengerassistance@c2crail.co.uk). Find out more about our step-free access on the station facilities page [c2c-online.co.uk](https://www.c2c-online.co.uk).



## Quiet Zone

One in four of our carriages are designated quiet zones, and we thank you for your respectful use of mobile phones and personal audio devices.



## Smoking

All c2c services and stations are non-smoking, including electronic cigarettes.



## Accessibility

All c2c services have priority seating and wheelchair-accessible spaces for disabled passengers or those less able to stand.

# Mondays to Fridays

**Shoeburyness → London Fenchurch Street**

# Shoeburyness → London Fenchurch Street

Mondays to Fridays

|                             | 10    | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 12    | 8     | 8     | 8     | 12    | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                | 04 15 | 04 19 | 04 35 | 05 03 | 05 08 | 05 17 | 05 24 | 05 32 | 05 38 | 05 42 | 05 48 | 05 55 | 06 01 | 06 11 | 06 15 | 06 20 | 06 26 | 06 30 | 06 32 | 06 35 | 06 37 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 |
| Thorpe Bay                  | 04 06 | 04 21 | 04 37 | 05 05 | 05 10 | 05 19 | 05 26 | 05 34 | 05 40 | 05 44 | 05 50 | 05 57 | 06 03 | 06 13 | 06 17 | 06 22 | 06 28 | 06 32 | 06 35 | 06 37 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 |
| Southend East               | 04 11 | 04 24 | 04 40 | 05 08 | 05 13 | 05 22 | 05 29 | 05 37 | 05 43 | 05 47 | 05 53 | 06 00 | 06 06 | 06 16 | 06 20 | 06 25 | 06 31 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 |
| Southend Central (Arrival)  | 04 11 | 04 24 | 04 40 | 05 08 | 05 13 | 05 22 | 05 29 | 05 37 | 05 43 | 05 47 | 05 53 | 06 00 | 06 06 | 06 16 | 06 20 | 06 25 | 06 31 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 |
| Southend Central (Depart)   | 04 11 | 04 24 | 04 40 | 05 08 | 05 13 | 05 22 | 05 29 | 05 37 | 05 43 | 05 47 | 05 53 | 06 00 | 06 06 | 06 16 | 06 20 | 06 25 | 06 31 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 |
| Westcliff                   | 04 14 | 04 26 | 04 42 | 05 10 | 05 15 | 05 24 | 05 31 | 05 39 | 05 45 | 05 49 | 05 55 | 06 02 | 06 08 | 06 13 | 06 18 | 06 22 | 06 28 | 06 32 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 |
| Chalkwell                   | 04 16 | 04 29 | 04 44 | 05 13 | 05 17 | 05 27 | 05 34 | 05 42 | 05 48 | 05 52 | 05 57 | 06 05 | 06 11 | 06 16 | 06 21 | 06 25 | 06 31 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 |
| Leigh-on-Sea                | 04 19 | 04 32 | 04 47 | 05 15 | 05 20 | 05 30 | 05 36 | 05 44 | 05 50 | 05 54 | 06 00 | 06 07 | 06 14 | 06 18 | 06 22 | 06 28 | 06 32 | 06 35 | 06 38 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 |
| Benfleet                    | 04 23 | 04 37 | 04 51 | 05 20 | 05 24 | 05 35 | 05 41 | 05 49 | 05 55 | 05 59 | 06 05 | 06 12 | 06 19 | 06 23 | 06 27 | 06 33 | 06 37 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 | 07 01 | 07 04 |
| Pitsea                      | 04 28 | 04 40 | 04 56 | 05 23 | 05 29 | 05 38 | 05 46 | 05 52 | 06 02 | 06 08 | 06 12 | 06 18 | 06 23 | 06 28 | 06 31 | 06 37 | 06 40 | 06 43 | 06 46 | 06 49 | 06 52 | 06 55 | 06 58 | 07 01 | 07 04 | 07 07 |
| Basildon                    | 04 44 | 04 51 | 05 02 | 05 27 | 05 35 | 05 50 | 06 04 | 06 12 | 06 20 | 06 28 | 06 35 | 06 40 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 | 07 31 |
| Laindon                     | 04 47 | 04 51 | 05 02 | 05 31 | 05 35 | 05 50 | 06 04 | 06 12 | 06 20 | 06 28 | 06 35 | 06 40 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 | 07 31 |
| West Horndon                | 04 51 | 05 02 | 05 12 | 05 35 | 05 45 | 06 02 | 06 18 | 06 22 | 06 31 | 06 38 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 | 07 31 | 07 34 | 07 37 |
| Stanford-le-Hope            | 04 34 | 04 37 | 04 43 | 05 06 | 05 12 | 05 48 | 06 06 | 06 12 | 06 18 | 06 22 | 06 31 | 06 38 | 06 44 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 |
| East Tilbury                | 04 37 | 04 43 | 04 46 | 05 06 | 05 12 | 05 48 | 06 06 | 06 12 | 06 18 | 06 22 | 06 31 | 06 38 | 06 44 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 |
| Tilbury Town                | 04 43 | 04 46 | 04 54 | 05 15 | 05 24 | 05 48 | 06 06 | 06 12 | 06 18 | 06 22 | 06 31 | 06 38 | 06 44 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 |
| Grays                       | 04 46 | 04 54 | 05 00 | 05 15 | 05 30 | 06 00 | 06 12 | 06 18 | 06 22 | 06 31 | 06 38 | 06 44 | 06 47 | 06 52 | 06 55 | 07 01 | 07 04 | 07 07 | 07 10 | 07 13 | 07 16 | 07 19 | 07 22 | 07 25 | 07 28 | 07 31 |
| Purfleet                    | 04 50 | 04 54 | 05 05 | 05 19 | 05 35 | 06 05 | 06 18 | 06 24 | 06 33 | 06 37 | 06 49 | 06 53 | 07 03 | 07 07 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Rainham                     | 04 50 | 04 54 | 05 05 | 05 19 | 05 35 | 06 05 | 06 18 | 06 24 | 06 33 | 06 37 | 06 49 | 06 53 | 07 03 | 07 07 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Dagenham Dock               | 04 50 | 04 54 | 05 05 | 05 19 | 05 35 | 06 05 | 06 18 | 06 24 | 06 33 | 06 37 | 06 49 | 06 53 | 07 03 | 07 07 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Chafford Hundred (Lakeside) | 04 50 | 04 54 | 05 05 | 05 19 | 05 35 | 06 05 | 06 18 | 06 24 | 06 33 | 06 37 | 06 49 | 06 53 | 07 03 | 07 07 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Ockendon                    | 04 50 | 04 54 | 05 05 | 05 19 | 05 35 | 06 05 | 06 18 | 06 24 | 06 33 | 06 37 | 06 49 | 06 53 | 07 03 | 07 07 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Upminster                   | 05 00 | 05 05 | 05 15 | 05 30 | 05 45 | 06 02 | 06 10 | 06 15 | 06 27 | 06 31 | 06 39 | 06 43 | 06 59 | 07 03 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 | 07 55 |
| Barking                     | 05 08 | 05 05 | 05 15 | 05 38 | 05 45 | 06 09 | 06 10 | 06 04 | 06 15 | 06 27 | 06 18 | 06 39 | 06 43 | 06 59 | 07 03 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 |
| Stratford                   | 05 08 | 05 05 | 05 15 | 05 38 | 05 45 | 06 09 | 06 10 | 06 04 | 06 15 | 06 27 | 06 18 | 06 39 | 06 43 | 06 59 | 07 03 | 07 11 | 07 15 | 07 19 | 07 23 | 07 27 | 07 31 | 07 35 | 07 39 | 07 43 | 07 47 | 07 51 |
| London Liverpool Street     | 05 13 | 05 10 | 05 20 | 05 43 | 05 50 | 06 16 | 06 10 | 06 20 | 06 33 | 06 23 | 06 44 | 06 49 | 06 27 | 06 39 | 07 02 | 07 05 | 06 53 | 07 17 | 06 59 | 07 09 | 07 13 | 07 20 | 07 32 | 07 35 | 07 23 | 07 31 |
| West Ham                    | 05 18 | 05 15 | 05 25 | 05 48 | 05 55 | 06 00 | 06 21 | 06 15 | 06 25 | 06 39 | 06 28 | 06 49 | 06 54 | 06 33 | 06 44 | 07 08 | 07 11 | 06 59 | 07 22 | 07 05 | 07 14 | 07 19 | 07 25 | 07 37 | 07 40 | 07 28 |
| Limehouse                   | 05 18 | 05 15 | 05 25 | 05 48 | 05 55 | 06 00 | 06 21 | 06 15 | 06 25 | 06 39 | 06 28 | 06 49 | 06 54 | 06 33 | 06 44 | 07 08 | 07 11 | 06 59 | 07 22 | 07 05 | 07 14 | 07 19 | 07 25 | 07 37 | 07 40 | 07 28 |
| London Fenchurch Street     | 05 23 | 05 20 | 05 30 | 05 53 | 06 00 | 06 04 | 06 25 | 06 19 | 06 30 | 06 44 | 06 33 | 06 54 | 06 59 | 06 37 | 06 49 | 07 12 | 07 15 | 07 03 | 07 27 | 07 09 | 07 19 | 07 23 | 07 30 | 07 42 | 07 45 | 07 32 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

Only folding bikes allowed.

|                             | 8     | 8     | 8     | 8     | 10    | 8     | 8     | 8     | 10    | 12    | 10    | 12    | 12    | 8     | 8     | 8     | 8     | 8     | 10    | 8     | 10    | 8     | 8     | 8     | 12    | 8     |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                | ..... | ..... | ..... | 06 40 | 06 48 | ..... | ..... | ..... | ..... | 07 02 | ..... | ..... | 07 18 | ..... | ..... | ..... | ..... | ..... | ..... | 07 39 | 07 46 | ..... | ..... | 08 00 | ..... |       |
| Thorpe Bay                  | ..... | ..... | ..... | 06 44 | 06 52 | ..... | ..... | ..... | ..... | 07 06 | ..... | 07 12 | 07 22 | ..... | ..... | ..... | ..... | ..... | 07 31 | ..... | 07 43 | 07 50 | ..... | ..... | 08 04 | ..... |
| Southend East               | ..... | ..... | ..... | 06 46 | 06 54 | ..... | ..... | ..... | ..... | 07 08 | ..... | 07 14 | 07 24 | ..... | ..... | ..... | ..... | ..... | 07 33 | ..... | 07 45 | 07 52 | ..... | ..... | 08 06 | ..... |
| Southend Central (Arrival)  | ..... | ..... | ..... | 06 49 | 06 57 | ..... | ..... | ..... | ..... | 07 11 | ..... | 07 17 | 07 27 | ..... | ..... | ..... | ..... | ..... | 07 36 | ..... | 07 48 | 07 55 | ..... | ..... | 08 09 | ..... |
| Southend Central (Depart)   | ..... | ..... | 06 45 | 06 49 | 06 57 | ..... | ..... | ..... | 07 03 | 07 11 | ..... | 07 17 | 07 27 | ..... | ..... | ..... | ..... | ..... | 07 36 | ..... | 07 48 | 07 55 | ..... | ..... | 08 09 | ..... |
| Westcliff                   | ..... | ..... | 06 48 | 06 51 | 06 59 | ..... | ..... | ..... | 07 05 | 07 13 | ..... | 07 19 | 07 29 | ..... | ..... | ..... | ..... | ..... | 07 38 | ..... | 07 50 | 07 57 | ..... | ..... | 08 11 | ..... |
| Chalkwell                   | ..... | ..... | 06 50 | 06 54 | 07 02 | ..... | ..... | ..... | 07 08 | 07 16 | ..... | 07 22 | 07 32 | ..... | ..... | ..... | ..... | ..... | 07 41 | ..... | 07 53 | 08 00 | ..... | ..... | 08 14 | ..... |
| Leigh-on-Sea                | ..... | ..... | 06 53 | 06 57 | 07 05 | 07 08 | ..... | ..... | 07 11 | ..... | 07 21 | 07 25 | ..... | 07 37 | ..... | ..... | ..... | ..... | 07 44 | ..... | 07 56 | ..... | 08 05 | ..... | 08 17 | ..... |
| Benfleet                    | ..... | ..... | 06 57 | 07 02 | 07 10 | 07 13 | ..... | ..... | 07 16 | ..... | 07 26 | 07 30 | ..... | 07 42 | ..... | ..... | ..... | ..... | 07 49 | ..... | 08 01 | ..... | 08 10 | ..... | 08 22 | ..... |
| Pitsea                      | ..... | ..... | 07 03 | 07 05 | ..... | 07 16 | ..... | ..... | 07 20 | ..... | 07 30 | 07 34 | ..... | ..... | ..... | 07 35 | ..... | 07 51 | 07 53 | ..... | 08 04 | ..... | 08 14 | ..... | ..... | ..... |
| Basildon                    | ..... | ..... | ..... | 07 09 | ..... | 07 20 | ..... | ..... | ..... | ..... | 07 34 | 07 38 | 07 42 | 07 48 | ..... | ..... | ..... | ..... | 07 57 | ..... | 08 08 | 08 12 | 08 18 | ..... | 08 28 | ..... |
| Laindon                     | 07 03 | ..... | ..... | 07 13 | 07 17 | ..... | 07 31 | ..... | ..... | ..... | ..... | 07 46 | ..... | 07 52 | ..... | ..... | ..... | ..... | ..... | 08 03 | 08 12 | ..... | 08 22 | ..... | ..... | 08 34 |
| West Horndon                | 07 08 | ..... | ..... | 07 17 | ..... | ..... | 07 36 | ..... | ..... | ..... | ..... | 07 52 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 08 08 | ..... | 08 20 | ..... | ..... | ..... | 08 39 |
| Stanford-le-Hope            | ..... | ..... | 07 10 | ..... | ..... | ..... | ..... | ..... | 07 26 | ..... | ..... | ..... | ..... | ..... | ..... | 07 42 | ..... | 07 57 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| East Tilbury                | ..... | ..... | 07 14 | ..... | ..... | ..... | ..... | ..... | 07 30 | ..... | ..... | ..... | ..... | ..... | ..... | 07 45 | ..... | 08 01 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Tilbury Town                | ..... | ..... | 07 20 | ..... | ..... | ..... | ..... | ..... | 07 36 | ..... | ..... | ..... | ..... | ..... | ..... | 07 52 | ..... | 08 07 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Grays                       | ..... | 07 17 | 07 24 | ..... | ..... | ..... | ..... | 07 31 | 07 40 | ..... | ..... | ..... | ..... | ..... | 07 47 | 07 56 | 08 01 | 08 10 | ..... | ..... | ..... | ..... | ..... | 08 18 | ..... | ..... |
| Purfleet                    | ..... | ..... | 07 30 | ..... | ..... | ..... | ..... | ..... | 07 46 | ..... | ..... | ..... | ..... | ..... | ..... | 08 02 | ..... | 08 16 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Rainham                     | ..... | ..... | 07 36 | ..... | ..... | ..... | ..... | ..... | 07 51 | ..... | ..... | ..... | ..... | ..... | ..... | 08 07 | ..... | 08 22 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Dagenham Dock               | ..... | ..... | 07 40 | ..... | ..... | ..... | ..... | ..... | 07 55 | ..... | ..... | ..... | ..... | ..... | ..... | 08 11 | ..... | 08 26 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Chafford Hundred (Lakeside) | ..... | 07 21 | ..... | ..... | ..... | ..... | ..... | 07 35 | ..... | ..... | ..... | ..... | ..... | ..... | 07 51 | ..... | 08 05 | ..... | ..... | ..... | ..... | ..... | ..... | 08 22 | ..... | ..... |
| Ockendon                    | ..... | 07 26 | ..... | ..... | ..... | ..... | ..... | 07 41 | ..... | ..... | ..... | ..... | ..... | ..... | 07 56 | ..... | 08 10 | ..... | ..... | ..... | ..... | ..... | ..... | 08 26 | ..... | ..... |
| Upminster                   | 07 13 | 07 33 | ..... | ..... | ..... | ..... | 07 41 | 07 48 | ..... | ..... | ..... | 07 57 | ..... | ..... | 08 03 | ..... | 08 17 | ..... | 08 07 | 08 13 | 08 21 | 08 26 | ..... | 08 33 | ..... | 08 44 |
| Barking                     | 07 22 | 07 41 | 07 46 | 07 35 | ..... | 07 39 | 07 50 | 07 57 | 08 02 | ..... | ..... | ..... | ..... | 08 09 | 08 11 | 08 17 | 08 26 | 08 32 | ..... | 08 22 | ..... | ..... | 08 38 | 08 41 | 08 46 | 08 53 |
| Stratford                   | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| London Liverpool Street     | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| West Ham                    | 07 28 | 07 47 | 07 53 | 07 41 | ..... | 07 44 | 07 56 | 08 02 | 08 08 | 07 50 | 07 59 | 08 11 | 08 05 | 08 14 | 08 17 | 08 23 | 08 31 | 08 38 | 08 20 | 08 28 | 08 34 | 08 41 | 08 44 | 08 47 | 08 52 | 08 58 |
| Limehouse                   | 07 33 | 07 52 | 07 58 | 07 46 | ..... | 07 49 | 08 01 | 08 07 | 08 13 | 07 55 | 08 04 | 08 16 | ..... | 08 19 | 08 22 | 08 29 | 08 37 | 08 43 | 08 25 | 08 33 | 08 40 | 08 46 | 08 50 | 08 52 | 08 58 | 09 04 |
| London Fenchurch Street     | 07 38 | 07 57 | 08 03 | 07 51 | 07 47 | 07 54 | 08 06 | 08 12 | 08 18 | 08 00 | 08 09 | 08 21 | 08 14 | 08 24 | 08 27 | 08 33 | 08 41 | 08 48 | 08 30 | 08 38 | 08 44 | 08 51 | 08 54 | 08 57 | 09 03 | 09 08 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

Only folding bikes allowed.

Shoeburyness → London Fenchurch Street

**Mondays to Fridays**

|                                                                                                                                                                                             |  |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                                                                                                                                                                                             | 8                                                                                 | 8     | 8     | 12    | 8     | 8     | 8     | 8     |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Shoeburyness                                                                                                                                                                                | .....                                                                             | ..... | ..... | 08 17 | 08 34 | ..... | ..... | ..... | 08 54 | ..... | 09 07 | ..... | ..... | 09 27 | ..... | 09 41 | ..... | 09 57 | ..... | 10 11 | ..... | 10 27 | ..... | 10 41 | ..... |       |
| Thorpe Bay                                                                                                                                                                                  | .....                                                                             | ..... | ..... | 08 21 | 08 38 | ..... | ..... | ..... | 08 58 | ..... | 09 11 | ..... | ..... | 09 31 | ..... | 09 45 | ..... | 10 01 | ..... | 10 15 | ..... | 10 31 | ..... | 10 45 | ..... |       |
| Southend East                                                                                                                                                                               | .....                                                                             | ..... | ..... | 08 23 | 08 40 | ..... | ..... | ..... | 09 00 | ..... | 09 13 | ..... | ..... | 09 33 | ..... | 09 47 | ..... | 10 03 | ..... | 10 17 | ..... | 10 33 | ..... | 10 47 | ..... |       |
| Southend Central (Arrival)                                                                                                                                                                  | .....                                                                             | ..... | ..... | 08 26 | 08 43 | ..... | ..... | ..... | 09 03 | ..... | 09 16 | ..... | ..... | 09 36 | ..... | 09 50 | ..... | 10 06 | ..... | 10 20 | ..... | 10 36 | ..... | 10 50 | ..... |       |
| Southend Central (Depart)                                                                                                                                                                   | .....                                                                             | ..... | ..... | 08 26 | 08 43 | ..... | 08 50 | ..... | 09 03 | 09 12 | 09 16 | ..... | ..... | 09 36 | 09 42 | 09 50 | ..... | 10 06 | 10 12 | 10 20 | ..... | 10 36 | 10 42 | 10 50 | ..... |       |
| Westcliff                                                                                                                                                                                   | .....                                                                             | ..... | ..... | 08 28 | 08 45 | ..... | 08 52 | ..... | 09 05 | 09 15 | 09 18 | ..... | ..... | 09 38 | 09 45 | 09 52 | ..... | 10 08 | 10 15 | 10 22 | ..... | 10 38 | 10 45 | 10 52 | ..... |       |
| Chalkwell                                                                                                                                                                                   | .....                                                                             | 09 28 | 09 33 | 08 31 | 08 48 | ..... | 08 55 | ..... | 09 08 | 09 17 | 09 21 | ..... | ..... | 09 41 | 09 47 | 09 55 | ..... | 10 11 | 10 17 | 10 25 | ..... | 10 41 | 10 47 | 10 55 | ..... |       |
| Leigh-on-Sea                                                                                                                                                                                | .....                                                                             | ..... | ..... | 08 34 | 08 51 | ..... | 08 58 | ..... | 09 11 | 09 20 | 09 24 | ..... | ..... | 09 43 | 09 50 | 09 57 | ..... | 10 13 | 10 20 | 10 27 | ..... | 10 43 | 10 50 | 10 57 | ..... |       |
| Benfleet                                                                                                                                                                                    | .....                                                                             | ..... | ..... | 08 39 | 08 56 | ..... | 09 03 | ..... | 09 16 | 09 24 | 09 29 | ..... | ..... | 09 48 | 09 54 | 10 02 | ..... | 10 18 | 10 24 | 10 32 | ..... | 10 48 | 10 54 | 11 02 | ..... |       |
| Pitsea                                                                                                                                                                                      | 08 18                                                                             | ..... | 08 36 | 08 42 | ..... | 08 47 | 09 06 | ..... | 09 16 | 09 20 | 09 29 | ..... | ..... | 09 51 | 09 59 | ..... | ..... | 10 22 | 10 29 | ..... | ..... | 10 51 | 10 59 | ..... | ..... |       |
| Basildon                                                                                                                                                                                    | .....                                                                             | ..... | ..... | 08 46 | 09 02 | ..... | 09 10 | ..... | ..... | 09 24 | ..... | 09 35 | ..... | 09 55 | ..... | 10 08 | ..... | 10 26 | ..... | 10 38 | ..... | 10 55 | ..... | 11 08 | ..... |       |
| Laindon                                                                                                                                                                                     | .....                                                                             | ..... | ..... | 08 50 | 09 05 | ..... | 09 14 | ..... | ..... | 09 27 | ..... | 09 38 | ..... | 09 58 | ..... | 10 11 | ..... | 10 30 | ..... | 10 41 | ..... | 10 58 | ..... | 11 11 | ..... |       |
| West Horndon                                                                                                                                                                                | .....                                                                             | ..... | ..... | ..... | ..... | ..... | 09 18 | ..... | ..... | 09 32 | ..... | ..... | ..... | 10 03 | ..... | ..... | ..... | 10 34 | ..... | ..... | ..... | 11 03 | ..... | ..... | ..... |       |
| Stanford-le-Hope                                                                                                                                                                            | 08 24                                                                             | ..... | 08 43 | ..... | ..... | 08 54 | ..... | ..... | 09 23 | ..... | 09 35 | ..... | ..... | ..... | 10 05 | ..... | ..... | ..... | 10 35 | ..... | ..... | ..... | 11 05 | ..... | ..... |       |
| East Tilbury                                                                                                                                                                                | 08 28                                                                             | ..... | 08 46 | ..... | ..... | 08 57 | ..... | ..... | 09 26 | ..... | 09 38 | ..... | ..... | ..... | 10 08 | ..... | ..... | ..... | 10 38 | ..... | ..... | ..... | 11 08 | ..... | ..... |       |
| Tilbury Town                                                                                                                                                                                | 08 34                                                                             | ..... | 08 53 | ..... | ..... | 09 04 | ..... | ..... | 09 33 | ..... | 09 44 | ..... | ..... | ..... | 10 14 | ..... | ..... | ..... | 10 44 | ..... | ..... | ..... | 11 14 | ..... | ..... |       |
| Grays                                                                                                                                                                                       | 08 37                                                                             | 08 47 | 08 56 | ..... | ..... | 09 08 | ..... | 09 17 | 09 36 | ..... | 09 48 | ..... | 09 53 | 10 10 | ..... | 10 17 | ..... | 10 40 | ..... | 10 47 | ..... | 11 10 | ..... | 11 17 | 11 40 |       |
| Purfleet                                                                                                                                                                                    | 08 43                                                                             | ..... | 09 02 | ..... | ..... | 09 14 | ..... | ..... | 09 42 | ..... | ..... | 09 59 | 10 16 | ..... | ..... | ..... | 10 46 | ..... | ..... | ..... | 11 16 | ..... | ..... | 11 46 | ..... |       |
| Rainham                                                                                                                                                                                     | 08 49                                                                             | ..... | 09 08 | ..... | ..... | 09 19 | ..... | ..... | 09 48 | ..... | ..... | ..... | 10 04 | 10 21 | ..... | ..... | 10 51 | ..... | ..... | ..... | 11 21 | ..... | ..... | 11 51 | ..... |       |
| Dagenham Dock                                                                                                                                                                               | 08 53                                                                             | ..... | 09 11 | ..... | ..... | 09 23 | ..... | ..... | 09 51 | ..... | ..... | 10 07 | 10 24 | ..... | ..... | ..... | 10 54 | ..... | ..... | ..... | 11 24 | ..... | ..... | 11 54 | ..... |       |
| Chafford Hundred (Lakeside)                                                                                                                                                                 | .....                                                                             | 08 51 | ..... | ..... | ..... | ..... | ..... | 09 21 | ..... | ..... | 09 52 | ..... | ..... | ..... | 10 21 | ..... | ..... | ..... | 10 51 | ..... | ..... | ..... | 11 21 | ..... | ..... |       |
| Ockendon                                                                                                                                                                                    | .....                                                                             | 08 56 | ..... | ..... | ..... | ..... | ..... | 09 25 | ..... | ..... | 09 56 | ..... | ..... | ..... | 10 25 | ..... | ..... | ..... | 10 55 | ..... | ..... | ..... | 11 25 | ..... | ..... |       |
| Upminster                                                                                                  | .....                                                                             | 09 03 | ..... | 08 58 | 09 14 | ..... | 09 24 | 09 32 | ..... | 09 37 | 10 03 | 09 46 | ..... | ..... | 10 08 | 10 31 | 10 19 | ..... | 10 41 | 11 01 | 10 49 | ..... | 11 08 | 11 31 | 11 19 |       |
| Barking                                                                                                    | 08 59                                                                             | 09 11 | 09 17 | 09 07 | 09 22 | 09 29 | 09 32 | 09 40 | 09 58 | 09 46 | 10 11 | 09 55 | 10 13 | 10 30 | 10 17 | 10 40 | 10 27 | 11 00 | 10 50 | 11 09 | 10 57 | 11 30 | 11 17 | 11 39 | 11 27 | 12 00 |
| Stratford                 | .....                                                                             | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |       |
| London Liverpool Street                                                                                    | .....                                                                             | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |       |
| West Ham                  | 09 05                                                                             | 09 17 | 09 23 | 09 12 | 09 28 | 09 35 | 09 38 | 09 46 | 10 04 | 09 51 | 10 16 | 10 00 | 10 19 | 10 36 | 10 22 | 10 46 | 10 32 | 11 06 | 10 56 | 11 14 | 11 02 | 11 36 | 11 22 | 11 44 | 11 32 | 12 06 |
| Limehouse                                                                                                  | 09 10                                                                             | 09 22 | 09 29 | 09 18 | 09 33 | 09 40 | 09 43 | 09 51 | 10 09 | 09 57 | 10 21 | 10 05 | 10 24 | 10 41 | 10 28 | 10 51 | 10 37 | 11 11 | 11 01 | 11 19 | 11 07 | 11 41 | 11 27 | 11 49 | 11 37 | 12 11 |
| London Fenchurch Street   | 09 15                                                                             | 09 28 | 09 33 | 09 22 | 09 39 | 09 45 | 09 48 | 09 56 | 10 13 | 10 01 | 10 25 | 10 09 | 10 28 | 10 45 | 10 33 | 10 56 | 10 42 | 11 16 | 11 05 | 11 25 | 11 12 | 11 46 | 11 31 | 11 54 | 11 42 | 12 16 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

 Only folding bikes allowed.

|                             |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                | 10 57 | ..... | 11 11 | ..... | 11 27 | ..... | 11 41 | ..... | 11 57 | ..... | 12 11 | ..... | 12 27 | ..... | 12 41 | ..... | 12 57 | ..... | 13 11 | ..... | 13 27 | ..... | 13 41 | ..... | 13 57 | ..... |
| Thorpe Bay                  | 11 01 | ..... | 11 15 | ..... | 11 31 | ..... | 11 45 | ..... | 12 01 | ..... | 12 15 | ..... | 12 31 | ..... | 12 45 | ..... | 13 01 | ..... | 13 15 | ..... | 13 31 | ..... | 13 45 | ..... | 14 01 | ..... |
| Southend East               | 11 03 | ..... | 11 17 | ..... | 11 33 | ..... | 11 47 | ..... | 12 03 | ..... | 12 17 | ..... | 12 33 | ..... | 12 47 | ..... | 13 03 | ..... | 13 17 | ..... | 13 33 | ..... | 13 47 | ..... | 14 03 | ..... |
| Southend Central (Arrival)  | 11 06 | ..... | 11 20 | ..... | 11 36 | ..... | 11 50 | ..... | 12 06 | ..... | 12 20 | ..... | 12 36 | ..... | 12 50 | ..... | 13 06 | ..... | 13 20 | ..... | 13 36 | ..... | 13 50 | ..... | 14 06 | ..... |
| Southend Central (Depart)   | 11 06 | 11 12 | 11 20 | ..... | 11 36 | 11 39 | 11 50 | ..... | 12 06 | 12 12 | 12 20 | ..... | 12 36 | 12 42 | 12 50 | ..... | 13 06 | 13 11 | 13 20 | ..... | 13 36 | 13 42 | 13 50 | ..... | 14 06 | 14 12 |
| Westcliff                   | 11 08 | 11 15 | 11 22 | ..... | 11 38 | 11 42 | 11 52 | ..... | 12 08 | 12 15 | 12 22 | ..... | 12 38 | 12 45 | 12 52 | ..... | 13 08 | 13 14 | 13 22 | ..... | 13 38 | 13 45 | 13 52 | ..... | 14 08 | 14 15 |
| Chalkwell                   | 11 11 | 11 17 | 11 25 | ..... | 11 41 | 11 44 | 11 55 | ..... | 12 11 | 12 17 | 12 25 | ..... | 12 41 | 12 47 | 12 55 | ..... | 13 11 | 13 16 | 13 25 | ..... | 13 41 | 13 47 | 13 55 | ..... | 14 11 | 14 17 |
| Leigh-on-Sea                | 11 13 | 11 20 | 11 27 | ..... | 11 43 | 11 47 | 11 57 | ..... | 12 13 | 12 20 | 12 27 | ..... | 12 43 | 12 50 | 12 57 | ..... | 13 13 | 13 19 | 13 27 | ..... | 13 43 | 13 50 | 13 57 | ..... | 14 13 | 14 20 |
| Benfleet                    | 11 18 | 11 24 | 11 32 | ..... | 11 48 | 11 51 | 12 02 | ..... | 12 18 | 12 24 | 12 32 | ..... | 12 48 | 12 54 | 13 02 | ..... | 13 18 | 13 23 | 13 32 | ..... | 13 48 | 13 54 | 14 02 | ..... | 14 18 | 14 24 |
| Pitsea                      | 11 21 | 11 29 | ..... | ..... | 11 51 | 11 56 | ..... | ..... | 12 21 | 12 29 | ..... | ..... | 12 51 | 12 59 | ..... | ..... | 13 21 | 13 28 | ..... | ..... | 13 51 | 13 59 | ..... | ..... | 14 21 | 14 29 |
| Basildon                    | 11 25 | ..... | 11 38 | ..... | 11 55 | ..... | 12 08 | ..... | 12 25 | ..... | 12 38 | ..... | 12 55 | ..... | 13 08 | ..... | 13 25 | ..... | 13 38 | ..... | 13 55 | ..... | 14 08 | ..... | 14 25 | ..... |
| Laindon                     | 11 28 | ..... | 11 41 | ..... | 11 58 | ..... | 12 11 | ..... | 12 28 | ..... | 12 41 | ..... | 12 58 | ..... | 13 11 | ..... | 13 28 | ..... | 13 41 | ..... | 13 58 | ..... | 14 11 | ..... | 14 28 | ..... |
| West Horndon                | 11 33 | ..... | ..... | ..... | 12 03 | ..... | ..... | ..... | 12 33 | ..... | ..... | ..... | 13 03 | ..... | ..... | ..... | 13 33 | ..... | ..... | ..... | 14 03 | ..... | ..... | ..... | 14 33 | ..... |
| Stanford-le-Hope            | ..... | 11 35 | ..... | ..... | 12 02 | ..... | ..... | ..... | 12 35 | ..... | ..... | ..... | 13 05 | ..... | ..... | ..... | 13 34 | ..... | ..... | ..... | 14 05 | ..... | ..... | ..... | 14 35 | ..... |
| East Tilbury                | ..... | 11 38 | ..... | ..... | 12 05 | ..... | ..... | ..... | 12 38 | ..... | ..... | ..... | 13 08 | ..... | ..... | ..... | 13 37 | ..... | ..... | ..... | 14 08 | ..... | ..... | ..... | 14 38 | ..... |
| Tilbury Town                | ..... | 11 44 | ..... | ..... | 12 11 | ..... | ..... | ..... | 12 44 | ..... | ..... | ..... | 13 14 | ..... | ..... | ..... | 13 43 | ..... | ..... | ..... | 14 14 | ..... | ..... | ..... | 14 44 | ..... |
| Grays                       | ..... | 11 47 | ..... | 12 10 | ..... | 12 14 | ..... | ..... | 12 40 | ..... | 12 47 | ..... | 13 10 | ..... | 13 17 | ..... | 13 40 | ..... | 13 46 | ..... | 14 10 | ..... | 14 17 | ..... | 14 40 | 14 47 |
| Purfleet                    | ..... | ..... | ..... | 12 16 | ..... | ..... | ..... | ..... | 12 46 | ..... | ..... | ..... | 13 16 | ..... | ..... | ..... | 13 46 | ..... | ..... | ..... | 14 16 | ..... | ..... | ..... | 14 46 | ..... |
| Rainham                     | ..... | ..... | ..... | 12 21 | ..... | ..... | ..... | ..... | 12 51 | ..... | ..... | ..... | 13 21 | ..... | ..... | ..... | 13 51 | ..... | ..... | ..... | 14 21 | ..... | ..... | ..... | 14 51 | ..... |
| Dagenham Dock               | ..... | ..... | ..... | 12 24 | ..... | ..... | ..... | ..... | 12 54 | ..... | ..... | ..... | 13 24 | ..... | ..... | ..... | 13 54 | ..... | ..... | ..... | 14 24 | ..... | ..... | ..... | 14 54 | ..... |
| Chafford Hundred (Lakeside) | ..... | 11 51 | ..... | ..... | 12 18 | ..... | ..... | ..... | 12 51 | ..... | ..... | ..... | 13 21 | ..... | ..... | ..... | 13 50 | ..... | ..... | ..... | 14 21 | ..... | ..... | ..... | 14 51 | ..... |
| Ockendon                    | ..... | 11 55 | ..... | ..... | 12 22 | ..... | ..... | ..... | 12 55 | ..... | ..... | ..... | 13 25 | ..... | ..... | ..... | 13 54 | ..... | ..... | ..... | 14 25 | ..... | ..... | ..... | 14 55 | ..... |
| Upminster                   | 11 38 | 12 01 | 11 49 | ..... | 12 08 | 12 29 | 12 19 | ..... | 12 38 | 13 01 | 12 49 | ..... | 13 08 | 13 31 | 13 19 | ..... | 13 38 | 14 01 | 13 49 | ..... | 14 08 | 14 31 | 14 19 | ..... | 14 38 | 15 01 |
| Barking                     | 11 47 | 12 09 | 11 57 | 12 30 | 12 16 | 12 38 | 12 27 | 13 00 | 12 47 | 13 09 | 12 57 | 13 30 | 13 16 | 13 40 | 13 27 | 14 01 | 13 46 | 14 09 | 13 57 | 14 30 | 14 16 | 14 39 | 14 27 | 15 00 | 14 46 | 15 09 |
| Stratford                   | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| London Liverpool Street     | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| West Ham                    | 11 52 | 12 14 | 12 02 | 12 36 | 12 21 | 12 43 | 12 32 | 13 06 | 12 52 | 13 14 | 13 02 | 13 36 | 13 21 | 13 45 | 13 32 | 14 06 | 13 51 | 14 14 | 14 02 | 14 36 | 14 21 | 14 44 | 14 32 | 15 06 | 14 51 | 15 14 |
| Limehouse                   | 11 57 | 12 19 | 12 07 | 12 41 | 12 26 | 12 48 | 12 37 | 13 11 | 12 57 | 13 19 | 13 07 | 13 41 | 13 26 | 13 51 | 13 37 | 14 11 | 13 56 | 14 19 | 14 07 | 14 41 | 14 26 | 14 49 | 14 37 | 15 11 | 14 56 | 15 19 |
| London Fenchurch Street     | 12 01 | 12 24 | 12 12 | 12 46 | 12 30 | 12 53 | 12 42 | 13 16 | 13 01 | 13 24 | 13 12 | 13 45 | 13 31 | 13 56 | 13 42 | 14 16 | 14 00 | 14 24 | 14 12 | 14 46 | 14 32 | 14 55 | 14 42 | 15 15 | 15 00 | 15 25 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

# Shoeburyness → London Fenchurch Street

Mondays to Fridays

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                                                                                              | 14 11 | ..... | 14 27 | ..... | 14 41 | ..... | 14 56 | ..... | 15 11 | ..... | 15 26 | ..... | 15 38 | ..... | 15 54 | ..... | 16 03 | 16 14 | 16 18 | ..... | ..... | ..... | ..... | 16 40 | 16 48 | ..... | ..... |
| Thorp Bay                                                                                                 | 14 15 | ..... | 14 31 | 14 37 | 14 45 | ..... | 15 00 | ..... | 15 15 | ..... | 15 30 | 15 36 | 15 41 | ..... | 15 58 | ..... | 16 07 | 16 18 | 16 22 | ..... | ..... | ..... | ..... | 16 44 | 16 52 | ..... | ..... |
| Southend East                                                                                             | 14 17 | ..... | 14 33 | 14 39 | 14 47 | ..... | 15 02 | ..... | 15 17 | ..... | 15 32 | 15 38 | 15 44 | ..... | 16 00 | ..... | 16 10 | 16 20 | 16 24 | ..... | ..... | ..... | ..... | 16 46 | 16 54 | ..... | ..... |
| Southend Central (Arrival)                                                                                | 14 20 | ..... | 14 36 | 14 42 | 14 50 | ..... | 15 05 | ..... | 15 20 | ..... | 15 35 | 15 41 | 15 46 | ..... | 16 03 | ..... | 16 13 | 16 23 | 16 27 | ..... | ..... | ..... | ..... | 16 49 | 16 57 | ..... | ..... |
| Southend Central (Depart)                                                                                 | 14 20 | ..... | 14 36 | 14 43 | 14 50 | ..... | 15 05 | 15 11 | 15 20 | ..... | 15 35 | 15 41 | 15 47 | ..... | 16 03 | 16 08 | 16 14 | 16 23 | 16 27 | ..... | ..... | ..... | 16 35 | 16 49 | 16 57 | ..... | ..... |
| Westcliff                                                                                                 | 14 22 | ..... | 14 38 | 14 45 | 14 52 | ..... | 15 07 | 15 14 | 15 22 | ..... | 15 37 | 15 43 | 15 49 | ..... | 16 06 | 16 11 | 16 16 | 16 25 | 16 29 | ..... | ..... | ..... | 16 37 | 16 51 | 16 59 | ..... | ..... |
| Chalkwell                                                                                                 | 14 25 | ..... | 14 41 | 14 47 | 14 55 | ..... | 15 10 | 15 16 | 15 25 | ..... | 15 40 | 15 46 | 15 51 | ..... | 16 09 | 16 13 | 16 19 | 16 28 | 16 32 | ..... | ..... | ..... | 16 40 | 16 54 | 17 02 | ..... | ..... |
| Leigh-on-Sea                                                                                              | 14 27 | ..... | 14 43 | 14 50 | 14 57 | ..... | 15 12 | 15 19 | 15 27 | ..... | 15 42 | 15 49 | 15 54 | ..... | 16 12 | 16 16 | 16 21 | 16 30 | 16 34 | ..... | ..... | ..... | 16 42 | 16 57 | 17 04 | ..... | ..... |
| Benfleet                                                                                                  | 14 32 | ..... | 14 48 | 14 54 | 15 02 | ..... | 15 17 | 15 23 | 15 32 | ..... | 15 47 | 15 53 | 15 58 | ..... | 16 17 | 16 20 | 16 26 | 16 35 | 16 39 | ..... | ..... | ..... | 16 47 | 17 02 | 17 09 | ..... | ..... |
| Pitsea                                                                                                    | ..... | ..... | 14 51 | 14 59 | ..... | ..... | 15 20 | 15 28 | ..... | ..... | 15 50 | 15 59 | 16 02 | ..... | 16 25 | 16 30 | ..... | 16 43 | ..... | 16 48 | 16 51 | 17 06 | 17 14 | ..... | 17 17 | ..... | ..... |
| Basildon                                                                                                  | 14 38 | ..... | 14 55 | ..... | 15 08 | ..... | 15 24 | ..... | 15 38 | ..... | 15 54 | ..... | 16 05 | ..... | 16 23 | ..... | 16 34 | 16 40 | 16 47 | ..... | ..... | ..... | 16 55 | 17 10 | 17 19 | ..... | ..... |
| Laindon                                                                                                   | 14 41 | ..... | 14 58 | ..... | 15 11 | ..... | 15 27 | ..... | 15 41 | ..... | 15 58 | ..... | 16 09 | ..... | 16 26 | ..... | 16 37 | 16 44 | 16 51 | ..... | ..... | ..... | 16 58 | 17 13 | 17 22 | ..... | ..... |
| West Horndon                                                                                              | ..... | ..... | 15 03 | ..... | ..... | ..... | 15 31 | ..... | ..... | ..... | 16 02 | ..... | 16 13 | ..... | 16 31 | ..... | ..... | 16 48 | ..... | ..... | ..... | ..... | 17 03 | 17 18 | ..... | ..... | ..... |
| Stanford-le-Hope                                                                                          | ..... | ..... | ..... | 15 05 | ..... | ..... | ..... | 15 34 | ..... | ..... | ..... | 16 05 | ..... | ..... | ..... | 16 32 | ..... | ..... | ..... | ..... | ..... | ..... | 16 54 | ..... | ..... | ..... | 17 23 |
| East Tilbury                                                                                              | ..... | ..... | ..... | 15 08 | ..... | ..... | ..... | 15 37 | ..... | ..... | ..... | 16 08 | ..... | ..... | ..... | 16 35 | ..... | ..... | ..... | ..... | ..... | ..... | 16 58 | ..... | ..... | ..... | 17 27 |
| Tilbury Town                                                                                              | ..... | ..... | ..... | 15 14 | ..... | ..... | ..... | 15 43 | ..... | ..... | ..... | 16 15 | ..... | ..... | ..... | 16 41 | ..... | ..... | ..... | ..... | ..... | ..... | 17 04 | ..... | ..... | ..... | 17 33 |
| Grays                                                                                                     | ..... | 15 10 | ..... | 15 17 | ..... | 15 40 | ..... | 15 46 | ..... | 16 09 | ..... | 16 19 | ..... | 16 37 | ..... | 16 47 | ..... | ..... | 16 48 | 17 08 | ..... | ..... | ..... | ..... | ..... | 17 17 | 17 37 |
| Purfleet                                                                                                  | ..... | 15 16 | ..... | ..... | ..... | 15 46 | ..... | ..... | ..... | 16 15 | ..... | ..... | ..... | 16 43 | ..... | 16 54 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 17 42 |
| Rainham                                                                                                   | ..... | 15 21 | ..... | ..... | ..... | 15 51 | ..... | ..... | ..... | 16 20 | ..... | ..... | ..... | 16 48 | ..... | 17 01 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 17 48 |
| Dagenham Dock                                                                                             | ..... | 15 24 | ..... | ..... | ..... | 15 54 | ..... | ..... | ..... | 16 24 | ..... | ..... | ..... | 16 52 | ..... | 17 07 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 17 51 |
| Chafford Hundred (Lakeside)                                                                               | ..... | ..... | ..... | 15 21 | ..... | ..... | ..... | 15 50 | ..... | ..... | ..... | 16 22 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 16 52 | ..... | ..... | ..... | ..... | ..... | ..... | 17 21 |
| Ockendon                                                                                                  | ..... | ..... | ..... | 15 25 | ..... | ..... | ..... | 15 54 | ..... | ..... | ..... | 16 26 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 16 57 | ..... | ..... | ..... | ..... | ..... | ..... | 17 27 |
| Upminster                | 14 49 | ..... | 15 08 | 15 31 | 15 19 | ..... | 15 36 | 16 01 | 15 49 | ..... | 16 08 | 16 33 | 16 19 | ..... | ..... | ..... | 16 46 | 16 53 | 16 59 | 17 04 | ..... | ..... | 17 08 | 17 25 | ..... | 17 34 | ..... |
| Barking                  | 14 57 | 15 30 | 15 16 | 15 39 | 15 27 | 16 00 | 15 44 | 16 11 | 15 57 | 16 30 | 16 16 | 16 41 | 16 27 | 16 58 | ..... | 17 13 | 16 55 | 17 01 | 17 07 | ..... | ..... | 17 28 | 17 17 | 17 34 | 17 39 | 17 43 | 17 57 |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| West Ham                 | 15 02 | 15 36 | 15 21 | 15 44 | 15 32 | 16 06 | 15 49 | 16 16 | 16 02 | 16 36 | 16 21 | 16 46 | 16 32 | 17 04 | 16 50 | 17 19 | 17 01 | 17 07 | 17 13 | 17 16 | 17 34 | 17 22 | 17 40 | 17 46 | 17 49 | 18 03 |       |
| Limehouse                | 15 07 | 15 41 | 15 26 | 15 49 | 15 37 | 16 11 | 15 54 | 16 21 | 16 07 | 16 42 | 16 26 | 16 51 | 16 37 | 17 09 | ..... | 17 24 | ..... | 17 12 | ..... | 17 21 | 17 39 | 17 27 | ..... | ..... | ..... | 17 54 | 18 08 |
| London Fenchurch Street  | 15 12 | 15 45 | 15 30 | 15 55 | 15 42 | 16 16 | 15 59 | 16 28 | 16 12 | 16 47 | 16 31 | 16 57 | 16 42 | 17 14 | 16 59 | 17 28 | 17 10 | 17 17 | 17 22 | 17 25 | 17 44 | 17 31 | 17 50 | 17 55 | 17 58 | 18 12 | ..... |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

|                             |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                | 16 57 | 17 04 |       |       | 17 15 | 17 21 | 17 27 |       |       |       |       | 17 44 | 17 59 |       |       | 18 14 |       | 18 29 | 18 47 |       |       | 18 57 |       | 19 14 |       | 19 27 |
| Thorpe Bay                  | 17 01 | 17 08 |       |       | 17 19 | 17 25 | 17 31 |       |       |       |       | 17 48 | 18 03 |       |       | 18 18 |       | 18 33 | 18 51 |       |       | 19 01 |       | 19 18 |       | 19 31 |
| Southend East               | 17 03 | 17 10 |       |       | 17 21 | 17 27 | 17 33 |       |       |       |       | 17 50 | 18 05 |       |       | 18 20 |       | 18 35 | 18 53 |       |       | 19 03 |       | 19 20 |       | 19 33 |
| Southend Central (Arrival)  | 17 06 | 17 13 |       |       | 17 24 | 17 30 | 17 36 |       |       |       |       | 17 53 | 18 08 |       |       | 18 23 |       | 18 38 | 18 56 |       |       | 19 06 |       | 19 23 |       | 19 36 |
| Southend Central (Depart)   | 17 06 | 17 13 |       |       | 17 24 | 17 30 | 17 36 |       |       |       |       | 17 53 | 18 08 |       |       | 18 23 |       | 18 38 | 18 56 |       |       | 19 06 | 19 12 | 19 23 |       | 19 36 |
| Westcliff                   | 17 08 | 17 15 |       |       | 17 26 | 17 32 | 17 38 |       |       |       |       | 17 55 | 18 10 |       |       | 18 25 |       | 18 40 | 18 58 |       |       | 19 08 | 19 15 | 19 25 |       | 19 38 |
| Chalkwell                   | 17 11 | 17 18 |       |       | 17 29 | 17 35 | 17 40 |       |       |       |       | 17 58 | 18 13 |       |       | 18 28 |       | 18 43 | 19 01 |       |       | 19 11 | 19 17 | 19 28 |       | 19 41 |
| Leigh-on-Sea                | 17 13 | 17 20 |       |       | 17 31 | 17 37 | 17 43 | 17 57 |       |       |       | 18 00 | 18 15 |       |       | 18 30 |       | 18 45 | 19 03 |       |       | 19 14 | 19 20 | 19 30 |       | 19 43 |
| Benfleet                    | 17 18 | 17 25 |       |       | 17 36 | 17 42 | 17 47 |       |       |       |       | 18 05 | 18 20 |       |       | 18 35 |       | 18 50 | 19 08 |       |       | 19 19 | 19 24 | 19 35 |       | 19 48 |
| Pitsea                      | 17 21 | 17 28 |       | 17 32 |       | 17 45 | 17 51 |       |       |       | 18 03 | 18 08 | 18 23 |       | 18 28 | 18 38 | 18 47 | 18 54 |       | 18 59 | 19 18 | 19 23 | 19 29 |       |       | 19 51 |
| Basildon                    | 17 25 | 17 32 |       |       | 17 43 | 17 49 | 17 55 | 18 06 |       |       |       | 18 12 | 18 27 |       |       | 18 42 |       | 18 58 | 19 14 |       |       | 19 27 |       |       | 19 41 | 19 55 |
| Laindon                     | 17 28 | 17 35 |       |       | 17 46 | 17 52 | 17 58 |       |       |       |       | 18 15 | 18 31 |       |       | 18 45 |       | 19 01 | 19 17 |       |       | 19 30 |       | 19 44 |       | 19 58 |
| West Horndon                | 17 33 |       |       |       |       |       | 18 03 |       |       |       |       | 18 20 | 18 35 |       |       | 18 50 |       | 19 06 |       |       |       | 19 35 |       |       |       | 20 03 |
| Stanford-le-Hope            |       |       |       | 17 38 |       |       |       |       |       |       | 18 10 |       |       |       | 18 34 | 18 54 |       |       |       | 19 05 | 19 26 |       | 19 35 |       |       |       |
| East Tilbury                |       |       |       | 17 42 |       |       |       |       |       |       | 18 13 |       |       |       | 18 38 | 18 57 |       |       |       | 19 09 | 19 30 |       | 19 38 |       |       |       |
| Tilbury Town                |       |       |       | 17 48 |       |       |       |       |       |       | 18 19 |       |       |       | 18 44 | 19 03 |       |       |       | 19 15 | 19 37 |       | 19 44 |       |       |       |
| Grays                       |       |       | 17 47 | 17 51 |       |       |       | 18 03 | 18 17 | 18 23 |       |       |       | 18 33 | 18 47 |       | 19 07 |       |       |       | 19 19 | 19 41 |       | 19 47 |       | 20 10 |
| Purfleet                    |       |       |       | 17 57 |       |       |       | 18 09 |       | 18 29 |       |       |       | 18 39 |       |       | 19 12 |       |       |       |       | 19 47 |       |       |       | 20 16 |
| Rainham                     |       |       |       | 18 02 |       |       |       | 18 16 |       | 18 34 |       |       |       | 18 45 |       |       | 19 18 |       |       |       |       | 19 52 |       |       |       | 20 21 |
| Dagenham Dock               |       |       |       | 18 06 |       |       |       | 18 20 |       | 18 38 |       |       |       | 18 51 |       |       | 19 21 |       |       |       |       | 19 56 |       |       |       | 20 24 |
| Chafford Hundred (Lakeside) |       |       | 17 51 |       |       |       |       |       |       | 18 21 |       |       |       |       | 18 51 |       |       |       |       | 19 22 |       |       | 19 51 |       |       |       |
| Ockendon                    |       |       | 17 57 |       |       |       |       |       |       | 18 27 |       |       |       |       | 18 56 |       |       |       |       | 19 26 |       |       | 19 55 |       |       |       |
| Upminster                   | 17 38 | 17 44 | 18 05 |       |       | 18 01 | 18 08 | 18 16 |       | 18 34 |       | 18 25 | 18 41 |       | 19 03 | 18 55 |       | 19 11 | 19 25 | 19 33 |       | 19 40 | 20 01 | 19 52 |       | 20 08 |
| Barking                     | 17 47 | 17 52 | 18 14 | 18 12 |       |       | 18 17 | 18 24 | 18 27 | 18 42 | 18 45 | 18 33 | 18 49 | 18 58 | 19 12 | 19 05 | 19 27 | 19 21 | 19 33 | 19 41 | 20 03 | 19 48 | 20 10 | 20 00 | 20 30 | 20 16 |
| Stratford                   |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| London Liverpool Street     |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| West Ham                    | 17 52 | 17 57 | 18 20 | 18 17 | 18 06 | 18 13 | 18 23 | 18 29 | 18 33 | 18 48 | 18 51 | 18 38 | 18 54 | 19 03 | 19 17 | 19 10 | 19 33 | 19 26 | 19 38 | 19 46 | 20 09 | 19 53 | 20 15 | 20 05 | 20 37 | 20 22 |
| Limehouse                   | 17 57 |       | 18 25 |       |       | 18 18 | 18 28 |       | 18 38 | 18 53 | 18 56 | 18 43 | 18 59 | 19 09 | 19 22 | 19 15 | 19 38 | 19 31 | 19 43 | 19 51 | 20 14 | 19 58 | 20 20 | 20 10 | 20 43 | 20 27 |
| London Fenchurch Street     | 18 01 | 18 07 | 18 29 | 18 26 | 18 15 | 18 22 | 18 32 | 18 38 | 18 42 | 18 58 | 19 01 | 18 48 | 19 04 | 19 14 | 19 27 | 19 19 | 19 42 | 19 35 | 19 48 | 19 56 | 20 19 | 20 03 | 20 24 | 20 14 | 20 49 | 20 31 |

Shoeburyness → London Fenchurch Street

**Mondays to Fridays**

|                             |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                | 19 42 | 19 57 | 20 11 | 20 27 | 20 41 | 20 57 | 21 11 | 21 27 | 21 41 | 21 57 | 22 27 | 22 57 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Thorpe Bay                  | 19 46 | 20 01 | 20 15 | 20 31 | 20 45 | 21 01 | 21 15 | 21 31 | 21 45 | 22 01 | 22 31 | 23 01 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend East               | 19 48 | 20 03 | 20 17 | 20 33 | 20 47 | 21 03 | 21 17 | 21 33 | 21 47 | 22 03 | 22 33 | 23 03 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend Central (Arrival)  | 19 51 | 20 06 | 20 20 | 20 36 | 20 50 | 21 06 | 21 20 | 21 36 | 21 50 | 22 06 | 22 36 | 23 06 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend Central (Depart)   | 19 42 | 19 51 | 20 06 | 20 12 | 20 20 | 20 36 | 20 42 | 20 50 | 21 06 | 21 12 | 21 20 | 21 36 | 21 42 | 21 50 | 22 06 | 22 12 | 22 36 | 22 42 | 23 06 |       |       |       |       |       |       |       |
| Westcliff                   | 19 45 | 19 53 | 20 08 | 20 15 | 20 22 | 20 38 | 20 45 | 20 52 | 21 08 | 21 15 | 21 22 | 21 38 | 21 45 | 21 52 | 22 08 | 22 15 | 22 38 | 22 45 | 23 08 |       |       |       |       |       |       |       |
| Chalkwell                   | 19 47 | 19 56 | 20 11 | 20 17 | 20 25 | 20 41 | 20 47 | 20 55 | 21 11 | 21 17 | 21 25 | 21 31 | 21 47 | 21 55 | 22 11 | 22 17 | 22 41 | 22 47 | 23 11 |       |       |       |       |       |       |       |
| Leigh-on-Sea                | 19 50 | 19 58 | 20 13 | 20 20 | 20 27 | 20 43 | 20 50 | 20 57 | 21 13 | 21 20 | 21 27 | 21 43 | 21 50 | 21 57 | 22 13 | 22 20 | 22 43 | 22 50 | 23 13 |       |       |       |       |       |       |       |
| Benfleet                    | 19 54 | 20 03 | 20 18 | 20 24 | 20 32 | 20 48 | 20 54 | 21 02 | 21 18 | 21 24 | 21 32 | 21 48 | 21 54 | 22 02 | 22 18 | 22 24 | 22 48 | 22 54 | 23 18 |       |       |       |       |       |       |       |
| Pitsea                      | 19 59 | 20 21 | 20 29 | 20 51 | 20 59 | 21 21 | 21 29 | 21 51 | 21 59 | 22 21 | 22 29 | 22 51 | 22 59 | 23 21 | 23 29 | 23 51 | 23 59 | 24 21 | 24 29 |       |       |       |       |       |       |       |
| Basildon                    | 20 09 | 20 25 | 20 38 | 20 55 | 21 08 | 21 25 | 21 38 | 21 55 | 22 08 | 22 25 | 22 38 | 22 55 | 23 08 | 23 25 | 23 38 | 23 55 | 24 08 | 24 25 | 24 38 |       |       |       |       |       |       |       |
| Laindon                     | 20 12 | 20 28 | 20 41 | 20 58 | 21 11 | 21 28 | 21 41 | 21 58 | 22 11 | 22 28 | 22 41 | 22 58 | 23 11 | 23 28 | 23 41 | 23 58 | 24 11 | 24 28 | 24 41 |       |       |       |       |       |       |       |
| West Horndon                | 20 33 | 21 03 | 21 33 | 22 03 | 22 33 | 23 03 | 23 33 | 24 03 | 24 33 | 25 03 | 25 33 | 26 03 | 26 33 | 27 03 | 27 33 | 28 03 | 28 33 | 29 03 | 29 33 |       |       |       |       |       |       |       |
| Stanford-le-Hope            | 20 05 | 20 35 | 21 05 | 21 35 | 22 05 | 22 35 | 23 05 | 23 35 | 24 05 | 24 35 | 25 05 | 25 35 | 26 05 | 26 35 | 27 05 | 27 35 | 28 05 | 28 35 | 29 05 |       |       |       |       |       |       |       |
| East Tilbury                | 20 08 | 20 38 | 21 08 | 21 38 | 22 08 | 22 38 | 23 08 | 23 38 | 24 08 | 24 38 | 25 08 | 25 38 | 26 08 | 26 38 | 27 08 | 27 38 | 28 08 | 28 38 | 29 08 |       |       |       |       |       |       |       |
| Tilbury Town                | 20 14 | 20 44 | 21 14 | 21 44 | 22 14 | 22 44 | 23 14 | 23 44 | 24 14 | 24 44 | 25 14 | 25 44 | 26 14 | 26 44 | 27 14 | 27 44 | 28 14 | 28 44 | 29 14 |       |       |       |       |       |       |       |
| Grays                       | 20 17 | 20 40 | 20 47 | 21 10 | 21 17 | 21 43 | 21 47 | 22 12 | 22 17 | 22 40 | 22 47 | 23 12 | 23 17 | 23 40 | 23 47 | 24 12 | 24 17 | 24 40 | 24 47 |       |       |       |       |       |       |       |
| Purfleet                    | 20 46 | 21 16 | 21 49 | 22 18 | 22 46 | 23 18 | 23 46 | 24 18 | 24 46 | 25 18 | 25 46 | 26 18 | 26 46 | 27 18 | 27 46 | 28 18 | 28 46 | 29 18 | 29 46 |       |       |       |       |       |       |       |
| Rainham                     | 20 51 | 21 21 | 21 54 | 22 23 | 22 51 | 23 23 | 23 51 | 24 23 | 24 51 | 25 23 | 25 51 | 26 23 | 26 51 | 27 23 | 27 51 | 28 23 | 28 51 | 29 23 | 29 51 |       |       |       |       |       |       |       |
| Dagenham Dock               | 20 54 | 21 24 | 21 57 | 22 27 | 22 54 | 23 26 | 23 56 | 24 27 | 24 57 | 25 28 | 25 58 | 26 29 | 26 59 | 27 30 | 27 60 | 28 31 | 28 61 | 29 32 | 29 62 |       |       |       |       |       |       |       |
| Chafford Hundred (Lakeside) | 20 21 | 20 51 | 21 21 | 21 51 | 22 21 | 22 51 | 23 21 | 23 51 | 24 21 | 24 51 | 25 21 | 25 51 | 26 21 | 26 51 | 27 21 | 27 51 | 28 21 | 28 51 | 29 21 |       |       |       |       |       |       |       |
| Ockendon                    | 20 25 | 20 55 | 21 25 | 21 55 | 22 25 | 22 55 | 23 25 | 23 55 | 24 25 | 24 55 | 25 25 | 25 55 | 26 25 | 26 55 | 27 25 | 27 55 | 28 25 | 28 55 | 29 25 |       |       |       |       |       |       |       |
| Upminster                   | 20 31 | 20 20 | 20 38 | 21 01 | 20 49 | 21 08 | 21 31 | 21 19 | 21 38 | 22 01 | 21 49 | 22 08 | 22 31 | 22 19 | 22 38 | 23 01 | 23 08 | 23 31 | 23 38 |       |       |       |       |       |       |       |
| Barking                     | 20 39 | 20 28 | 21 00 | 20 46 | 21 09 | 20 57 | 21 30 | 21 16 | 21 39 | 21 27 | 22 03 | 21 46 | 22 09 | 21 57 | 22 32 | 22 17 | 22 39 | 22 27 | 22 46 | 23 00 | 23 09 | 23 16 | 23 32 | 23 39 | 23 46 | 00 02 |
| Stratford                   |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| London Liverpool Street     |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| West Ham                    | 20 44 | 20 33 | 21 06 | 20 51 | 21 14 | 21 02 | 21 36 | 21 21 | 21 44 | 21 32 | 22 09 | 21 51 | 22 14 | 22 02 | 22 38 | 22 22 | 22 44 | 22 32 | 22 51 | 23 06 | 23 14 | 23 21 | 23 38 | 23 44 | 23 51 | 00 08 |
| Limehouse                   | 20 49 | 20 38 | 21 11 | 20 56 | 21 19 | 21 07 | 21 41 | 21 26 | 21 49 | 21 37 | 22 14 | 21 56 | 22 19 | 22 07 | 22 43 | 22 27 | 22 49 | 22 37 | 22 56 | 23 11 | 23 19 | 23 26 | 23 43 | 23 49 | 23 56 | 00 13 |
| London Fenchurch Street     | 20 54 | 20 44 | 21 15 | 21 00 | 21 24 | 21 12 | 21 45 | 21 30 | 21 54 | 21 42 | 22 18 | 22 00 | 22 25 | 22 12 | 22 47 | 22 32 | 22 54 | 22 42 | 23 00 | 23 15 | 23 24 | 23 30 | 23 47 | 23 54 | 00 01 | 00 17 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

# Shoeburyness → London Fenchurch Street

Mondays to Fridays

|                                             |              |              |  |
|---------------------------------------------|--------------|--------------|--|
| Shoeburyness                                | .....        | 23 27        |  |
| Thorpe Bay                                  | .....        | 23 31        |  |
| Southend East                               | .....        | 23 33        |  |
| Southend Central (Arrival)                  | .....        | 23 36        |  |
| <b>Southend Central (Depart)</b>            | <b>23 12</b> | <b>23 36</b> |  |
| Westcliff                                   | 23 15        | 23 38        |  |
| Chalkwell                                   | 23 17        | 23 41        |  |
| Leigh-on-Sea                                | 23 20        | 23 43        |  |
| Benfleet                                    | 23 24        | 23 48        |  |
| Pitsea                                      | 23 29        | 23 51        |  |
| Basildon                                    | .....        | 23 55        |  |
| Laindon                                     | .....        | 23 58        |  |
| West Hamdon                                 | .....        | 00 03        |  |
| Stanford-le-Hope                            | 23 35        | .....        |  |
| East Tilbury                                | 23 38        | .....        |  |
| <b>Tilbury Town</b>                         | <b>23 44</b> | .....        |  |
| Grays                                       | 23 47        | .....        |  |
| Purfleet                                    | .....        | .....        |  |
| Rainham                                     | .....        | .....        |  |
| Dagenham Dock                               | .....        | .....        |  |
| Chafford Hundred (Lakeside)                 | 23 51        | .....        |  |
| Ockendon                                    | 23 55        | .....        |  |
| Upminster ⇄                                 | 00 01        | 00 08        |  |
| Barking ⇄                                   | 00 09        | 00 16        |  |
| Stratford <b>DLR</b> ⇄                      | .....        | .....        |  |
| <b>London Liverpool Street</b> ⇄            | .....        | .....        |  |
| West Ham <b>DLR</b> ⇄                       | 00 14        | 00 21        |  |
| Limehouse <b>DLR</b>                        | 00 19        | 00 26        |  |
| <b>London Fenchurch Street</b> <b>DLR</b> ⇄ | 00 24        | 00 31        |  |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

# Saturdays

**Shoeburyness → London Fenchurch Street**

| Shoeburyness                | 04 25 | 04 43 | 05 09 | 05 13 | 05 39 | 05 43 | 06 09 | 06 13 | 06 39 | 06 43 | 07 09 | 07 13 | 07 26 | 07 39 | 07 43 | 07 56 | 08 09 | 08 13 | 08 26 | and at the same time past each hour until | 21 39 | 21 43 |  |  |  |  |  |
|-----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------------------------------------------|-------|-------|--|--|--|--|--|
| Thorpe Bay                  | 04 29 | 04 47 | 05 13 | 05 17 | 05 43 | 05 47 | 06 13 | 06 17 | 06 43 | 06 47 | 07 13 | 07 17 | 07 30 | 07 43 | 07 47 | 08 00 | 08 13 | 08 17 | 08 30 |                                           | 21 43 | 21 47 |  |  |  |  |  |
| Southend East               | 04 31 | 04 49 | 05 15 | 05 19 | 05 45 | 05 49 | 06 15 | 06 19 | 06 45 | 06 49 | 07 15 | 07 19 | 07 32 | 07 45 | 07 49 | 08 02 | 08 15 | 08 19 | 08 32 |                                           | 21 45 | 21 49 |  |  |  |  |  |
| Southend Central (Arrival)  | 04 34 | 04 52 | 05 18 | 05 22 | 05 48 | 05 52 | 06 18 | 06 22 | 06 48 | 06 52 | 07 18 | 07 22 | 07 35 | 07 48 | 07 52 | 08 05 | 08 18 | 08 22 | 08 35 |                                           | 21 48 | 21 52 |  |  |  |  |  |
| Southend Central (Depart)   | 04 13 | 04 34 | 04 52 | 05 22 | 05 48 | 05 52 | 06 18 | 06 22 | 06 48 | 06 52 | 07 18 | 07 22 | 07 35 | 07 48 | 07 52 | 08 05 | 08 18 | 08 22 | 08 35 |                                           | 21 48 | 21 52 |  |  |  |  |  |
| Westcliff                   | 04 15 | 04 36 | 04 54 | 05 24 | 05 50 | 05 54 | 06 20 | 06 24 | 06 50 | 06 54 | 07 20 | 07 24 | 07 37 | 07 50 | 07 54 | 08 07 | 08 20 | 08 24 | 08 37 |                                           | 21 50 | 21 54 |  |  |  |  |  |
| Chalkwell                   | 04 17 | 04 39 | 04 57 | 05 27 | 05 53 | 05 57 | 06 23 | 06 27 | 06 53 | 06 57 | 07 23 | 07 27 | 07 40 | 07 53 | 07 57 | 08 10 | 08 23 | 08 27 | 08 40 |                                           | 21 53 | 21 57 |  |  |  |  |  |
| Leigh-on-Sea                | 04 20 | 04 41 | 05 00 | 05 30 | 05 56 | 06 00 | 06 26 | 06 30 | 06 56 | 07 00 | 07 26 | 07 30 | 07 42 | 07 56 | 08 00 | 08 12 | 08 26 | 08 30 | 08 42 |                                           | 21 56 | 22 00 |  |  |  |  |  |
| Benfleet                    | 04 24 | 04 46 | 05 05 | 05 35 | 06 01 | 06 05 | 06 31 | 06 35 | 07 01 | 07 05 | 07 31 | 07 35 | 07 47 | 08 01 | 08 05 | 08 17 | 08 31 | 08 35 | 08 47 |                                           | 22 01 | 22 05 |  |  |  |  |  |
| Pitsea                      | 04 29 | 04 49 | 05 10 | 05 34 | 05 40 | 06 04 | 06 10 | 06 34 | 06 40 | 07 04 | 07 10 | 07 34 | 07 40 | 08 04 | 08 10 | 08 34 | 08 40 | 08 53 | 09 07 |                                           | 22 04 | 22 10 |  |  |  |  |  |
| Basildon                    | 04 53 | 05 38 | 06 08 | 06 38 | 07 08 | 07 38 | 07 53 | 08 08 | 08 23 | 08 38 | 08 53 | 09 07 | 09 22 | 09 37 | 09 52 | 10 07 | 10 22 | 10 37 | 10 52 |                                           | 22 08 | 22 14 |  |  |  |  |  |
| Laindon                     | 04 56 | 05 42 | 06 12 | 06 42 | 07 12 | 07 42 | 07 57 | 08 12 | 08 27 | 08 42 | 08 57 | 09 12 | 09 27 | 09 42 | 09 57 | 10 12 | 10 27 | 10 42 | 10 57 |                                           | 22 12 | 22 18 |  |  |  |  |  |
| West Horndon                | 05 01 | 05 46 | 06 16 | 06 46 | 07 16 | 07 46 | 07 57 | 08 16 | 08 31 | 08 46 | 09 01 | 09 16 | 09 31 | 09 46 | 10 01 | 10 16 | 10 31 | 10 46 | 11 01 |                                           | 22 16 | 22 22 |  |  |  |  |  |
| Stanford-le-Hope            | 04 35 | 05 16 | 05 46 | 06 16 | 06 46 | 07 16 | 07 46 | 08 16 | 08 46 | 09 16 | 09 46 | 10 16 | 10 46 | 11 16 | 11 46 | 12 16 | 12 46 | 13 16 | 13 46 |                                           | 22 16 | 22 22 |  |  |  |  |  |
| East Tilbury                | 04 38 | 05 20 | 05 50 | 06 20 | 06 50 | 07 20 | 07 50 | 08 20 | 08 50 | 09 20 | 09 50 | 10 20 | 10 50 | 11 20 | 11 50 | 12 20 | 12 50 | 13 20 | 13 50 |                                           | 22 20 | 22 26 |  |  |  |  |  |
| Tilbury Town                | 04 44 | 05 26 | 05 56 | 06 26 | 06 56 | 07 26 | 07 56 | 08 26 | 08 56 | 09 26 | 09 56 | 10 26 | 10 56 | 11 26 | 11 56 | 12 26 | 12 56 | 13 26 | 13 56 |                                           | 22 26 | 22 32 |  |  |  |  |  |
| Grays                       | 04 48 | 05 30 | 05 52 | 06 00 | 06 22 | 06 30 | 06 52 | 07 00 | 07 22 | 07 30 | 07 52 | 08 00 | 08 22 | 08 30 | 08 52 | 09 00 | 09 22 | 09 30 | 09 52 |                                           | 22 30 | 22 36 |  |  |  |  |  |
| Purfleet                    | 05 58 | 06 28 | 06 58 | 07 28 | 07 58 | 08 28 | 08 58 | 09 28 | 09 58 | 10 28 | 10 58 | 11 28 | 11 58 | 12 28 | 12 58 | 13 28 | 13 58 | 14 28 | 14 58 |                                           | 22 36 | 22 42 |  |  |  |  |  |
| Rainham                     | 06 03 | 06 33 | 07 03 | 07 33 | 08 03 | 08 33 | 09 03 | 09 33 | 10 03 | 10 33 | 11 03 | 11 33 | 12 03 | 12 33 | 13 03 | 13 33 | 14 03 | 14 33 | 15 03 |                                           | 22 42 | 22 48 |  |  |  |  |  |
| Dagenham Dock               | 06 06 | 06 36 | 07 06 | 07 36 | 08 06 | 08 36 | 09 06 | 09 36 | 10 06 | 10 36 | 11 06 | 11 36 | 12 06 | 12 36 | 13 06 | 13 36 | 14 06 | 14 36 | 15 06 | 22 48                                     | 22 54 |       |  |  |  |  |  |
| Chafford Hundred (Lakeside) | 04 51 | 05 34 | 06 04 | 06 34 | 07 04 | 07 34 | 08 04 | 08 34 | 09 04 | 09 34 | 10 04 | 10 34 | 11 04 | 11 34 | 12 04 | 12 34 | 13 04 | 13 34 | 14 04 | 22 54                                     | 23 00 |       |  |  |  |  |  |
| Ockendon                    | 04 55 | 05 38 | 06 08 | 06 38 | 07 08 | 07 38 | 08 08 | 08 38 | 09 08 | 09 38 | 10 08 | 10 38 | 11 08 | 11 38 | 12 08 | 12 38 | 13 08 | 13 38 | 14 08 | 23 00                                     | 23 06 |       |  |  |  |  |  |
| Upminster                   | 05 02 | 05 06 | 05 44 | 05 52 | 06 14 | 06 22 | 06 44 | 06 52 | 07 14 | 07 22 | 07 44 | 07 52 | 08 14 | 08 22 | 08 44 | 08 52 | 09 14 | 09 22 | 09 44 | 23 06                                     | 23 12 |       |  |  |  |  |  |
| Barking                     | 05 10 | 05 14 | 05 53 | 06 00 | 06 12 | 06 23 | 06 30 | 06 42 | 06 53 | 07 00 | 07 12 | 07 23 | 07 30 | 07 42 | 07 53 | 08 00 | 08 12 | 08 23 | 08 30 | 23 12                                     | 23 18 |       |  |  |  |  |  |
| Stratford                   | 08 26 | 08 33 | 08 56 | 09 03 | 09 26 | 09 33 | 09 56 | 10 03 | 10 26 | 10 33 | 10 56 | 11 03 | 11 26 | 11 33 | 11 56 | 12 03 | 12 26 | 12 33 | 12 56 | 23 18                                     | 23 24 |       |  |  |  |  |  |
| London Liverpool Street     | 08 33 | 09 03 | 09 26 | 09 33 | 09 56 | 10 03 | 10 26 | 10 33 | 10 56 | 11 03 | 11 26 | 11 33 | 11 56 | 12 03 | 12 26 | 12 33 | 12 56 | 13 03 | 13 26 | 23 24                                     | 23 30 |       |  |  |  |  |  |
| West Ham                    | 05 15 | 05 19 | 05 58 | 06 06 | 06 18 | 06 28 | 06 36 | 06 48 | 06 58 | 07 06 | 07 18 | 07 28 | 07 36 | 07 48 | 07 58 | 08 06 | 08 18 | 08 28 | 08 36 | 23 30                                     | 23 36 |       |  |  |  |  |  |
| Limehouse                   | 05 20 | 05 24 | 06 03 | 06 11 | 06 23 | 06 33 | 06 41 | 06 53 | 07 03 | 07 11 | 07 23 | 07 33 | 07 41 | 07 53 | 08 03 | 08 11 | 08 23 | 08 33 | 08 41 | 23 36                                     | 23 42 |       |  |  |  |  |  |
| London Fenchurch Street     | 05 25 | 05 29 | 06 07 | 06 15 | 06 27 | 06 37 | 06 45 | 06 57 | 07 07 | 07 15 | 07 27 | 07 37 | 07 45 | 07 57 | 08 07 | 08 15 | 08 27 | 08 37 | 08 45 | 23 42                                     | 23 48 |       |  |  |  |  |  |

and at the same time past each hour until

# Shoeburyness → London Fenchurch Street

Saturdays

|                                  |       |       |       |       |       |       |       |       |       |       |       |
|----------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                     | 21 56 | 22 09 | ..... | 22 13 | 22 26 | 22 39 | ..... | 22 43 | 23 09 | 23 29 | 23 33 |
| Thorpe Bay                       | 22 00 | 22 13 | ..... | 22 17 | 22 30 | 22 43 | ..... | 22 47 | 23 13 | 23 33 | 23 37 |
| Southend East                    | 22 02 | 22 15 | ..... | 22 19 | 22 32 | 22 45 | ..... | 22 49 | 23 15 | 23 35 | 23 39 |
| Southend Central (Arrival)       | 22 05 | 22 18 | ..... | 22 22 | 22 35 | 22 48 | ..... | 22 52 | 23 18 | 23 38 | 23 42 |
| <b>Southend Central (Depart)</b> | 22 05 | 22 18 | ..... | 22 22 | 22 35 | 22 48 | ..... | 22 52 | 23 18 | 23 38 | 23 42 |
| Westcliff                        | 22 07 | 22 20 | ..... | 22 24 | 22 37 | 22 50 | ..... | 22 54 | 23 20 | 23 40 | 23 44 |
| Chalkwell                        | 22 10 | 22 23 | ..... | 22 27 | 22 40 | 22 53 | ..... | 22 57 | 23 23 | 23 43 | 23 47 |
| Leigh-on-Sea                     | 22 12 | 22 26 | ..... | 22 30 | 22 42 | 22 56 | ..... | 23 00 | 23 26 | 23 46 | 23 50 |
| Benfleet                         | 22 17 | 22 31 | ..... | 22 35 | 22 47 | 23 01 | ..... | 23 05 | 23 31 | 23 51 | 23 54 |
| Pitsea                           | ..... | 22 34 | ..... | 22 40 | ..... | 23 04 | ..... | 23 10 | 23 34 | 23 54 | 23 59 |
| Basildon                         | 22 23 | 22 38 | ..... | ..... | 22 53 | 23 08 | ..... | ..... | 23 38 | 23 58 | ..... |
| Laindon                          | 22 27 | 22 42 | ..... | ..... | 22 57 | 23 12 | ..... | ..... | 23 42 | 00 01 | ..... |
| West Horndon                     | ..... | 22 46 | ..... | ..... | ..... | 23 16 | ..... | ..... | 23 46 | 00 06 | ..... |
| Stanford-le-Hope                 | ..... | ..... | ..... | 22 46 | ..... | ..... | ..... | 23 16 | ..... | ..... | 00 05 |
| East Tilbury                     | ..... | ..... | ..... | 22 50 | ..... | ..... | ..... | 23 20 | ..... | ..... | 00 09 |
| <b>Tilbury Town</b>              | ..... | ..... | ..... | 22 56 | ..... | ..... | ..... | 23 26 | ..... | ..... | 00 15 |
| Grays                            | ..... | 22 52 | 23 00 | ..... | ..... | 23 22 | 23 30 | ..... | ..... | ..... | 00 19 |
| Purfleet                         | ..... | 22 58 | ..... | ..... | ..... | 23 28 | ..... | ..... | ..... | ..... | ..... |
| Rainham                          | ..... | 23 03 | ..... | ..... | ..... | 23 33 | ..... | ..... | ..... | ..... | ..... |
| Dagenham Dock                    | ..... | 23 06 | ..... | ..... | ..... | 23 36 | ..... | ..... | ..... | ..... | ..... |
| Chafford Hundred (Lakeside)      | ..... | ..... | ..... | 23 04 | ..... | ..... | ..... | 23 34 | ..... | ..... | 00 24 |
| Ockendon                         | ..... | ..... | ..... | 23 08 | ..... | ..... | ..... | 23 38 | ..... | ..... | 00 28 |
| Upminster                        | 22 36 | 22 52 | ..... | 23 14 | 23 06 | 23 22 | ..... | 23 44 | 23 52 | 00 11 | 00 34 |
| Barking                          | 22 46 | 23 01 | 23 12 | 23 23 | 23 16 | 23 30 | 23 42 | 23 53 | 23 59 | 00 20 | 00 42 |
| Stratford                        | 22 56 | ..... | ..... | ..... | 23 26 | ..... | ..... | ..... | ..... | ..... | ..... |
| <b>London Liverpool Street</b>   | 23 03 | ..... | ..... | ..... | 23 33 | ..... | ..... | ..... | ..... | ..... | ..... |
| West Ham                         | ..... | 23 07 | 23 18 | 23 28 | ..... | 23 36 | 23 48 | 23 58 | 00 06 | 00 25 | ..... |
| Limehouse                        | ..... | 23 12 | 23 23 | 23 33 | ..... | 23 41 | 23 53 | 00 03 | 00 11 | 00 30 | ..... |
| <b>London Fenchurch Street</b>   | ..... | 23 16 | 23 27 | 23 37 | ..... | 23 45 | 23 59 | 00 08 | 00 15 | 00 35 | ..... |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

# Sundays

**Shoeburyness → London Fenchurch Street**

# Shoeburyness → London Fenchurch Street

Sundays

| Shoeburyness                                                                                              | 05 40 | 06 02 | 06 10 | 06 26 | 06 43 | 06 56 |       | 07 13 | 07 26 |       | 07 43 | 07 56 | ..... | 08 13 | 08 26 | ..... | 08 43 | 08 56 | ..... | and<br>at<br>the<br>same<br>time<br>past<br>each<br>hour<br>until | 20 13 | 20 26 | ..... | 20 43 |       |  |  |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------------------------------------------------------------------|-------|-------|-------|-------|-------|--|--|
| Thorpe Bay                                                                                                | 05 44 | 06 06 | 06 14 | 06 30 | 06 47 | 07 00 |       | 07 17 | 07 30 |       | 07 47 | 08 00 | ..... | 08 17 | 08 30 | ..... | 08 47 | 09 00 | ..... |                                                                   | 20 17 | 20 30 | ..... | 20 47 |       |  |  |
| Southend East                                                                                             | 05 46 | 06 08 | 06 16 | 06 32 | 06 49 | 07 02 |       | 07 19 | 07 32 |       | 07 49 | 08 02 | ..... | 08 19 | 08 32 | ..... | 08 49 | 09 02 | ..... |                                                                   | 20 19 | 20 32 | ..... | 20 49 |       |  |  |
| Southend Central (Arrival)                                                                                | 05 49 | 06 11 | 06 19 | 06 35 | 06 52 | 07 05 |       | 07 22 | 07 35 |       | 07 52 | 08 05 | ..... | 08 22 | 08 35 | ..... | 08 52 | 09 05 | ..... |                                                                   | 20 22 | 20 35 | ..... | 20 52 |       |  |  |
| Southend Central (Depart)                                                                                 | 05 49 | 06 11 | 06 19 | 06 35 | 06 52 | 07 05 |       | 07 22 | 07 35 |       | 07 52 | 08 05 | ..... | 08 22 | 08 35 | ..... | 08 52 | 09 05 | ..... |                                                                   | 20 22 | 20 35 | ..... | 20 52 |       |  |  |
| Westcliff                                                                                                 | 05 51 | 06 13 | 06 21 | 06 37 | 06 54 | 07 07 |       | 07 24 | 07 37 |       | 07 54 | 08 07 | ..... | 08 24 | 08 37 | ..... | 08 54 | 09 07 | ..... |                                                                   | 20 24 | 20 37 | ..... | 20 54 |       |  |  |
| Chalkwell                                                                                                 | 05 54 | 06 16 | 06 24 | 06 40 | 06 57 | 07 10 |       | 07 27 | 07 40 |       | 07 57 | 08 10 | ..... | 08 27 | 08 40 | ..... | 08 57 | 09 10 | ..... |                                                                   | 20 27 | 20 40 | ..... | 20 57 |       |  |  |
| Leigh-on-Sea                                                                                              | 05 56 | 06 19 | 06 26 | 06 42 | 07 00 | 07 12 |       | 07 30 | 07 42 |       | 08 00 | 08 12 | ..... | 08 30 | 08 42 | ..... | 09 00 | 09 12 | ..... |                                                                   | 20 30 | 20 42 | ..... | 21 00 |       |  |  |
| Benfleet                                                                                                  | 06 01 | 06 24 | 06 31 | 06 47 | 07 05 | 07 17 |       | 07 35 | 07 47 |       | 08 05 | 08 17 | ..... | 08 35 | 08 47 | ..... | 09 05 | 09 17 | ..... |                                                                   | 20 35 | 20 47 | ..... | 21 05 |       |  |  |
| Pitsea                                                                                                    | 06 04 | 06 29 | 06 34 | 06 50 | 07 10 | 07 20 |       | 07 40 | 07 50 |       | 08 10 | 08 20 | ..... | 08 40 | 08 50 | ..... | 09 10 | 09 20 | ..... |                                                                   | 20 40 | 20 50 | ..... | 21 10 |       |  |  |
| Basildon                                                                                                  | 06 08 | ..... | 06 38 | 06 54 | ..... | 07 24 | ..... | ..... | 07 54 | ..... | ..... | 08 24 | ..... | ..... | 08 54 | ..... | ..... | 09 24 | ..... |                                                                   | ..... | 20 54 | ..... | ..... |       |  |  |
| Laindon                                                                                                   | 06 11 | ..... | 06 41 | 06 57 | ..... | 07 27 | ..... | ..... | 07 57 | ..... | ..... | 08 27 | ..... | ..... | 08 57 | ..... | ..... | 09 27 | ..... |                                                                   | ..... | 20 57 | ..... | ..... |       |  |  |
| West Horndon                                                                                              | 06 16 | ..... | 06 46 | 07 02 | ..... | 07 32 | ..... | ..... | 08 02 | ..... | ..... | 08 32 | ..... | ..... | 09 02 | ..... | ..... | 09 32 | ..... |                                                                   | ..... | 21 02 | ..... | ..... |       |  |  |
| Stanford-le-Hope                                                                                          | ..... | 06 35 | ..... | ..... | 07 16 | ..... | ..... | 07 46 | ..... | ..... | 08 16 | ..... | ..... | 08 46 | ..... | ..... | 09 16 | ..... | ..... |                                                                   | 20 46 | ..... | ..... | 21 16 |       |  |  |
| East Tilbury                                                                                              | ..... | 06 38 | ..... | ..... | 07 19 | ..... | ..... | 07 49 | ..... | ..... | 08 19 | ..... | ..... | 08 49 | ..... | ..... | 09 19 | ..... | ..... |                                                                   | 20 49 | ..... | ..... | 21 19 |       |  |  |
| Tilbury Town                                                                                              | ..... | 06 44 | ..... | ..... | 07 25 | ..... | ..... | 07 55 | ..... | ..... | 08 25 | ..... | ..... | 08 55 | ..... | ..... | 09 25 | ..... | ..... |                                                                   | 20 55 | ..... | ..... | 21 25 |       |  |  |
| Grays                                                                                                     | ..... | 06 48 | ..... | ..... | 07 30 | ..... | ..... | 07 42 | 08 00 | ..... | 08 22 | 08 30 | ..... | 08 52 | 09 00 | ..... | 09 22 | 09 30 | ..... |                                                                   | 09 52 | 21 00 | ..... | 21 22 | 21 30 |  |  |
| Purfleet                                                                                                  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 07 48 | ..... | ..... | 08 28 | ..... | ..... | 08 58 | ..... | ..... | 09 28 | ..... | ..... |                                                                   | 09 58 | ..... | ..... | 21 28 | ..... |  |  |
| Rainham                                                                                                   | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 07 53 | ..... | ..... | 08 33 | ..... | ..... | 09 03 | ..... | ..... | 09 33 | ..... | ..... |                                                                   | 10 03 | ..... | ..... | 21 33 | ..... |  |  |
| Dagenham Dock                                                                                             | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 07 56 | ..... | ..... | 08 37 | ..... | ..... | 09 07 | ..... | ..... | 09 37 | ..... | ..... |                                                                   | 10 07 | ..... | ..... | 21 37 | ..... |  |  |
| Chafford Hundred (Lakeside)                                                                               | ..... | 06 51 | ..... | ..... | 07 33 | ..... | ..... | 08 03 | ..... | ..... | 08 33 | ..... | ..... | 09 03 | ..... | ..... | 09 33 | ..... | ..... |                                                                   | 21 03 | ..... | ..... | 21 33 |       |  |  |
| Ockendon                                                                                                  | ..... | 06 55 | ..... | ..... | 07 37 | ..... | ..... | 08 07 | ..... | ..... | 08 37 | ..... | ..... | 09 07 | ..... | ..... | 09 37 | ..... | ..... |                                                                   | 21 07 | ..... | ..... | 21 37 |       |  |  |
| Upminster                | 06 21 | 07 02 | 06 51 | 07 07 | 07 44 | 07 37 |       | 08 14 | 08 07 |       | 08 44 | 08 37 | ..... | 09 14 | 09 07 |       | 09 44 | 09 37 | ..... |                                                                   | 21 14 | 21 07 |       | 21 44 |       |  |  |
| Barking                  | 06 29 | 07 11 | 06 59 | 07 15 | 07 53 | 07 45 | 08 02 | 08 23 | 08 15 | 08 42 | 08 53 | 08 46 | 09 12 | 09 23 | 09 17 | 09 42 | 09 53 | 09 47 | 10 12 |                                                                   | 21 23 | 21 17 | 21 42 | 21 53 |       |  |  |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 09 26 | ..... | ..... | 09 56 | ..... |                                                                   | ..... | 21 26 | ..... | ..... |       |  |  |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 09 33 | ..... | ..... | 10 03 | ..... |                                                                   | ..... | 21 33 | ..... | ..... |       |  |  |
| West Ham                 | 06 34 | 07 16 | 07 04 | 07 20 | 07 58 | 07 50 | 08 08 | 08 28 | 08 20 | 08 48 | 08 58 | 08 51 | 09 18 | 09 28 | ..... | 09 48 | 09 58 | ..... | 10 18 |                                                                   | 21 28 | ..... | 21 48 | 21 58 |       |  |  |
| Limehouse                | 06 39 | 07 21 | 07 09 | 07 25 | 08 03 | 07 55 | 08 13 | 08 33 | 08 25 | 08 53 | 09 03 | 08 56 | 09 23 | 09 33 | ..... | 09 53 | 10 03 | ..... | 10 23 |                                                                   | 21 33 | ..... | 21 53 | 22 03 |       |  |  |
| London Fenchurch Street  | 06 44 | 07 26 | 07 14 | 07 30 | 08 07 | 08 00 | 08 17 | 08 37 | 08 30 | 08 57 | 09 07 | 09 00 | 09 27 | 09 37 | ..... | 09 57 | 10 07 | ..... | 10 27 |                                                                   | 21 37 | ..... | 21 58 | 22 07 |       |  |  |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

|                                                                                                                  |       |       |       |       |       |       |       |       |       |       |
|------------------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Shoeburyness                                                                                                     | 20 56 | ..... | 21 13 | 21 26 | 21 43 | 21 56 | ..... | 22 10 | 22 26 | 22 40 |
| Thorpe Bay                                                                                                       | 21 00 | ..... | 21 17 | 21 30 | 21 47 | 22 00 | ..... | 22 14 | 22 30 | 22 44 |
| Southend East                                                                                                    | 21 02 | ..... | 21 19 | 21 32 | 21 49 | 22 02 | ..... | 22 16 | 22 32 | 22 46 |
| Southend Central (Arrival)                                                                                       | 21 05 | ..... | 21 22 | 21 35 | 21 52 | 22 05 | ..... | 22 19 | 22 35 | 22 49 |
| <b>Southend Central (Depart)</b>                                                                                 | 21 05 | ..... | 21 22 | 21 35 | 21 52 | 22 05 | ..... | 22 19 | 22 35 | 22 49 |
| Westcliff                                                                                                        | 21 07 | ..... | 21 24 | 21 37 | 21 54 | 22 07 | ..... | 22 21 | 22 37 | 22 51 |
| Chalkwell                                                                                                        | 21 10 | ..... | 21 27 | 21 40 | 21 57 | 22 10 | ..... | 22 24 | 22 40 | 22 54 |
| Leigh-on-Sea                                                                                                     | 21 12 | ..... | 21 30 | 21 42 | 22 00 | 22 12 | ..... | 22 26 | 22 43 | 22 56 |
| Benfleet                                                                                                         | 21 17 | ..... | 21 35 | 21 47 | 22 05 | 22 17 | ..... | 22 31 | 22 48 | 23 01 |
| Pitsea                                                                                                           | 21 20 | ..... | 21 40 | 21 50 | 22 10 | 22 20 | ..... | 22 34 | 22 53 | 23 04 |
| Basildon                                                                                                         | 21 24 | ..... | ..... | 21 54 | ..... | 22 24 | ..... | 22 38 | ..... | 23 08 |
| Laindon                                                                                                          | 21 27 | ..... | ..... | 21 57 | ..... | 22 27 | ..... | 22 41 | ..... | 23 11 |
| West Horndon                                                                                                     | 21 32 | ..... | ..... | 22 02 | ..... | 22 32 | ..... | 22 46 | ..... | 23 16 |
| Stanford-le-Hope                                                                                                 | ..... | ..... | 21 46 | ..... | 22 16 | ..... | ..... | 22 59 | ..... | ..... |
| East Tilbury                                                                                                     | ..... | ..... | 21 49 | ..... | 22 19 | ..... | ..... | 23 02 | ..... | ..... |
| <b>Tilbury Town</b>                                                                                              | ..... | ..... | 21 55 | ..... | 22 25 | ..... | ..... | 23 08 | ..... | ..... |
| Grays                                                                                                            | ..... | 21 52 | 22 00 | ..... | 22 30 | ..... | 22 35 | ..... | 23 12 | ..... |
| Purfleet                                                                                                         | ..... | 21 58 | ..... | ..... | ..... | ..... | 22 41 | ..... | ..... | ..... |
| Rainham                                                                                                          | ..... | 22 03 | ..... | ..... | ..... | ..... | 22 46 | ..... | ..... | ..... |
| Dagenham Dock                                                                                                    | ..... | 22 07 | ..... | ..... | ..... | ..... | 22 50 | ..... | ..... | ..... |
| Chafford Hundred (Lakeside)                                                                                      | ..... | ..... | 22 03 | ..... | 22 33 | ..... | ..... | 23 15 | ..... | ..... |
| Ockendon                                                                                                         | ..... | ..... | 22 07 | ..... | 22 37 | ..... | ..... | 23 19 | ..... | ..... |
| Upminster                       | 21 37 | ..... | 22 14 | 22 07 | 22 44 | 22 37 | ..... | 22 51 | 23 26 | 23 21 |
| Barking                         | 21 47 | 22 12 | 22 23 | 22 17 | 22 53 | 22 47 | 22 56 | 23 00 | 23 35 | 23 30 |
| Stratford                       | 21 56 | ..... | ..... | 22 26 | ..... | 22 56 | ..... | ..... | ..... | ..... |
| <b>London Liverpool Street </b> | 22 03 | ..... | ..... | 22 33 | ..... | 23 03 | ..... | ..... | ..... | ..... |
| West Ham                        | ..... | 22 18 | 22 28 | ..... | 22 58 | ..... | 23 02 | 23 05 | 23 40 | 23 35 |
| Limehouse                       | ..... | 22 23 | 22 33 | ..... | 23 03 | ..... | 23 07 | 23 10 | 23 45 | 23 40 |
| <b>London Fenchurch Street </b> | ..... | 22 28 | 22 37 | ..... | 23 07 | ..... | 23 12 | 23 14 | 23 50 | 23 45 |

# Mondays to Fridays

**London Fenchurch Street → Shoeburyness**

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | ..... | 05 00 | ..... | 05 07 | 05 22 | 05 30 | 05 40 | ..... | 05 58 | 06 04 | 06 08 | 06 16 | 06 26 | 06 33 | 06 37 | 06 42 | 06 48 | 06 56 | 06 59 | 07 02 | 07 07 | 07 12 | 07 17 | 07 20 | 07 26 | 07 29 |
| Limehouse                | ..... | 05 04 | ..... | 05 11 | 05 26 | 05 34 | 05 44 | ..... | 06 02 | 06 08 | 06 13 | 06 21 | 06 30 | 06 38 | 06 41 | ..... | 06 52 | ..... | ..... | 07 06 | 07 12 | ..... | 07 21 | 07 25 | 07 30 | 07 33 |
| West Ham                 | ..... | 05 09 | ..... | 05 16 | 05 31 | 05 39 | 05 49 | ..... | 06 08 | 06 13 | 06 18 | 06 26 | 06 35 | 06 44 | 06 47 | 06 52 | 06 58 | ..... | 07 08 | 07 11 | 07 17 | ..... | 07 27 | 07 30 | 07 35 | 07 38 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 04 52 | 05 14 | 05 19 | 05 22 | 05 37 | 05 44 | 05 54 | 05 59 | 06 14 | 06 18 | 06 24 | 06 33 | 06 41 | 06 50 | 06 53 | 06 57 | 07 03 | 07 09 | 07 14 | 07 18 | 07 23 | 07 27 | 07 33 | 07 36 | 07 40 | 07 43 |
| Upminster                | 05 00 | 05 22 | ..... | 05 30 | ..... | 05 53 | 06 02 | ..... | ..... | 06 26 | 06 32 | ..... | 06 49 | 07 02 | ..... | 07 06 | 07 12 | ..... | 07 24 | ..... | 07 33 | ..... | ..... | 07 44 | ..... | ..... |
| Ockendon                                                                                                  | 05 06 | ..... | ..... | 05 35 | ..... | ..... | 06 08 | ..... | ..... | ..... | 06 40 | ..... | ..... | 07 10 | ..... | ..... | ..... | ..... | ..... | ..... | 07 40 | ..... | ..... | ..... | ..... | ..... |
| Chafford Hundred (Lakeside)                                                                               | 05 09 | ..... | ..... | 05 39 | ..... | ..... | 06 11 | ..... | ..... | ..... | 06 43 | ..... | ..... | 07 14 | ..... | ..... | ..... | ..... | ..... | ..... | 07 44 | ..... | ..... | ..... | ..... | ..... |
| Dagenham Dock                                                                                             | ..... | ..... | 05 23 | ..... | 05 44 | ..... | ..... | 06 03 | 06 19 | ..... | ..... | 06 38 | ..... | ..... | 06 57 | ..... | ..... | ..... | ..... | 07 22 | ..... | ..... | 07 37 | ..... | ..... | ..... |
| Rainham                                                                                                   | ..... | ..... | 05 27 | ..... | 05 48 | ..... | ..... | 06 07 | 06 23 | ..... | ..... | 06 42 | ..... | ..... | 07 01 | ..... | ..... | ..... | ..... | 07 26 | ..... | ..... | 07 41 | ..... | ..... | ..... |
| Purfleet                                                                                                  | ..... | ..... | 05 32 | ..... | 05 53 | ..... | ..... | 06 12 | 06 28 | ..... | ..... | 06 47 | ..... | ..... | 07 06 | ..... | ..... | ..... | ..... | 07 31 | ..... | ..... | 07 46 | ..... | ..... | ..... |
| Grays                                                                                                     | 05 14 | ..... | 05 38 | 05 43 | 05 59 | ..... | 06 16 | 06 19 | 06 34 | ..... | 06 48 | 06 54 | ..... | 07 21 | 07 14 | ..... | ..... | ..... | ..... | 07 38 | 07 48 | ..... | 07 53 | ..... | ..... | ..... |
| Tilbury Town                                                                                              | 05 17 | ..... | ..... | 05 46 | ..... | ..... | 06 19 | ..... | ..... | ..... | 06 51 | ..... | ..... | ..... | 07 17 | ..... | ..... | ..... | ..... | ..... | 07 51 | ..... | ..... | ..... | ..... | ..... |
| East Tilbury                                                                                              | 05 23 | ..... | ..... | 05 52 | ..... | ..... | 06 25 | ..... | ..... | ..... | 06 57 | ..... | ..... | ..... | 07 23 | ..... | ..... | ..... | ..... | ..... | 07 57 | ..... | ..... | ..... | ..... | ..... |
| Stanford-le-Hope                                                                                          | 05 27 | ..... | ..... | 05 56 | ..... | ..... | 06 28 | ..... | ..... | ..... | 07 00 | ..... | ..... | ..... | 07 27 | ..... | ..... | ..... | ..... | ..... | 08 01 | ..... | ..... | ..... | ..... | ..... |
| West Horndon                                                                                              | ..... | 05 27 | ..... | ..... | ..... | 05 58 | ..... | ..... | 06 31 | ..... | ..... | 06 54 | ..... | ..... | 07 11 | ..... | ..... | ..... | 07 29 | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Laindon                                                                                                   | ..... | 05 32 | ..... | ..... | ..... | 06 03 | ..... | ..... | 06 36 | ..... | ..... | 06 59 | ..... | ..... | 07 16 | 07 20 | 07 24 | 07 35 | ..... | ..... | ..... | ..... | 07 52 | 07 55 | 08 00 |       |
| Basildon                                                                                                  | ..... | 05 35 | ..... | ..... | ..... | 06 06 | ..... | ..... | 06 39 | ..... | ..... | 07 02 | ..... | ..... | ..... | 07 24 | ..... | 07 39 | ..... | ..... | 07 45 | ..... | 07 56 | ..... | 08 03 |       |
| Pitsea                                                                                                    | 05 35 | 05 39 | ..... | 06 04 | ..... | 06 10 | 06 38 | ..... | 06 43 | 07 08 | ..... | 07 06 | ..... | 07 38 | 07 22 | 07 27 | ..... | 07 44 | ..... | 08 09 | ..... | ..... | 07 59 | ..... | 08 06 |       |
| Benfleet                                                                                                  | 05 39 | 05 42 | ..... | 06 08 | ..... | 06 13 | 06 42 | ..... | 06 46 | ..... | ..... | 07 10 | ..... | ..... | 07 26 | 07 31 | ..... | 07 47 | ..... | ..... | ..... | ..... | 08 03 | ..... | 08 10 |       |
| Leigh-on-Sea                                                                                              | 05 43 | 05 47 | ..... | 06 13 | ..... | 06 18 | 06 46 | ..... | 06 51 | ..... | ..... | 07 14 | ..... | ..... | 07 31 | 07 36 | ..... | 07 52 | ..... | ..... | 07 55 | ..... | 08 07 | ..... | 08 14 |       |
| Chalkwell                                                                                                 | 05 46 | 05 49 | ..... | 06 15 | ..... | 06 20 | 06 49 | ..... | 06 53 | ..... | ..... | 07 17 | ..... | ..... | 07 33 | 07 39 | ..... | 07 55 | ..... | ..... | ..... | ..... | 08 10 | ..... | 08 17 |       |
| Westcliff                                                                                                 | 05 48 | 05 51 | ..... | 06 17 | ..... | 06 22 | 06 51 | ..... | 06 55 | ..... | ..... | 07 19 | ..... | ..... | 07 35 | 07 41 | ..... | 07 57 | ..... | ..... | ..... | ..... | 08 12 | ..... | 08 19 |       |
| Southend Central (Arrival)                                                                                | 05 51 | 05 54 | ..... | 06 20 | ..... | 06 25 | 06 54 | ..... | 06 58 | ..... | ..... | 07 21 | ..... | ..... | 07 38 | 07 43 | ..... | 08 00 | ..... | ..... | ..... | ..... | 08 14 | ..... | 08 21 |       |
| Southend Central (Depart)                                                                                 | ..... | 05 55 | ..... | ..... | ..... | 06 25 | ..... | ..... | 06 58 | ..... | ..... | 07 22 | ..... | ..... | 07 38 | 07 44 | ..... | 08 00 | ..... | ..... | ..... | ..... | 08 15 | ..... | 08 22 |       |
| Southend East                                                                                             | ..... | 05 57 | ..... | ..... | ..... | 06 27 | ..... | ..... | 07 00 | ..... | ..... | 07 24 | ..... | ..... | 07 40 | 07 46 | ..... | 08 02 | ..... | ..... | ..... | ..... | 08 17 | ..... | 08 24 |       |
| Thorpe Bay                                                                                                | ..... | 05 59 | ..... | ..... | ..... | 06 29 | ..... | ..... | 07 03 | ..... | ..... | 07 26 | ..... | ..... | 07 43 | 07 48 | ..... | 08 05 | ..... | ..... | ..... | ..... | 08 19 | ..... | 08 26 |       |
| Shoeburyness                                                                                              | ..... | 06 03 | ..... | ..... | ..... | 06 33 | ..... | ..... | 07 08 | ..... | ..... | 07 30 | ..... | ..... | 07 47 | 07 52 | ..... | 08 09 | ..... | ..... | ..... | ..... | 08 23 | ..... | 08 30 |       |

# London Fenchurch Street → Shoeburyness

Mondays to Fridays

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | 07 32 | 07 35 | 07 37 | 07 40 | 07 50 | 07 53 | 07 56 | 07 59 | 08 02 | 08 05 | 08 11 | 08 14 | 08 20 | 08 26 | 08 32 | 08 35 | 08 47 | 08 50 | 09 00 | 09 08 | 09 19 | 09 22 | 09 36 | 09 41 | 09 49 | 09 53 |
| Limehouse                | 07 36 | 07 39 | 07 42 | 07 44 | 07 54 | 07 57 | ..... | 08 03 | 08 06 | 08 09 | ..... | ..... | 08 24 | ..... | 08 36 | 08 40 | 08 51 | 08 54 | 09 04 | 09 13 | 09 23 | 09 27 | 09 40 | 09 45 | 09 53 | 09 57 |
| West Ham                 | 07 41 | 07 44 | 07 47 | 07 50 | 07 59 | 08 02 | 08 05 | 08 09 | 08 11 | 08 14 | 08 19 | 08 24 | 08 30 | 08 35 | 08 41 | 08 45 | 08 56 | 08 59 | 09 09 | 09 18 | 09 28 | 09 32 | 09 45 | 09 50 | 09 58 | 10 02 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 07 47 | 07 49 | 07 53 | ..... | 08 04 | 08 07 | 08 11 | 08 14 | 08 18 | 08 20 | 08 25 | 08 29 | 08 35 | 08 41 | 08 48 | 08 52 | 09 01 | 09 08 | 09 14 | 09 24 | 09 33 | 09 38 | 09 50 | 09 55 | 10 03 | 10 09 |
| Upminster                | ..... | 07 57 | ..... | 08 02 | 08 12 | ..... | 08 19 | 08 22 | ..... | 08 28 | 08 34 | 08 38 | 08 44 | 08 50 | ..... | 09 02 | 09 09 | ..... | 09 22 | 09 32 | 09 41 | ..... | 09 58 | 10 03 | 10 11 | ..... |
| Ockendon                                                                                                  | ..... | ..... | ..... | 08 10 | ..... | ..... | ..... | ..... | ..... | ..... | 08 40 | ..... | ..... | ..... | ..... | 09 10 | ..... | ..... | ..... | 09 39 | ..... | ..... | ..... | 10 09 | ..... | ..... |
| Chafford Hundred (Lakeside)                                                                               | ..... | ..... | ..... | 08 13 | ..... | ..... | ..... | ..... | ..... | ..... | 08 44 | ..... | ..... | ..... | ..... | 09 14 | ..... | ..... | ..... | 09 43 | ..... | ..... | ..... | 10 13 | ..... | ..... |
| Dagenham Dock                                                                                             | 07 52 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 08 22 | ..... | ..... | ..... | ..... | ..... | 08 52 | ..... | ..... | 09 12 | ..... | ..... | ..... | 09 42 | ..... | ..... | ..... | 10 13 |
| Rainham                                                                                                   | 07 56 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 08 26 | ..... | ..... | ..... | ..... | ..... | 08 56 | ..... | ..... | 09 16 | ..... | ..... | ..... | 09 46 | ..... | ..... | ..... | 10 17 |
| Purfleet                                                                                                  | 08 01 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 08 32 | ..... | ..... | ..... | ..... | ..... | 09 02 | ..... | ..... | 09 22 | ..... | ..... | ..... | 09 51 | ..... | ..... | ..... | 10 22 |
| Grays                                                                                                     | 08 07 | ..... | 08 10 | 08 19 | ..... | ..... | ..... | ..... | 08 38 | ..... | 08 48 | ..... | ..... | ..... | 09 08 | 09 18 | ..... | 09 28 | ..... | 09 47 | ..... | 09 58 | ..... | 10 17 | ..... | 10 28 |
| Tilbury Town                                                                                              | 08 10 | ..... | ..... | 08 22 | ..... | ..... | ..... | ..... | ..... | ..... | 08 51 | ..... | ..... | ..... | ..... | 09 21 | ..... | ..... | 09 50 | ..... | ..... | ..... | ..... | 10 20 | ..... | ..... |
| East Tilbury                                                                                              | 08 16 | ..... | ..... | 08 28 | ..... | ..... | ..... | ..... | ..... | ..... | 08 57 | ..... | ..... | ..... | ..... | 09 27 | ..... | ..... | 09 56 | ..... | ..... | ..... | ..... | 10 26 | ..... | ..... |
| Stanford-le-Hope                                                                                          | 08 19 | ..... | ..... | 08 31 | ..... | ..... | ..... | ..... | ..... | ..... | 09 00 | ..... | ..... | ..... | ..... | 09 31 | ..... | ..... | ..... | 10 00 | ..... | ..... | ..... | 10 30 | ..... | ..... |
| West Horndon                                                                                              | ..... | 08 02 | ..... | ..... | ..... | ..... | ..... | 08 27 | ..... | ..... | ..... | ..... | 08 49 | 08 56 | ..... | ..... | 09 14 | ..... | 09 27 | ..... | ..... | ..... | 10 03 | ..... | ..... | ..... |
| Laindon                                                                                                   | ..... | 08 07 | ..... | ..... | 08 20 | 08 24 | 08 28 | 08 32 | ..... | 08 36 | ..... | 08 46 | 08 53 | 09 01 | ..... | ..... | 09 19 | ..... | 09 32 | ..... | 09 49 | ..... | 10 08 | ..... | 10 19 | ..... |
| Basildon                                                                                                  | ..... | 08 10 | ..... | ..... | 08 23 | ..... | 08 31 | 08 35 | ..... | 08 39 | ..... | 08 50 | 08 57 | 09 04 | ..... | ..... | 09 22 | ..... | 09 35 | ..... | 09 53 | ..... | 10 11 | ..... | 10 23 | ..... |
| Pitsea                                                                                                    | 08 27 | 08 14 | ..... | 08 39 | 08 27 | ..... | 08 34 | 08 39 | ..... | 08 43 | 09 08 | ..... | 09 00 | 09 07 | ..... | 09 43 | 09 26 | ..... | 09 39 | 10 08 | ..... | ..... | 10 15 | 10 38 | ..... | ..... |
| Benfleet                                                                                                  | ..... | 08 17 | ..... | ..... | 08 30 | ..... | 08 38 | 08 42 | ..... | 08 46 | ..... | 08 56 | 09 04 | 09 11 | ..... | 09 47 | 09 29 | ..... | 09 42 | 10 12 | 09 58 | ..... | 10 18 | 10 42 | 10 28 | ..... |
| Leigh-on-Sea                                                                                              | ..... | 08 22 | ..... | ..... | 08 35 | ..... | 08 42 | 08 47 | ..... | 08 51 | ..... | 09 01 | 09 08 | 09 16 | ..... | 09 51 | 09 34 | ..... | 09 47 | 10 17 | 10 03 | ..... | 10 23 | 10 46 | 10 33 | ..... |
| Chalkwell                                                                                                 | ..... | 08 24 | ..... | ..... | 08 37 | ..... | 08 45 | 08 49 | ..... | 08 53 | ..... | 09 03 | 09 11 | 09 19 | ..... | 09 54 | 09 36 | ..... | 09 49 | 10 19 | 10 05 | ..... | 10 25 | 10 49 | 10 35 | ..... |
| Westcliff                                                                                                 | ..... | 08 26 | ..... | ..... | 08 39 | ..... | 08 47 | 08 51 | ..... | 08 55 | ..... | 09 05 | 09 13 | 09 21 | ..... | 09 56 | 09 38 | ..... | 09 51 | 10 21 | 10 07 | ..... | 10 27 | 10 51 | 10 37 | ..... |
| Southend Central (Arrival)                                                                                | ..... | 08 29 | ..... | ..... | 08 42 | ..... | 08 49 | 08 54 | ..... | 08 58 | ..... | 09 08 | 09 15 | 09 23 | ..... | 09 59 | 09 41 | ..... | 09 54 | 10 24 | 10 10 | ..... | 10 30 | 10 54 | 10 40 | ..... |
| Southend Central (Depart)                                                                                 | ..... | 08 29 | ..... | ..... | ..... | ..... | 08 51 | 08 54 | ..... | ..... | ..... | 09 08 | 09 16 | 09 24 | ..... | ..... | 09 41 | ..... | 09 54 | 10 24 | 10 10 | ..... | 10 30 | ..... | 10 40 | ..... |
| Southend East                                                                                             | ..... | 08 31 | ..... | ..... | ..... | ..... | 08 53 | 08 56 | ..... | ..... | ..... | 09 10 | 09 18 | 09 26 | ..... | ..... | 09 43 | ..... | 09 56 | 10 26 | 10 12 | ..... | 10 32 | ..... | 10 42 | ..... |
| Thorpe Bay                                                                                                | ..... | 08 34 | ..... | ..... | ..... | ..... | 08 55 | 08 59 | ..... | ..... | ..... | 09 13 | 09 20 | 09 28 | ..... | ..... | 09 46 | ..... | 09 59 | 10 29 | 10 15 | ..... | 10 35 | ..... | 10 45 | ..... |
| Shoeburyness                                                                                              | ..... | 08 39 | ..... | ..... | ..... | ..... | 08 59 | 09 03 | ..... | ..... | ..... | 09 17 | 09 24 | 09 34 | ..... | ..... | 09 50 | ..... | 10 03 | 10 33 | 10 19 | ..... | 10 39 | ..... | 10 49 | ..... |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | 10 04 | 10 11 | 10 19 | 10 24 | 10 34 | 10 41 | 10 49 | 10 53 | 11 04 | 11 12 | 11 19 | 11 24 | 11 34 | 11 39 | 11 49 | 11 53 | 12 04 | 12 11 | 12 19 | 12 23 | 12 34 | 12 41 | 12 49 | 12 53 | 13 04 | 13 11 |
| Limehouse                | 10 08 | 10 15 | 10 23 | 10 28 | 10 38 | 10 45 | 10 53 | 10 57 | 11 08 | 11 16 | 11 23 | 11 28 | 11 38 | 11 43 | 11 53 | 11 57 | 12 08 | 12 15 | 12 23 | 12 27 | 12 38 | 12 45 | 12 53 | 12 57 | 13 08 | 13 15 |
| West Ham                 | 10 13 | 10 20 | 10 28 | 10 33 | 10 43 | 10 50 | 10 58 | 11 02 | 11 13 | 11 21 | 11 28 | 11 33 | 11 43 | 11 48 | 11 58 | 12 02 | 12 13 | 12 20 | 12 28 | 12 32 | 12 43 | 12 50 | 12 58 | 13 02 | 13 13 | 13 20 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 10 18 | 10 25 | 10 33 | 10 39 | 10 48 | 10 55 | 11 03 | 11 08 | 11 18 | 11 26 | 11 33 | 11 39 | 11 48 | 11 53 | 12 03 | 12 08 | 12 18 | 12 25 | 12 33 | 12 38 | 12 48 | 12 55 | 13 03 | 13 08 | 13 18 | 13 25 |
| Upminster                | 10 26 | 10 33 | 10 41 | ..... | 10 56 | 11 03 | 11 11 | ..... | 11 26 | 11 34 | 11 41 | ..... | 11 56 | 12 02 | 12 11 | ..... | 12 26 | 12 33 | 12 41 | ..... | 12 56 | 13 03 | 13 11 | ..... | 13 26 | 13 34 |
| Ockendon                                                                                                  | ..... | 10 39 | ..... | ..... | ..... | 11 09 | ..... | ..... | ..... | 11 40 | ..... | ..... | ..... | 12 07 | ..... | ..... | ..... | 12 39 | ..... | ..... | ..... | 13 09 | ..... | ..... | ..... | 13 39 |
| Chafford Hundred (Lakeside)                                                                               | ..... | 10 43 | ..... | ..... | ..... | 11 13 | ..... | ..... | ..... | 11 44 | ..... | ..... | ..... | 12 11 | ..... | ..... | ..... | 12 43 | ..... | ..... | ..... | 13 13 | ..... | ..... | ..... | 13 43 |
| Dagenham Dock                                                                                             | ..... | ..... | ..... | 10 44 | ..... | ..... | ..... | 11 12 | ..... | ..... | ..... | 11 43 | ..... | ..... | ..... | 12 12 | ..... | ..... | ..... | 12 42 | ..... | ..... | ..... | 13 14 | ..... | ..... |
| Rainham                                                                                                   | ..... | ..... | ..... | 10 47 | ..... | ..... | ..... | 11 16 | ..... | ..... | ..... | 11 47 | ..... | ..... | ..... | 12 16 | ..... | ..... | ..... | 12 46 | ..... | ..... | ..... | 13 17 | ..... | ..... |
| Purfleet                                                                                                  | ..... | ..... | ..... | 10 52 | ..... | ..... | ..... | 11 21 | ..... | ..... | ..... | 11 52 | ..... | ..... | ..... | 12 21 | ..... | ..... | ..... | 12 51 | ..... | ..... | ..... | 13 22 | ..... | ..... |
| Grays                                                                                                     | ..... | 10 47 | ..... | 10 59 | ..... | 11 17 | ..... | 11 27 | ..... | 11 48 | ..... | 11 58 | ..... | 12 17 | ..... | 12 27 | ..... | 12 47 | ..... | 12 57 | ..... | 13 17 | ..... | 13 29 | ..... | 13 47 |
| Tilbury Town                                                                                              | ..... | 10 50 | ..... | ..... | ..... | 11 20 | ..... | ..... | ..... | 11 51 | ..... | ..... | ..... | 12 20 | ..... | ..... | ..... | 12 50 | ..... | ..... | ..... | 13 20 | ..... | ..... | ..... | 13 50 |
| East Tilbury                                                                                              | ..... | 10 56 | ..... | ..... | ..... | 11 26 | ..... | ..... | ..... | 11 57 | ..... | ..... | ..... | 12 26 | ..... | ..... | ..... | 12 56 | ..... | ..... | ..... | 13 26 | ..... | ..... | ..... | 13 56 |
| Stanford-le-Hope                                                                                          | ..... | 11 00 | ..... | ..... | ..... | 11 30 | ..... | ..... | ..... | 12 01 | ..... | ..... | ..... | 12 30 | ..... | ..... | ..... | 13 00 | ..... | ..... | ..... | 13 30 | ..... | ..... | ..... | 14 00 |
| West Horndon                                                                                              | 10 31 | ..... | ..... | ..... | 11 01 | ..... | ..... | ..... | 11 31 | ..... | ..... | ..... | ..... | 12 01 | ..... | ..... | ..... | 12 31 | ..... | ..... | ..... | 13 01 | ..... | ..... | ..... | 13 31 |
| Laindon                                                                                                   | 10 36 | ..... | 10 49 | ..... | 11 06 | ..... | 11 19 | ..... | 11 36 | ..... | 11 49 | ..... | ..... | 12 06 | ..... | 12 19 | ..... | 12 36 | ..... | 12 49 | ..... | 13 06 | ..... | 13 19 | ..... | 13 36 |
| Basildon                                                                                                  | 10 39 | ..... | 10 53 | ..... | 11 09 | ..... | 11 23 | ..... | 11 39 | ..... | 11 53 | ..... | ..... | 12 09 | ..... | 12 23 | ..... | 12 39 | ..... | 12 53 | ..... | 13 09 | ..... | 13 23 | ..... | 13 39 |
| Pitsea                                                                                                    | 10 43 | 11 08 | ..... | ..... | 11 13 | 11 38 | ..... | ..... | 11 43 | 12 09 | ..... | ..... | ..... | 12 13 | 12 38 | ..... | ..... | 12 43 | 13 08 | ..... | ..... | 13 13 | 13 38 | ..... | 13 43 | 14 08 |
| Benfleet                                                                                                  | 10 46 | 11 12 | 10 58 | ..... | 11 16 | 11 42 | 11 28 | ..... | 11 46 | 12 13 | 11 58 | ..... | 12 16 | 12 42 | 12 28 | ..... | 12 46 | 13 12 | 12 58 | ..... | 13 16 | 13 42 | 13 28 | ..... | 13 46 | 14 12 |
| Leigh-on-Sea                                                                                              | 10 51 | 11 17 | 11 03 | ..... | 11 21 | 11 46 | 11 33 | ..... | 11 51 | 12 17 | 12 03 | ..... | 12 21 | 12 46 | 12 33 | ..... | 12 51 | 13 16 | 13 03 | ..... | 13 21 | 13 46 | 13 33 | ..... | 13 51 | 14 16 |
| Chalkwell                                                                                                 | 10 53 | 11 19 | 11 05 | ..... | 11 23 | 11 49 | 11 35 | ..... | 11 53 | 12 20 | 12 05 | ..... | 12 23 | 12 49 | 12 35 | ..... | 12 53 | 13 19 | 13 05 | ..... | 13 23 | 13 49 | 13 35 | ..... | 13 53 | 14 19 |
| Westcliff                                                                                                 | 10 55 | 11 21 | 11 07 | ..... | 11 25 | 11 51 | 11 37 | ..... | 11 55 | 12 22 | 12 07 | ..... | 12 25 | 12 51 | 12 37 | ..... | 12 55 | 13 21 | 13 07 | ..... | 13 25 | 13 51 | 13 37 | ..... | 13 55 | 14 21 |
| Southend Central (Arrival)                                                                                | 10 58 | 11 24 | 11 10 | ..... | 11 28 | 11 54 | 11 40 | ..... | 11 58 | 12 25 | 12 10 | ..... | 12 28 | 12 54 | 12 40 | ..... | 12 58 | 13 24 | 13 10 | ..... | 13 28 | 13 54 | 13 40 | ..... | 13 58 | 14 24 |
| Southend Central (Depart)                                                                                 | 10 58 | 11 24 | 11 10 | ..... | 11 28 | ..... | 11 40 | ..... | 11 58 | ..... | 12 10 | ..... | 12 28 | ..... | 12 40 | ..... | 12 58 | ..... | 13 10 | ..... | 13 28 | ..... | 13 40 | ..... | 13 58 | ..... |
| Southend East                                                                                             | 11 00 | 11 26 | 11 12 | ..... | 11 30 | ..... | 11 42 | ..... | 12 00 | ..... | 12 12 | ..... | 12 30 | ..... | 12 42 | ..... | 13 00 | ..... | 13 12 | ..... | 13 30 | ..... | 13 42 | ..... | 14 00 | ..... |
| Thorpe Bay                                                                                                | 11 03 | 11 29 | 11 15 | ..... | 11 33 | ..... | 11 45 | ..... | 12 03 | ..... | 12 15 | ..... | 12 33 | ..... | 12 45 | ..... | 13 03 | ..... | 13 15 | ..... | 13 33 | ..... | 13 45 | ..... | 14 03 | ..... |
| Shoeburyness                                                                                              | 11 07 | 11 33 | 11 19 | ..... | 11 38 | ..... | 11 49 | ..... | 12 07 | ..... | 12 19 | ..... | 12 37 | ..... | 12 49 | ..... | 13 07 | ..... | 13 19 | ..... | 13 37 | ..... | 13 49 | ..... | 14 07 | ..... |

London Fenchurch Street → Shoeburyness

**Mondays to Fridays**

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | 8     | 8     | 8     | 8     |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | 13 19 | 13 23 | 13 34 | 13 41 | 13 49 | 13 53 | 14 04 | 14 11 | 14 19 | 14 23 | 14 34 | 14 41 | 14 49 | 14 53 | 15 04 | 15 11 | 15 19 | 15 23 | 15 34 | 15 41 | 15 48 | 15 52 | 16 00 | 16 04 | 16 07 | 16 10 |
| Limehouse                | 13 23 | 13 27 | 13 38 | 13 45 | 13 53 | 13 57 | 14 08 | 14 15 | 14 23 | 14 27 | 14 38 | 14 45 | 14 53 | 14 57 | 15 08 | 15 15 | 15 23 | 15 27 | 15 38 | 15 45 | 15 52 | 15 56 | 16 05 | 16 09 | 16 12 | 16 15 |
| West Ham                 | 13 28 | 13 32 | 13 43 | 13 50 | 13 58 | 14 02 | 14 13 | 14 20 | 14 28 | 14 32 | 14 43 | 14 50 | 14 58 | 15 02 | 15 13 | 15 20 | 15 28 | 15 32 | 15 44 | 15 50 | 15 58 | 16 02 | 16 10 | 16 14 | 16 17 | 16 21 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 13 33 | 13 38 | 13 48 | 13 55 | 14 03 | 14 08 | 14 18 | 14 25 | 14 33 | 14 38 | 14 48 | 14 55 | 15 03 | 15 08 | 15 18 | 15 25 | 15 33 | 15 38 | 15 49 | 15 56 | 16 03 | 16 08 | 16 16 | 16 20 | 16 23 | 16 26 |
| Upminster                | 13 41 | ..... | 13 56 | 14 03 | 14 11 | ..... | 14 26 | 14 33 | 14 41 | ..... | 14 56 | 15 03 | 15 11 | ..... | 15 26 | 15 33 | 15 41 | ..... | 15 58 | 16 04 | 16 12 | ..... | 16 24 | ..... | 16 31 | 16 35 |
| Ockendon                                                                                                  | ..... | ..... | ..... | 14 09 | ..... | ..... | ..... | 14 39 | ..... | ..... | ..... | 15 09 | ..... | ..... | ..... | 15 39 | ..... | ..... | ..... | 16 10 | ..... | ..... | ..... | ..... | ..... | 16 40 |
| Chafford Hundred (Lakeside)                                                                               | ..... | ..... | ..... | 14 13 | ..... | ..... | ..... | 14 43 | ..... | ..... | ..... | 15 13 | ..... | ..... | ..... | 15 43 | ..... | ..... | ..... | 16 14 | ..... | ..... | ..... | ..... | ..... | 16 44 |
| Dagenham Dock                                                                                             | ..... | 13 44 | ..... | ..... | ..... | 14 12 | ..... | ..... | ..... | 14 42 | ..... | ..... | ..... | 15 12 | ..... | ..... | ..... | 15 43 | ..... | ..... | ..... | 16 12 | ..... | 16 25 | ..... | ..... |
| Rainham                                                                                                   | ..... | 13 47 | ..... | ..... | ..... | 14 16 | ..... | ..... | ..... | 14 46 | ..... | ..... | ..... | 15 16 | ..... | ..... | ..... | 15 46 | ..... | ..... | ..... | 16 16 | ..... | 16 29 | ..... | ..... |
| Purfleet                                                                                                  | ..... | 13 52 | ..... | ..... | ..... | 14 21 | ..... | ..... | ..... | 14 51 | ..... | ..... | ..... | 15 21 | ..... | ..... | ..... | 15 51 | ..... | ..... | ..... | 16 21 | ..... | 16 34 | ..... | ..... |
| Grays                                                                                                     | ..... | 13 59 | ..... | 14 17 | ..... | 14 28 | ..... | 14 47 | ..... | 14 57 | ..... | 15 17 | ..... | 15 27 | ..... | 15 47 | ..... | 15 57 | ..... | 16 19 | ..... | 16 29 | ..... | 16 40 | ..... | 16 49 |
| Tilbury Town                                                                                              | ..... | ..... | ..... | 14 20 | ..... | ..... | ..... | 14 50 | ..... | ..... | ..... | 15 20 | ..... | ..... | ..... | 15 50 | ..... | ..... | ..... | 16 22 | ..... | ..... | ..... | ..... | ..... | 16 52 |
| East Tilbury                                                                                              | ..... | ..... | ..... | 14 26 | ..... | ..... | ..... | 14 56 | ..... | ..... | ..... | 15 26 | ..... | ..... | ..... | 15 56 | ..... | ..... | ..... | 16 28 | ..... | ..... | ..... | ..... | ..... | 16 58 |
| Stanford-le-Hope                                                                                          | ..... | ..... | ..... | 14 30 | ..... | ..... | ..... | 15 00 | ..... | ..... | ..... | 15 30 | ..... | ..... | ..... | 16 00 | ..... | ..... | ..... | 16 32 | ..... | ..... | ..... | ..... | ..... | 17 01 |
| West Horndon                                                                                              | ..... | ..... | 14 01 | ..... | ..... | ..... | 14 31 | ..... | ..... | 15 01 | ..... | ..... | ..... | 15 31 | ..... | ..... | ..... | 16 03 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | 16 36 |
| Laindon                                                                                                   | 13 49 | ..... | 14 06 | ..... | 14 19 | ..... | 14 36 | ..... | 14 49 | ..... | 15 06 | ..... | 15 19 | ..... | 15 36 | ..... | 15 49 | ..... | 16 07 | ..... | 16 20 | ..... | ..... | ..... | 16 41 | ..... |
| Basildon                                                                                                  | 13 53 | ..... | 14 09 | ..... | 14 23 | ..... | 14 39 | ..... | 14 53 | ..... | 15 09 | ..... | 15 23 | ..... | 15 39 | ..... | 15 53 | ..... | 16 10 | ..... | 16 23 | ..... | 16 34 | ..... | 16 45 | ..... |
| Pitsea                                                                                                    | ..... | ..... | 14 13 | 14 38 | ..... | ..... | 14 43 | 15 08 | ..... | ..... | 15 13 | 15 38 | ..... | ..... | 15 43 | 16 08 | ..... | ..... | 16 14 | 16 40 | ..... | ..... | ..... | ..... | 16 48 | 17 09 |
| Benfleet                                                                                                  | 13 58 | ..... | 14 16 | 14 42 | 14 28 | ..... | 14 46 | 15 12 | 14 58 | ..... | 15 16 | 15 42 | 15 28 | ..... | 15 46 | 16 12 | 15 58 | ..... | 16 17 | ..... | 16 29 | ..... | 16 40 | ..... | 16 52 | ..... |
| Leigh-on-Sea                                                                                              | 14 03 | ..... | 14 21 | 14 46 | 14 33 | ..... | 14 51 | 15 16 | 15 03 | ..... | 15 21 | 15 46 | 15 33 | ..... | 15 51 | 16 16 | 16 03 | ..... | 16 22 | ..... | 16 34 | ..... | 16 45 | ..... | 16 57 | ..... |
| Chalkwell                                                                                                 | 14 05 | ..... | 14 23 | 14 49 | 14 35 | ..... | 14 53 | 15 19 | 15 05 | ..... | 15 23 | 15 49 | 15 35 | ..... | 15 53 | 16 19 | 16 05 | ..... | 16 24 | ..... | 16 37 | ..... | 16 47 | ..... | 17 00 | ..... |
| Westcliff                                                                                                 | 14 07 | ..... | 14 25 | 14 51 | 14 37 | ..... | 14 55 | 15 21 | 15 07 | ..... | 15 25 | 15 51 | 15 37 | ..... | 15 55 | 16 21 | 16 07 | ..... | 16 27 | ..... | 16 39 | ..... | 16 49 | ..... | 17 02 | ..... |
| Southend Central (Arrival)                                                                                | 14 10 | ..... | 14 28 | 14 54 | 14 40 | ..... | 14 58 | 15 24 | 15 10 | ..... | 15 28 | 15 54 | 15 40 | ..... | 15 58 | 16 24 | 16 10 | ..... | 16 29 | ..... | 16 41 | ..... | 16 52 | ..... | 17 04 | ..... |
| Southend Central (Depart)                                                                                 | 14 10 | ..... | 14 28 | ..... | 14 40 | ..... | 14 58 | ..... | 15 10 | ..... | 15 28 | ..... | 15 40 | ..... | 15 58 | ..... | 16 10 | ..... | 16 30 | ..... | 16 42 | ..... | 16 52 | ..... | 17 05 | ..... |
| Southend East                                                                                             | 14 12 | ..... | 14 30 | ..... | 14 42 | ..... | 15 00 | ..... | 15 12 | ..... | 15 30 | ..... | 15 42 | ..... | 16 00 | ..... | 16 12 | ..... | 16 32 | ..... | 16 44 | ..... | 16 54 | ..... | 17 07 | ..... |
| Thorpe Bay                                                                                                | 14 15 | ..... | 14 33 | ..... | 14 45 | ..... | 15 03 | ..... | 15 15 | ..... | 15 33 | ..... | 15 45 | ..... | 16 03 | ..... | 16 18 | ..... | 16 34 | ..... | 16 46 | ..... | 16 57 | ..... | 17 09 | ..... |
| Shoeburyness                                                                                              | 14 19 | ..... | 14 37 | ..... | 14 49 | ..... | 15 07 | ..... | 15 20 | ..... | 15 37 | ..... | 15 49 | ..... | 16 07 | ..... | 16 22 | ..... | 16 38 | ..... | 16 52 | ..... | 17 01 | ..... | 17 13 | ..... |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

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Passengers can arrive earlier at highlighted stations by catching a later service. Please check adjacent columns for these journeys.

Doors may be closed up to 30 seconds prior to the advertised departure time.

 Only folding bikes allowed.

London Fenchurch Street → Shoeburyness

**Mondays to Fridays**

|                                                                                                           |  |  |  |  |  |  |  |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                                                                                                           | 8                                                                                 | 8                                                                                 | 12                                                                                | 8                                                                                 | 8                                                                                 | 8                                                                                 | 8                                                                                 | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 8     | 5     |       |       |       |       |       |       |       |
| London Fenchurch Street  | 18 07                                                                             | 18 10                                                                             | 18 16                                                                             | 18 19                                                                             | 18 22                                                                             | 18 30                                                                             | 18 34                                                                             | 18 40 | 18 46 | 18 51 | 18 55 | 19 07 | 19 11 | 19 18 | 19 23 | 19 35 | 19 41 | 19 49 | 19 53 | 20 05 | 20 11 | 20 19 | 20 23 | 20 34 | 20 40 | 20 49 |
| Limehouse                | 18 12                                                                             | 18 15                                                                             | 18 21                                                                             | 18 24                                                                             | 18 27                                                                             | 18 35                                                                             | 18 39                                                                             | 18 45 | 18 51 | 18 56 | 19 00 | 19 12 | 19 15 | 19 23 | 19 27 | 19 39 | 19 45 | 19 53 | 19 57 | 20 09 | 20 15 | 20 23 | 20 27 | 20 38 | 20 45 | 20 53 |
| West Ham                 | 18 17                                                                             | 18 20                                                                             | 18 26                                                                             | 18 29                                                                             | 18 32                                                                             | 18 40                                                                             | 18 44                                                                             | 18 50 | 18 56 | 19 01 | 19 05 | 19 17 | 19 21 | 19 28 | 19 32 | 19 44 | 19 50 | 19 58 | 20 02 | 20 14 | 20 20 | 20 28 | 20 32 | 20 43 | 20 50 | 20 58 |
| London Liverpool Street  | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 18 23                                                                             | 18 26                                                                             | .....                                                                             | 18 35                                                                             | 18 38                                                                             | .....                                                                             | 18 50                                                                             | 18 56 | ..... | 19 08 | 19 11 | 19 23 | 19 26 | 19 34 | 19 38 | 19 50 | 19 55 | 20 04 | 20 08 | 20 19 | 20 25 | 20 33 | 20 38 | 20 48 | 20 55 | 21 03 |
| Upminster                | .....                                                                             | 18 34                                                                             | .....                                                                             | 18 44                                                                             | .....                                                                             | 18 53                                                                             | 18 58                                                                             | 19 04 | ..... | ..... | 19 19 | 19 31 | 19 34 | 19 42 | ..... | 19 58 | 20 03 | 20 12 | ..... | 20 27 | 20 33 | 20 41 | ..... | 20 56 | 21 03 | 21 11 |
| Ockendon                                                                                                  | .....                                                                             | 18 40                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 19 10 | ..... | ..... | ..... | ..... | 19 40 | ..... | ..... | ..... | 20 09 | ..... | ..... | ..... | 20 39 | ..... | ..... | ..... | 21 09 | ..... |
| Chafford Hundred (Lakeside)                                                                               | .....                                                                             | 18 44                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 19 14 | ..... | ..... | ..... | ..... | 19 44 | ..... | ..... | ..... | 20 13 | ..... | ..... | ..... | 20 43 | ..... | ..... | ..... | 21 13 | ..... |
| Dagenham Dock                                                                                             | 18 28                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 18 43                                                                             | .....                                                                             | .....                                                                             | ..... | ..... | 19 13 | ..... | ..... | ..... | ..... | 19 42 | ..... | ..... | ..... | 20 14 | ..... | ..... | ..... | ..... | 20 42 | ..... | ..... |
| Rainham                                                                                                   | 18 32                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 18 47                                                                             | .....                                                                             | .....                                                                             | ..... | ..... | 19 17 | ..... | ..... | ..... | ..... | 19 46 | ..... | ..... | ..... | 20 17 | ..... | ..... | ..... | ..... | 20 46 | ..... | ..... |
| Purfleet                                                                                                  | 18 38                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 18 53                                                                             | .....                                                                             | .....                                                                             | ..... | ..... | 19 22 | ..... | ..... | ..... | ..... | 19 51 | ..... | ..... | ..... | 20 22 | ..... | ..... | ..... | ..... | 20 51 | ..... | ..... |
| Grays                                                                                                     | 18 44                                                                             | 18 49                                                                             | .....                                                                             | .....                                                                             | 19 00                                                                             | .....                                                                             | .....                                                                             | 19 18 | ..... | 19 29 | ..... | ..... | ..... | 19 48 | ..... | 19 58 | ..... | 20 17 | ..... | 20 29 | ..... | 20 48 | ..... | 20 58 | ..... | 21 17 |
| Tilbury Town                                                                                              | 18 47                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 19 03                                                                             | .....                                                                             | .....                                                                             | 19 21 | ..... | ..... | ..... | ..... | 19 51 | ..... | ..... | ..... | 20 20 | ..... | ..... | ..... | 20 51 | ..... | ..... | ..... | 21 20 | ..... |
| East Tilbury                                                                                              | 18 53                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 19 09                                                                             | .....                                                                             | .....                                                                             | 19 27 | ..... | ..... | ..... | ..... | 19 57 | ..... | ..... | ..... | 20 26 | ..... | ..... | ..... | 20 57 | ..... | ..... | ..... | 21 26 | ..... |
| Stanford-le-Hope                                                                                          | 18 57                                                                             | .....                                                                             | .....                                                                             | .....                                                                             | 19 13                                                                             | .....                                                                             | .....                                                                             | 19 31 | ..... | ..... | ..... | ..... | 20 01 | ..... | ..... | ..... | 20 30 | ..... | ..... | ..... | 21 01 | ..... | ..... | ..... | 21 30 | ..... |
| West Horndon                                                                                              | .....                                                                             | .....                                                                             | .....                                                                             | 18 49                                                                             | .....                                                                             | .....                                                                             | 19 03                                                                             | ..... | ..... | ..... | 19 24 | 19 36 | ..... | ..... | ..... | 20 03 | ..... | ..... | ..... | 20 32 | ..... | ..... | ..... | 21 01 | ..... | ..... |
| Laindon                                                                                                   | .....                                                                             | .....                                                                             | 18 46                                                                             | 18 54                                                                             | .....                                                                             | 19 01                                                                             | 19 08                                                                             | ..... | 19 15 | ..... | 19 29 | 19 41 | ..... | 19 51 | ..... | 20 07 | ..... | 20 20 | ..... | 20 37 | ..... | 20 49 | ..... | 21 06 | ..... | 21 19 |
| Basildon                                                                                                  | .....                                                                             | .....                                                                             | .....                                                                             | 18 58                                                                             | .....                                                                             | 19 06                                                                             | 19 11                                                                             | ..... | 19 19 | ..... | 19 33 | 19 45 | ..... | 19 54 | ..... | 20 11 | ..... | 20 23 | ..... | 20 40 | ..... | 20 53 | ..... | 21 09 | ..... | 21 23 |
| Pitsea                                                                                                    | 19 05                                                                             | .....                                                                             | .....                                                                             | 19 01                                                                             | 19 25                                                                             | .....                                                                             | 19 15                                                                             | 19 41 | ..... | ..... | 19 37 | 19 49 | 20 09 | 19 58 | ..... | 20 14 | 20 38 | ..... | 20 44 | 21 09 | ..... | ..... | ..... | 21 13 | 21 38 | ..... |
| Benfleet                                                                                                  | .....                                                                             | .....                                                                             | 18 54                                                                             | 19 05                                                                             | 19 29                                                                             | 19 12                                                                             | 19 18                                                                             | 19 46 | 19 25 | ..... | 19 41 | 19 53 | 20 13 | 20 02 | ..... | 20 18 | 20 42 | 20 29 | ..... | 20 47 | 21 13 | 20 58 | ..... | 21 16 | 21 42 | 21 28 |
| Leigh-on-Sea                                                                                              | .....                                                                             | .....                                                                             | 18 59                                                                             | 19 10                                                                             | 19 33                                                                             | 19 17                                                                             | 19 23                                                                             | 19 51 | 19 30 | ..... | 19 45 | 19 58 | 20 17 | 20 07 | ..... | 20 22 | 20 46 | 20 33 | ..... | 20 52 | 21 17 | 21 03 | ..... | 21 21 | 21 46 | 21 33 |
| Chalkwell                                                                                                 | .....                                                                             | .....                                                                             | 19 02                                                                             | 19 13                                                                             | 19 36                                                                             | 19 19                                                                             | 19 25                                                                             | 19 53 | 19 32 | ..... | 19 48 | 20 00 | 20 20 | 20 10 | ..... | 20 25 | 20 49 | 20 36 | ..... | 20 54 | 21 20 | 21 05 | ..... | 21 23 | 21 49 | 21 35 |
| Westcliff                                                                                                 | .....                                                                             | .....                                                                             | 19 05                                                                             | 19 15                                                                             | 19 38                                                                             | 19 21                                                                             | 19 27                                                                             | 19 55 | 19 34 | ..... | 19 50 | 20 02 | 20 22 | 20 13 | ..... | 20 27 | 20 51 | 20 38 | ..... | 20 56 | 21 22 | 21 07 | ..... | 21 25 | 21 51 | 21 37 |
| Southend Central (Arrival)                                                                                | .....                                                                             | .....                                                                             | 19 07                                                                             | 19 17                                                                             | 19 41                                                                             | 19 24                                                                             | 19 30                                                                             | 19 58 | 19 37 | ..... | 19 52 | 20 05 | 20 24 | 20 16 | ..... | 20 29 | 20 54 | 20 40 | ..... | 20 59 | 21 24 | 21 10 | ..... | 21 28 | 21 53 | 21 40 |
| Southend Central (Depart)                                                                                 | .....                                                                             | .....                                                                             | 19 08                                                                             | 19 18                                                                             | .....                                                                             | 19 24                                                                             | 19 30                                                                             | ..... | 19 37 | ..... | 19 53 | 20 05 | 20 25 | 20 16 | ..... | 20 30 | ..... | 20 41 | ..... | 20 59 | 21 25 | 21 10 | ..... | 21 28 | 21 53 | 21 40 |
| Southend East                                                                                             | .....                                                                             | .....                                                                             | 19 10                                                                             | 19 20                                                                             | .....                                                                             | 19 26                                                                             | 19 32                                                                             | ..... | 19 39 | ..... | 19 55 | 20 07 | 20 27 | 20 18 | ..... | 20 32 | ..... | 20 43 | ..... | 21 01 | 21 27 | 21 12 | ..... | 21 30 | 21 55 | 21 42 |
| Thorpe Bay                                                                                                | .....                                                                             | .....                                                                             | 19 12                                                                             | 19 22                                                                             | .....                                                                             | 19 29                                                                             | 19 35                                                                             | ..... | 19 42 | ..... | 19 57 | 20 10 | 20 29 | 20 20 | ..... | 20 34 | ..... | 20 45 | ..... | 21 04 | 21 29 | 21 15 | ..... | 21 33 | 21 58 | 21 45 |
| Shoeburyness                                                                                              | .....                                                                             | .....                                                                             | 19 17                                                                             | 19 26                                                                             | .....                                                                             | 19 35                                                                             | 19 39                                                                             | ..... | 19 46 | ..... | 20 01 | 20 15 | 20 33 | 20 24 | ..... | 20 39 | ..... | 20 49 | ..... | 21 08 | 21 33 | 21 19 | ..... | 21 37 | 22 02 | 21 49 |

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

 Only folding bikes allowed.

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | 20 53 | 21 04 | 21 11 | 21 19 | 21 23 | 21 34 | 21 41 | 21 49 | 21 53 | 22 04 | 22 11 | 22 19 | 22 22 | 22 34 | 22 41 | 22 54 | 22 58 | 23 11 | 23 15 | 23 24 | 23 34 | 23 41 | 23 54 | 00 04 | 00 11 | 00 24 | 00 34 |
| Limehouse                | 20 57 | 21 08 | 21 15 | 21 23 | 21 27 | 21 38 | 21 45 | 21 53 | 21 57 | 22 08 | 22 15 | 22 23 | 22 26 | 22 38 | 22 45 | 22 58 | 23 02 | 23 15 | 23 19 | 23 28 | 23 38 | 23 45 | 23 58 | 00 08 | 00 15 | 00 28 | 00 38 |
| West Ham                 | 21 02 | 21 13 | 21 20 | 21 28 | 21 32 | 21 43 | 21 50 | 21 58 | 22 02 | 22 13 | 22 20 | 22 28 | 22 31 | 22 43 | 22 50 | 23 03 | 23 07 | 23 20 | 23 24 | 23 33 | 23 43 | 23 50 | 00 03 | 00 13 | 00 20 | 00 33 | 00 43 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 21 08 | 21 18 | 21 25 | 21 33 | 21 38 | 21 49 | 21 55 | 22 03 | 22 08 | 22 18 | 22 25 | 22 33 | 22 37 | 22 48 | 22 55 | 23 09 | 23 12 | 23 25 | 23 29 | 23 39 | 23 48 | 23 55 | 00 09 | 00 18 | 00 25 | 00 39 | 00 49 |
| Upminster                | ..... | 21 26 | 21 33 | 21 41 | ..... | 21 57 | 22 03 | 22 11 | ..... | 22 26 | 22 33 | 22 41 | ..... | 22 56 | 23 03 | ..... | 23 20 | 23 33 | 23 37 | ..... | 23 56 | 00 04 | ..... | 00 26 | 00 33 | ..... | 00 57 |
| Ockendon                                                                                                  | ..... | ..... | 21 39 | ..... | ..... | ..... | 22 09 | ..... | ..... | ..... | 22 39 | ..... | ..... | ..... | 23 09 | ..... | ..... | 23 39 | ..... | ..... | ..... | 00 09 | ..... | ..... | 00 39 | ..... | ..... |
| Chafford Hundred (Lakeside)                                                                               | ..... | ..... | 21 43 | ..... | ..... | ..... | 22 13 | ..... | ..... | ..... | 22 43 | ..... | ..... | ..... | 23 13 | ..... | ..... | 23 43 | ..... | ..... | ..... | 00 13 | ..... | ..... | 00 42 | ..... | ..... |
| Dagenham Dock                                                                                             | 21 12 | ..... | ..... | ..... | 21 42 | ..... | ..... | ..... | 22 12 | ..... | ..... | ..... | 22 42 | ..... | ..... | 23 13 | ..... | ..... | ..... | 23 43 | ..... | ..... | 00 13 | ..... | ..... | 00 43 | ..... |
| Rainham                                                                                                   | 21 16 | ..... | ..... | ..... | 21 46 | ..... | ..... | ..... | 22 16 | ..... | ..... | ..... | 22 46 | ..... | ..... | 23 17 | ..... | ..... | ..... | 23 47 | ..... | ..... | 00 17 | ..... | ..... | 00 47 | ..... |
| Purfleet                                                                                                  | 21 21 | ..... | ..... | ..... | 21 51 | ..... | ..... | ..... | 22 21 | ..... | ..... | ..... | 22 51 | ..... | ..... | 23 22 | ..... | ..... | ..... | 23 52 | ..... | ..... | 00 22 | ..... | ..... | 00 52 | ..... |
| Grays                                                                                                     | 21 28 | ..... | 21 47 | ..... | 21 58 | ..... | 22 17 | ..... | 22 27 | ..... | 22 47 | ..... | 22 58 | ..... | 23 17 | 23 28 | ..... | 23 47 | ..... | 23 58 | ..... | 00 18 | 00 28 | ..... | 00 46 | 00 58 | ..... |
| Tilbury Town                                                                                              | ..... | ..... | 21 50 | ..... | ..... | ..... | 22 20 | ..... | ..... | ..... | 22 50 | ..... | ..... | ..... | 23 20 | ..... | ..... | 23 50 | ..... | ..... | ..... | 00 21 | ..... | ..... | 00 49 | ..... | ..... |
| East Tilbury                                                                                              | ..... | ..... | 21 56 | ..... | ..... | ..... | 22 26 | ..... | ..... | ..... | 22 56 | ..... | ..... | ..... | 23 26 | ..... | ..... | 23 56 | ..... | ..... | ..... | 00 27 | ..... | ..... | 00 55 | ..... | ..... |
| Stanford-le-Hope                                                                                          | ..... | ..... | 22 00 | ..... | ..... | ..... | 22 30 | ..... | ..... | ..... | 23 00 | ..... | ..... | ..... | 23 30 | ..... | ..... | 23 59 | ..... | ..... | ..... | 00 30 | ..... | ..... | 00 59 | ..... | ..... |
| West Horndon                                                                                              | ..... | 21 31 | ..... | ..... | ..... | 22 02 | ..... | ..... | 22 31 | ..... | ..... | ..... | 23 01 | ..... | ..... | ..... | ..... | 23 42 | ..... | ..... | 00 01 | ..... | ..... | 00 31 | ..... | ..... | 01 02 |
| Laindon                                                                                                   | ..... | 21 36 | ..... | 21 49 | ..... | 22 07 | ..... | 22 19 | ..... | 22 36 | ..... | 22 49 | ..... | 23 06 | ..... | ..... | 23 28 | ..... | 23 47 | ..... | ..... | 00 06 | ..... | ..... | 00 36 | ..... | 01 07 |
| Basildon                                                                                                  | ..... | 21 39 | ..... | 21 53 | ..... | 22 10 | ..... | 22 23 | ..... | 22 39 | ..... | 22 53 | ..... | 23 09 | ..... | ..... | 23 32 | ..... | 23 50 | ..... | ..... | 00 09 | ..... | ..... | 00 39 | ..... | 01 10 |
| Pitsea                                                                                                    | ..... | 21 43 | 22 08 | ..... | ..... | 22 14 | 22 38 | ..... | ..... | 22 43 | 23 08 | ..... | ..... | 23 13 | 23 38 | ..... | ..... | 00 07 | 23 54 | ..... | ..... | 00 13 | 00 38 | ..... | 00 43 | 01 07 | 01 14 |
| Benfleet                                                                                                  | ..... | 21 46 | 22 12 | 21 58 | ..... | 22 18 | 22 42 | 22 28 | ..... | 22 46 | 23 12 | 22 58 | ..... | 23 16 | 23 42 | ..... | 23 37 | 00 11 | 23 57 | ..... | ..... | 00 16 | 00 42 | ..... | 00 46 | 01 11 | 01 17 |
| Leigh-on-Sea                                                                                              | ..... | 21 51 | 22 16 | 22 03 | ..... | 22 23 | 22 46 | 22 33 | ..... | 22 51 | 23 16 | 23 03 | ..... | 23 21 | 23 46 | ..... | 23 42 | 00 15 | 00 02 | ..... | ..... | 00 21 | 00 47 | ..... | 00 51 | 01 15 | 01 22 |
| Chalkwell                                                                                                 | ..... | 21 53 | 22 19 | 22 05 | ..... | 22 26 | 22 49 | 22 35 | ..... | 22 53 | 23 19 | 23 05 | ..... | 23 23 | 23 49 | ..... | 23 44 | 00 18 | 00 04 | ..... | ..... | 00 23 | 00 49 | ..... | 00 53 | 01 18 | 01 24 |
| Westcliff                                                                                                 | ..... | 21 55 | 22 21 | 22 07 | ..... | 22 28 | 22 51 | 22 37 | ..... | 22 55 | 23 21 | 23 07 | ..... | 23 25 | 23 51 | ..... | 23 46 | 00 20 | 00 06 | ..... | ..... | 00 25 | 00 51 | ..... | 00 55 | 01 20 | 01 26 |
| Southend Central (Arrival)                                                                                | ..... | 21 58 | 22 24 | 22 10 | ..... | 22 30 | 22 54 | 22 40 | ..... | 22 58 | 23 23 | 23 10 | ..... | 23 28 | 23 53 | ..... | 23 49 | 00 22 | 00 09 | ..... | ..... | 00 28 | 00 54 | ..... | 00 58 | 01 22 | 01 29 |
| Southend Central (Depart)                                                                                 | ..... | 21 58 | ..... | 22 10 | ..... | 22 31 | ..... | 22 40 | ..... | 22 58 | 23 24 | 23 10 | ..... | 23 28 | 23 54 | ..... | 23 49 | 00 23 | 00 09 | ..... | ..... | 00 28 | 00 54 | ..... | 00 58 | 01 22 | 01 29 |
| Southend East                                                                                             | ..... | 22 00 | ..... | 22 12 | ..... | 22 33 | ..... | 22 42 | ..... | 23 00 | 23 26 | 23 12 | ..... | 23 30 | 23 56 | ..... | 23 51 | 00 25 | 00 11 | ..... | ..... | 00 30 | 00 56 | ..... | 01 00 | 01 24 | 01 31 |
| Thorpe Bay                                                                                                | ..... | 22 03 | ..... | 22 15 | ..... | 22 35 | ..... | 22 45 | ..... | 23 03 | 23 28 | 23 15 | ..... | 23 33 | 23 58 | ..... | 23 54 | 00 27 | 00 14 | ..... | ..... | 00 33 | 00 58 | ..... | 01 03 | 01 27 | 01 34 |
| Shoeburyness                                                                                              | ..... | 22 07 | ..... | 22 19 | ..... | 22 39 | ..... | 22 49 | ..... | 23 07 | 23 32 | 23 19 | ..... | 23 37 | 00 03 | ..... | 23 58 | 00 31 | 00 18 | ..... | ..... | 00 37 | 01 02 | ..... | 01 07 | 01 31 | 01 38 |

# Saturdays

**London Fenchurch Street → Shoeburyness**

# London Fenchurch Street → Shoeburyness

Saturdays

| London Fenchurch Street     | DLR | ⇄     | 05 00 | 05 23 | 05 30 | 05 37 | 05 53 | 06 00 | 06 07 | 06 23 | 06 30 | 06 37 | 06 53 | 07 00 | 07 07 | 07 23 | 07 30 | 07 37 | 07 53 | 08 00 | 08 07 | 08 23 | 08 30 | 08 37 | 08 41 | 08 53 | 09 00 | 09 07 | 09 15 | 09 23 | 09 30 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Limehouse                   | DLR |       | 05 04 | 05 27 | 05 34 | 05 41 | 05 57 | 06 04 | 06 11 | 06 27 | 06 34 | 06 41 | 06 57 | 07 04 | 07 11 | 07 27 | 07 34 | 07 41 | 07 57 | 08 04 | 08 11 | 08 27 | 08 34 | 08 41 | 08 57 | 09 04 | 09 11 | 09 19 | 09 27 | 09 34 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| West Ham                    | DLR | ⇄     | 05 09 | 05 33 | 05 39 | 05 47 | 06 03 | 06 09 | 06 17 | 06 33 | 06 39 | 06 47 | 07 03 | 07 09 | 07 17 | 07 33 | 07 39 | 07 47 | 08 03 | 08 09 | 08 17 | 08 33 | 08 39 | 08 47 | 09 03 | 09 09 | 09 17 | 09 25 | 09 33 | 09 39 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| London Liverpool Street     |     |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | ⇄     | 08 45 | 09 03 | 09 11 | 09 19 | 09 27 | 09 35 | 09 43 | 09 51 | 09 59 | 10 07 | 10 15 | 10 23 | 10 31 | 10 39 | 10 47 | 10 55 | 11 03 | 11 11 | 11 19 | 11 27 | 11 35 | 11 43 | 11 51 | 11 59 | 12 07 | 12 15 | 12 23 | 12 31 | 12 39 |
| Stratford                   |     |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       | DLR   | ⇄     | 08 52 | 09 10 | 09 18 | 09 26 | 09 34 | 09 42 | 09 50 | 09 58 | 10 06 | 10 14 | 10 22 | 10 30 | 10 38 | 10 46 | 10 54 | 11 02 | 11 10 | 11 18 | 11 26 | 11 34 | 11 42 | 11 50 | 11 58 | 12 06 | 12 14 | 12 22 | 12 30 | 12 38 |
| Barking                     | ⇄   | 05 08 | 05 14 | 05 23 | 05 38 | 05 44 | 05 53 | 06 08 | 06 14 | 06 23 | 06 38 | 06 44 | 06 53 | 07 08 | 07 14 | 07 23 | 07 38 | 07 44 | 07 53 | 08 08 | 08 14 | 08 23 | 08 38 | 08 44 | 08 53 | 09 03 | 09 08 | 09 14 | 09 23 | 09 33 | 09 38 | 09 44 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Upminster                   | ⇄   | 05 17 | 05 23 | 05 32 | 05 47 | 05 53 | 06 17 | 06 23 | 06 32 | 06 47 | 06 53 | 07 17 | 07 23 | 07 32 | 07 47 | 07 53 | 08 17 | 08 23 | 08 32 | 08 47 | 08 53 | 09 02 | 09 08 | 09 14 | 09 23 | 09 33 | 09 38 | 09 47 | 09 53 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Ockendon                    |     | 05 22 | 05 28 | 05 37 | 05 52 | 06 01 | 06 22 | 06 28 | 06 37 | 06 52 | 07 01 | 07 22 | 07 28 | 07 37 | 07 52 | 08 01 | 08 22 | 08 28 | 08 37 | 08 52 | 09 01 | 09 16 | 09 22 | 09 31 | 09 41 | 09 51 | 10 01 | 10 11 | 10 21 | 10 31 | 10 41 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Chafford Hundred (Lakeside) |     | 05 26 | 05 32 | 05 41 | 05 56 | 06 05 | 06 26 | 06 32 | 06 41 | 06 56 | 07 05 | 07 26 | 07 32 | 07 41 | 07 56 | 08 05 | 08 26 | 08 32 | 08 41 | 08 56 | 09 05 | 09 20 | 09 26 | 09 35 | 09 45 | 09 55 | 10 05 | 10 15 | 10 25 | 10 35 | 10 45 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Dagenham Dock               |     | 05 27 | 05 33 | 05 42 | 05 57 | 06 06 | 06 27 | 06 33 | 06 42 | 06 57 | 07 06 | 07 27 | 07 33 | 07 42 | 07 57 | 08 06 | 08 27 | 08 33 | 08 42 | 08 57 | 09 06 | 09 21 | 09 27 | 09 36 | 09 46 | 09 56 | 10 06 | 10 16 | 10 26 | 10 36 | 10 46 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Rainham                     |     | 05 31 | 05 37 | 05 46 | 06 01 | 06 10 | 06 31 | 06 37 | 06 46 | 07 01 | 07 10 | 07 31 | 07 37 | 07 46 | 08 01 | 08 10 | 08 31 | 08 37 | 08 46 | 09 01 | 09 10 | 09 25 | 09 31 | 09 40 | 09 50 | 10 00 | 10 10 | 10 20 | 10 30 | 10 40 | 10 50 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Purfleet                    |     | 05 36 | 05 42 | 05 51 | 06 06 | 06 15 | 06 36 | 06 42 | 06 51 | 07 06 | 07 15 | 07 36 | 07 42 | 07 51 | 08 06 | 08 15 | 08 36 | 08 42 | 08 51 | 09 06 | 09 15 | 09 30 | 09 36 | 09 45 | 09 55 | 10 05 | 10 15 | 10 25 | 10 35 | 10 45 | 10 55 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Grays                       |     | 05 30 | 05 36 | 05 45 | 06 00 | 06 09 | 06 30 | 06 36 | 06 45 | 07 00 | 07 09 | 07 30 | 07 36 | 07 45 | 08 00 | 08 09 | 08 30 | 08 36 | 08 45 | 09 00 | 09 09 | 09 24 | 09 30 | 09 39 | 09 49 | 10 00 | 10 10 | 10 20 | 10 30 | 10 40 | 10 50 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Tilbury Town                |     | 05 33 | 05 39 | 05 48 | 06 03 | 06 12 | 06 33 | 06 39 | 06 48 | 07 03 | 07 12 | 07 33 | 07 39 | 07 48 | 08 03 | 08 12 | 08 33 | 08 39 | 08 48 | 09 03 | 09 12 | 09 27 | 09 33 | 09 42 | 09 52 | 10 02 | 10 12 | 10 22 | 10 32 | 10 42 | 10 52 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| East Tilbury                |     | 05 39 | 05 45 | 05 54 | 06 09 | 06 18 | 06 39 | 06 45 | 06 54 | 07 09 | 07 18 | 07 39 | 07 45 | 07 54 | 08 09 | 08 18 | 08 39 | 08 45 | 08 54 | 09 09 | 09 18 | 09 33 | 09 39 | 09 48 | 09 58 | 10 08 | 10 18 | 10 28 | 10 38 | 10 48 | 10 58 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Stanford-le-Hope            |     | 05 43 | 05 49 | 05 58 | 06 13 | 06 22 | 06 43 | 06 49 | 06 58 | 07 13 | 07 22 | 07 43 | 07 49 | 07 58 | 08 13 | 08 22 | 08 43 | 08 49 | 08 58 | 09 13 | 09 22 | 09 37 | 09 43 | 09 52 | 10 02 | 10 12 | 10 22 | 10 32 | 10 42 | 10 52 | 11 02 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| West Horndon                |     | 05 28 | 05 34 | 05 43 | 05 58 | 06 07 | 06 28 | 06 34 | 06 43 | 07 08 | 07 14 | 07 34 | 07 40 | 07 49 | 08 08 | 08 14 | 08 34 | 08 40 | 08 49 | 09 08 | 09 14 | 09 29 | 09 35 | 09 44 | 09 54 | 10 04 | 10 14 | 10 24 | 10 34 | 10 44 | 10 54 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Laindon                     |     | 05 32 | 05 38 | 05 47 | 06 02 | 06 11 | 06 32 | 06 38 | 06 47 | 07 12 | 07 18 | 07 38 | 07 44 | 07 53 | 08 12 | 08 18 | 08 38 | 08 44 | 08 53 | 09 12 | 09 18 | 09 33 | 09 39 | 09 48 | 09 58 | 10 08 | 10 18 | 10 28 | 10 38 | 10 48 | 10 58 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Basildon                    |     | 05 36 | 05 42 | 05 51 | 06 06 | 06 15 | 06 36 | 06 42 | 06 51 | 07 06 | 07 15 | 07 36 | 07 42 | 07 51 | 08 06 | 08 15 | 08 36 | 08 42 | 08 51 | 09 06 | 09 15 | 09 30 | 09 36 | 09 45 | 09 55 | 10 05 | 10 15 | 10 25 | 10 35 | 10 45 | 10 55 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Pitsea                      |     | 05 52 | 05 58 | 06 07 | 06 22 | 06 31 | 06 52 | 06 58 | 07 07 | 07 22 | 07 31 | 07 52 | 07 58 | 08 07 | 08 22 | 08 31 | 08 52 | 08 58 | 09 07 | 09 16 | 09 31 | 09 37 | 09 46 | 09 56 | 10 06 | 10 16 | 10 26 | 10 36 | 10 46 | 10 56 | 11 06 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Benfleet                    |     | 05 56 | 05 52 | 06 01 | 06 26 | 06 13 | 06 56 | 06 43 | 07 26 | 07 13 | 07 56 | 07 43 | 08 26 | 08 13 | 08 56 | 08 43 | 09 26 | 09 13 | 09 56 | 09 43 | 10 26 | 10 13 | 10 56 | 10 43 | 11 26 | 11 13 | 11 56 | 11 43 | 12 26 | 12 13 | 12 56 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Leigh-on-Sea                |     | 06 00 | 05 47 | 06 30 | 06 30 | 06 17 | 07 00 | 06 47 | 07 30 | 07 17 | 08 00 | 07 47 | 08 30 | 08 17 | 09 00 | 08 47 | 09 30 | 09 17 | 10 00 | 09 47 | 10 30 | 10 17 | 10 50 | 10 37 | 11 20 | 11 07 | 11 50 | 12 30 | 13 10 | 13 50 | 14 30 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Chalkwell                   |     | 06 03 | 05 50 | 06 33 | 06 30 | 06 20 | 07 03 | 06 50 | 07 33 | 07 20 | 08 03 | 07 50 | 08 33 | 08 20 | 09 03 | 08 50 | 09 33 | 09 20 | 10 03 | 09 50 | 10 33 | 10 20 | 10 53 | 10 40 | 11 23 | 12 03 | 12 43 | 13 23 | 14 03 | 14 43 | 15 23 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Westcliff                   |     | 06 05 | 05 52 | 06 35 | 06 32 | 06 22 | 07 05 | 06 52 | 07 35 | 07 22 | 08 05 | 07 52 | 08 35 | 08 22 | 09 05 | 08 52 | 09 35 | 09 22 | 10 05 | 09 52 | 10 35 | 10 22 | 10 55 | 10 42 | 11 25 | 12 05 | 12 45 | 13 25 | 14 05 | 14 45 | 15 25 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend Central (Arrival)  |     | 06 07 | 05 54 | 06 37 | 06 34 | 06 24 | 07 07 | 06 54 | 07 37 | 07 24 | 08 07 | 07 54 | 08 37 | 08 24 | 09 07 | 08 54 | 09 37 | 09 24 | 10 07 | 09 54 | 10 37 | 10 24 | 10 57 | 10 44 | 11 27 | 12 07 | 12 47 | 13 27 | 14 07 | 14 47 | 15 27 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend Central (Depart)   |     | 06 08 | 05 55 | 06 38 | 06 35 | 06 25 | 07 08 | 06 55 | 07 38 | 07 25 | 08 08 | 07 55 | 08 38 | 08 25 | 09 08 | 08 55 | 09 38 | 09 25 | 10 08 | 09 55 | 10 38 | 10 25 | 10 58 | 10 45 | 11 28 | 12 08 | 12 48 | 13 28 | 14 08 | 14 48 | 15 28 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Southend East               |     | 06 10 | 05 57 | 06 40 | 06 37 | 06 27 | 07 10 | 06 57 | 07 40 | 07 27 | 08 10 | 07 57 | 08 40 | 08 27 | 09 10 | 08 57 | 09 40 | 09 27 | 10 10 | 09 57 | 10 40 | 10 27 | 11 00 | 10 47 | 11 30 | 12 10 | 12 50 | 13 30 | 14 10 | 14 50 | 15 30 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Thorpe Bay                  |     | 06 12 | 05 59 | 06 42 | 06 39 | 06 29 | 07 12 | 06 59 | 07 42 | 07 29 | 08 12 | 07 59 | 08 42 | 08 29 | 09 12 | 08 59 | 09 42 | 09 29 | 10 12 | 09 59 | 10 42 | 10 29 | 11 02 | 10 49 | 11 32 | 12 12 | 12 52 | 13 32 | 14 12 | 14 52 | 15 32 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
| Shoeburyness                |     | 06 17 | 06 03 | 06 47 | 06 44 | 06 33 | 07 17 | 07 03 | 07 47 | 07 33 | 08 17 | 08 03 | 08 47 | 08 33 | 09 17 | 09 03 | 09 47 | 09 33 | 10 17 | 10 03 | 10 47 | 10 33 | 11 06 | 10 53 | 11 36 | 12 16 | 12 56 | 13 36 | 14 16 | 14 56 | 15 36 |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |

|                                      |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|--------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street <b>DLR</b> ⇄ | 20 37 | ..... | 20 53 | 21 00 | 21 07 | ..... | 21 23 | 21 30 | 21 37 | ..... | 21 53 | 22 00 | 22 07 | ..... | 22 23 | 22 30 | 22 37 | ..... | 22 53 | 23 00 | 23 07 | ..... | 23 23 | 23 30 | 23 44 | ..... | 23 59 | 00 05 | 00 15 | 00 41 |
| Limehouse <b>DLR</b>                 | 20 41 | ..... | 20 57 | 21 04 | 21 11 | ..... | 21 27 | 21 34 | 21 41 | ..... | 21 57 | 22 04 | 22 11 | ..... | 22 27 | 22 34 | 22 41 | ..... | 22 57 | 23 04 | 23 11 | ..... | 23 27 | 23 34 | 23 48 | ..... | 00 03 | 00 09 | 00 19 | 00 45 |
| West Ham <b>DLR</b> ⇄                | 20 47 | ..... | 21 03 | 21 09 | 21 17 | ..... | 21 33 | 21 39 | 21 47 | ..... | 22 03 | 22 09 | 22 17 | ..... | 22 33 | 22 39 | 22 47 | ..... | 23 03 | 23 09 | 23 17 | ..... | 23 33 | 23 39 | 23 53 | ..... | 00 09 | 00 14 | 00 25 | 00 50 |
| London Liverpool Street ⇄            | ..... | 20 45 | ..... | ..... | ..... | 21 15 | ..... | ..... | ..... | 21 45 | ..... | ..... | ..... | 22 11 | ..... | ..... | ..... | 22 41 | ..... | ..... | ..... | 23 11 | ..... | ..... | ..... | 23 48 | ..... | ..... | ..... | ..... |
| Stratford <b>DLR</b> ⇄               | ..... | 20 52 | ..... | ..... | ..... | 21 23 | ..... | ..... | ..... | 21 52 | ..... | ..... | ..... | 22 18 | ..... | ..... | ..... | 22 48 | ..... | ..... | ..... | 23 18 | ..... | ..... | ..... | 23 55 | ..... | ..... | ..... | ..... |
| Barking ⇄                            | 20 53 | 21 03 | 21 08 | 21 14 | 21 23 | 21 34 | 21 38 | 21 44 | 21 53 | 22 03 | 22 08 | 22 14 | 22 23 | 22 32 | 22 38 | 22 44 | 22 53 | 23 02 | 23 08 | 23 14 | 23 23 | 23 32 | 23 38 | 23 44 | 23 58 | 00 07 | 00 15 | 00 20 | 00 30 | 00 56 |
| Upminster ⇄                          | ..... | 21 13 | 21 17 | 21 23 | ..... | 21 43 | 21 47 | 21 53 | ..... | 22 13 | 22 17 | 22 23 | ..... | 22 42 | 22 47 | 22 53 | ..... | 23 12 | 23 17 | 23 23 | ..... | 23 41 | 23 47 | 23 53 | 00 07 | 00 16 | ..... | 00 28 | 00 39 | 01 04 |
| Ockendon                             | ..... | ..... | 21 22 | ..... | ..... | ..... | 21 52 | ..... | ..... | ..... | 22 22 | ..... | ..... | ..... | 22 52 | ..... | ..... | ..... | 23 22 | ..... | ..... | ..... | 23 52 | ..... | 00 12 | ..... | ..... | ..... | 00 44 | ..... |
| Chafford Hundred (Lakeside)          | ..... | ..... | 21 26 | ..... | ..... | ..... | 21 56 | ..... | ..... | ..... | 22 26 | ..... | ..... | ..... | 22 56 | ..... | ..... | ..... | 23 26 | ..... | ..... | ..... | 23 56 | ..... | 00 16 | ..... | ..... | ..... | 00 48 | ..... |
| Dagenham Dock                        | 20 57 | ..... | ..... | ..... | 21 29 | ..... | ..... | ..... | 21 57 | ..... | ..... | ..... | 22 27 | ..... | ..... | ..... | 22 57 | ..... | ..... | ..... | 23 27 | ..... | ..... | ..... | ..... | ..... | 00 19 | ..... | ..... | ..... |
| Rainham                              | 21 01 | ..... | ..... | ..... | 21 32 | ..... | ..... | ..... | 22 01 | ..... | ..... | ..... | 22 31 | ..... | ..... | ..... | 23 01 | ..... | ..... | ..... | 23 31 | ..... | ..... | ..... | ..... | ..... | 00 23 | ..... | ..... | ..... |
| Purfleet                             | 21 06 | ..... | ..... | ..... | 21 37 | ..... | ..... | ..... | 22 06 | ..... | ..... | ..... | 22 36 | ..... | ..... | ..... | 23 06 | ..... | ..... | ..... | 23 36 | ..... | ..... | ..... | ..... | ..... | 00 28 | ..... | ..... | ..... |
| Grays                                | 21 12 | ..... | 21 30 | ..... | 21 44 | ..... | ..... | 22 00 | ..... | 22 12 | ..... | ..... | 22 30 | ..... | 22 42 | ..... | 23 00 | ..... | 23 12 | ..... | 23 30 | ..... | 23 42 | ..... | 00 02 | ..... | 00 20 | ..... | 00 34 | 00 52 |
| Tilbury Town                         | ..... | ..... | 21 33 | ..... | ..... | ..... | 22 03 | ..... | ..... | ..... | 22 33 | ..... | ..... | ..... | 23 03 | ..... | ..... | ..... | 23 33 | ..... | 23 45 | ..... | 00 05 | ..... | 00 23 | ..... | 00 37 | ..... | 00 55 | ..... |
| East Tilbury                         | ..... | ..... | 21 39 | ..... | ..... | ..... | 22 09 | ..... | ..... | ..... | 22 39 | ..... | ..... | ..... | 23 09 | ..... | ..... | ..... | 23 39 | ..... | 23 51 | ..... | 00 11 | ..... | 00 29 | ..... | 00 43 | ..... | 01 01 | ..... |
| Stanford-le-Hope                     | ..... | ..... | 21 43 | ..... | ..... | ..... | 22 13 | ..... | ..... | ..... | 22 43 | ..... | ..... | ..... | 23 13 | ..... | ..... | ..... | 23 43 | ..... | 23 54 | ..... | 00 14 | ..... | 00 33 | ..... | 00 46 | ..... | 01 05 | ..... |
| West Horndon                         | ..... | ..... | 21 28 | ..... | ..... | ..... | 21 58 | ..... | ..... | ..... | 22 28 | ..... | ..... | ..... | 22 58 | ..... | ..... | ..... | 23 28 | ..... | 23 46 | ..... | 23 58 | ..... | 00 21 | ..... | 00 33 | ..... | 01 09 | ..... |
| Laindon                              | ..... | 21 21 | ..... | 21 32 | ..... | 21 51 | ..... | 22 02 | ..... | 22 21 | ..... | 22 32 | ..... | 22 50 | ..... | 23 02 | ..... | 23 20 | ..... | 23 32 | ..... | 23 51 | ..... | 00 01 | ..... | 00 26 | ..... | 00 38 | ..... | 01 14 |
| Basildon                             | ..... | 21 24 | ..... | 21 36 | ..... | 21 55 | ..... | 22 06 | ..... | 22 24 | ..... | 22 36 | ..... | 22 54 | ..... | 23 06 | ..... | 23 24 | ..... | 23 36 | ..... | 23 54 | ..... | 00 06 | ..... | 00 29 | ..... | 00 41 | ..... | 01 17 |
| Pitsea                               | ..... | ..... | 21 52 | 21 39 | ..... | ..... | 22 22 | 22 09 | ..... | ..... | 22 52 | 22 39 | ..... | ..... | 23 21 | 23 09 | ..... | ..... | 23 51 | 23 39 | 00 03 | 23 58 | 00 22 | 00 09 | 00 41 | 00 33 | 00 55 | 00 45 | 01 13 | 01 21 |
| Benfleet                             | ..... | 21 30 | 21 56 | 21 43 | ..... | 22 00 | 22 26 | 22 13 | ..... | 22 30 | 22 56 | 22 43 | ..... | 23 00 | 23 25 | 23 13 | ..... | 23 30 | 23 55 | 23 43 | 00 07 | 00 01 | 00 26 | 00 13 | 00 45 | 00 36 | 00 59 | 00 48 | 01 17 | 01 24 |
| Leigh-on-Sea                         | ..... | 21 34 | 22 00 | 21 47 | ..... | 22 05 | 22 30 | 22 17 | ..... | 22 34 | 23 00 | 22 47 | ..... | 23 04 | 23 29 | 23 17 | ..... | 23 34 | 23 59 | 23 47 | 00 11 | 00 06 | 00 31 | 00 17 | 00 49 | 00 41 | 01 03 | 00 53 | 01 21 | 01 29 |
| Chalkwell                            | ..... | 21 37 | 22 03 | 21 50 | ..... | 22 07 | 22 33 | 22 20 | ..... | 22 37 | 23 03 | 22 50 | ..... | 23 07 | 23 32 | 23 20 | ..... | 23 37 | 00 02 | 23 50 | 00 14 | 00 08 | 00 33 | 00 20 | 00 52 | 00 43 | 01 06 | 00 55 | 01 24 | 01 31 |
| Westcliff                            | ..... | 21 39 | 22 05 | 21 52 | ..... | 22 09 | 22 35 | 22 22 | ..... | 22 39 | 23 05 | 22 52 | ..... | 23 09 | 23 34 | 23 22 | ..... | 23 39 | 00 04 | 23 52 | 00 16 | 00 10 | 00 35 | 00 22 | 00 54 | 00 45 | 01 08 | 00 57 | 01 26 | 01 33 |
| Southend Central (Arrival)           | ..... | 21 41 | 22 07 | 21 54 | ..... | 22 12 | 22 37 | 22 24 | ..... | 22 41 | 23 07 | 22 54 | ..... | 23 11 | 23 36 | 23 24 | ..... | 23 41 | 00 06 | 23 54 | 00 18 | 00 13 | 00 38 | 00 24 | 00 56 | 00 48 | 01 10 | 01 00 | 01 28 | 01 36 |
| Southend Central (Depart)            | ..... | 21 42 | 22 08 | 21 55 | ..... | 22 12 | 22 38 | 22 25 | ..... | 22 42 | 23 08 | 22 55 | ..... | 23 12 | 23 37 | 23 25 | ..... | 23 42 | 00 06 | 23 55 | 00 19 | 00 13 | 00 38 | 00 25 | 00 56 | 00 48 | 01 11 | 01 00 | 01 28 | 01 36 |
| Southend East                        | ..... | 21 44 | 22 10 | 21 57 | ..... | 22 14 | 22 40 | 22 27 | ..... | 22 44 | 23 10 | 22 57 | ..... | 23 14 | 23 39 | 23 27 | ..... | 23 44 | 00 08 | 23 57 | 00 21 | 00 15 | 00 40 | 00 27 | 00 58 | 00 50 | 01 13 | 01 02 | 01 30 | 01 38 |
| Thorpe Bay                           | ..... | 21 46 | 22 12 | 21 59 | ..... | 22 17 | 22 42 | 22 29 | ..... | 22 46 | 23 12 | 22 59 | ..... | 23 16 | 23 41 | 23 29 | ..... | 23 46 | 00 11 | 23 59 | 00 23 | 00 18 | 00 43 | 00 29 | 01 01 | 00 52 | 01 15 | 01 05 | 01 33 | 01 41 |
| Shoeburyness                         | ..... | 21 50 | 22 17 | 22 03 | ..... | 22 21 | 22 47 | 22 33 | ..... | 22 50 | 23 16 | 23 03 | ..... | 23 20 | 23 45 | 23 33 | ..... | 23 50 | 00 15 | 00 03 | 00 27 | 00 22 | 00 47 | 00 33 | 01 05 | 00 56 | 01 19 | 01 09 | 01 37 | 01 45 |

# Sundays

**London Fenchurch Street → Shoeburyness**

|                                                                                                           |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|-----------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| London Fenchurch Street  | 06 38 | ..... | 07 18 | 07 23 | 07 35 | 07 48 | 07 53 | 08 05 | 08 18 | 08 23 | 08 35 | 08 48 | 08 53 | 09 05 | 09 18 | 09 23 |
| Limehouse                | 06 42 | ..... | 07 22 | 07 27 | 07 39 | 07 52 | 07 57 | 08 09 | 08 22 | 08 27 | 08 39 | 08 52 | 08 57 | 09 09 | 09 22 | 09 27 |
| West Ham                 | 06 47 | ..... | 07 27 | 07 32 | 07 44 | 07 57 | 08 02 | 08 14 | 08 27 | 08 32 | 08 44 | 08 57 | 09 02 | 09 14 | 09 27 | 09 32 |
| London Liverpool Street  | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Stratford                | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Barking                  | 06 53 | 06 58 | 07 33 | 07 38 | 07 50 | 08 03 | 08 08 | 08 20 | 08 33 | 08 38 | 08 50 | 09 03 | 09 08 | 09 20 | 09 33 | 09 38 |
| Upminster                | 07 02 | 07 07 | 07 42 | 07 46 | ..... | 08 12 | 08 16 | ..... | 08 42 | 08 46 | ..... | 09 12 | 09 16 | ..... | 09 42 | 09 46 |
| Ockendon                                                                                                  | ..... | 07 12 | ..... | 07 52 | ..... | ..... | 08 22 | ..... | ..... | 08 52 | ..... | ..... | 09 22 | ..... | ..... | 09 52 |
| Chafford Hundred (Lakeside)                                                                               | ..... | 07 16 | ..... | 07 56 | ..... | ..... | 08 26 | ..... | ..... | 08 56 | ..... | ..... | 09 26 | ..... | ..... | 09 56 |
| Dagenham Dock                                                                                             | ..... | ..... | ..... | ..... | 07 55 | ..... | ..... | 08 25 | ..... | ..... | 08 55 | ..... | ..... | 09 25 | ..... | ..... |
| Rainham                                                                                                   | ..... | ..... | ..... | ..... | 07 58 | ..... | ..... | 08 28 | ..... | ..... | 08 58 | ..... | ..... | 09 28 | ..... | ..... |
| Purfleet                                                                                                  | ..... | ..... | ..... | ..... | 08 03 | ..... | ..... | 08 33 | ..... | ..... | 09 03 | ..... | ..... | 09 33 | ..... | ..... |
| Grays                                                                                                     | ..... | 07 21 | ..... | 08 00 | 08 10 | ..... | 08 30 | 08 40 | ..... | 09 00 | 09 10 | ..... | 09 30 | 09 40 | ..... | 10 00 |
| Tilbury Town                                                                                              | ..... | 07 24 | ..... | 08 03 | ..... | ..... | 08 33 | ..... | ..... | 09 03 | ..... | ..... | 09 33 | ..... | ..... | 10 03 |
| East Tilbury                                                                                              | ..... | 07 30 | ..... | 08 09 | ..... | ..... | 08 39 | ..... | ..... | 09 09 | ..... | ..... | 09 39 | ..... | ..... | 10 09 |
| Stanford-le-Hope                                                                                          | ..... | 07 33 | ..... | 08 13 | ..... | ..... | 08 43 | ..... | ..... | 09 13 | ..... | ..... | 09 43 | ..... | ..... | 10 13 |
| West Horndon                                                                                              | 07 07 | ..... | 07 47 | ..... | ..... | 08 17 | ..... | ..... | 08 47 | ..... | ..... | 09 17 | ..... | ..... | 09 47 | ..... |
| Laindon                                                                                                   | 07 12 | ..... | 07 52 | ..... | ..... | 08 22 | ..... | ..... | 08 52 | ..... | ..... | 09 22 | ..... | ..... | 09 52 | ..... |
| Basildon                                                                                                  | 07 15 | ..... | 07 55 | ..... | ..... | 08 25 | ..... | ..... | 08 55 | ..... | ..... | 09 25 | ..... | ..... | 09 55 | ..... |
| Pitsea                                                                                                    | 07 19 | 07 41 | 07 59 | 08 21 | ..... | 08 29 | 08 51 | ..... | 08 59 | 09 21 | ..... | 09 29 | 09 51 | ..... | 09 59 | 10 21 |
| Benfleet                                                                                                  | 07 22 | 07 45 | 08 02 | 08 25 | ..... | 08 32 | 08 55 | ..... | 09 02 | 09 25 | ..... | 09 32 | 09 55 | ..... | 10 02 | 10 25 |
| Leigh-on-Sea                                                                                              | 07 27 | 07 50 | 08 07 | 08 30 | ..... | 08 37 | 09 00 | ..... | 09 07 | 09 30 | ..... | 09 37 | 10 00 | ..... | 10 07 | 10 30 |
| Chalkwell                                                                                                 | 07 29 | 07 52 | 08 09 | 08 32 | ..... | 08 39 | 09 02 | ..... | 09 09 | 09 32 | ..... | 09 39 | 10 02 | ..... | 10 09 | 10 32 |
| Westcliff                                                                                                 | 07 31 | 07 54 | 08 11 | 08 34 | ..... | 08 41 | 09 04 | ..... | 09 11 | 09 34 | ..... | 09 41 | 10 04 | ..... | 10 11 | 10 34 |
| Southend Central (Arrival)                                                                                | 07 34 | 07 57 | 08 14 | 08 37 | ..... | 08 44 | 09 07 | ..... | 09 14 | 09 37 | ..... | 09 44 | 10 07 | ..... | 10 14 | 10 37 |
| Southend Central (Depart)                                                                                 | 07 34 | 07 57 | 08 14 | 08 37 | ..... | 08 44 | 09 07 | ..... | 09 14 | 09 37 | ..... | 09 44 | 10 07 | ..... | 10 14 | 10 37 |
| Southend East                                                                                             | 07 36 | 07 59 | 08 16 | 08 39 | ..... | 08 46 | 09 09 | ..... | 09 16 | 09 39 | ..... | 09 46 | 10 09 | ..... | 10 16 | 10 39 |
| Thorpe Bay                                                                                                | 07 39 | 08 02 | 08 19 | 08 42 | ..... | 08 49 | 09 12 | ..... | 09 19 | 09 42 | ..... | 09 49 | 10 12 | ..... | 10 19 | 10 42 |
| Shoeburyness                                                                                              | 07 43 | 08 06 | 08 23 | 08 47 | ..... | 08 53 | 09 17 | ..... | 09 23 | 09 47 | ..... | 09 53 | 10 17 | ..... | 10 23 | 10 47 |

# London Fenchurch Street → Shoeburyness

Sundays

| London Fenchurch Street <span>DLR</span> ⇄ | 09 35 | ..... | 09 53 | 10 05 | ..... | 10 23 |  |  |  |  | 21 38 | ..... | 21 53 | ..... | 22 23 | ..... | 23 11 | ..... | 23 41 | 00 11 |
|--------------------------------------------|-------|-------|-------|-------|-------|-------|--|--|--|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Limehouse <span>DLR</span>                 | 09 39 | ..... | 09 57 | 10 09 | ..... | 10 27 |  |  |  |  | 21 42 | ..... | 21 57 | ..... | 22 27 | ..... | 23 15 | ..... | 23 45 | 00 15 |
| West Ham <span>DLR</span> ⇄                | 09 44 | ..... | 10 02 | 10 14 | ..... | 10 32 |  |  |  |  | 21 47 | ..... | 22 02 | ..... | 22 32 | ..... | 23 20 | ..... | 23 50 | 00 20 |
| London Liverpool Street ⇄                  | ..... | 09 45 | ..... | ..... | 10 15 | ..... |  |  |  |  | ..... | 21 45 | ..... | 22 15 | ..... | 22 45 | ..... | 23 15 | ..... | ..... |
| Stratford <span>DLR</span> ⇄               | ..... | 09 52 | ..... | ..... | 10 22 | ..... |  |  |  |  | ..... | 21 52 | ..... | 22 22 | ..... | 22 52 | ..... | 23 22 | ..... | ..... |
| Barking ⇄                                  | 09 50 | 10 03 | 10 08 | 10 20 | 10 33 | 10 38 |  |  |  |  | 21 53 | 22 03 | 22 08 | 22 33 | 22 38 | 23 03 | 23 26 | 23 35 | 23 56 | 00 26 |
| Upminster ⇄                                | ..... | 10 12 | 10 16 | ..... | 10 42 | 10 46 |  |  |  |  | ..... | 22 12 | 22 16 | 22 42 | 22 46 | 23 12 | 23 34 | 23 43 | 00 05 | 00 34 |
| Ockendon                                   | ..... | ..... | 10 22 | ..... | ..... | 10 52 |  |  |  |  | ..... | ..... | 22 22 | ..... | 22 52 | ..... | 23 40 | ..... | ..... | ..... |
| Chafford Hundred (Lakeside)                | ..... | ..... | 10 26 | ..... | ..... | 10 56 |  |  |  |  | ..... | ..... | 22 26 | ..... | 22 56 | ..... | 23 44 | ..... | ..... | ..... |
| Dagenham Dock                              | 09 55 | ..... | ..... | 10 25 | ..... | ..... |  |  |  |  | 21 58 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Rainham                                    | 09 58 | ..... | ..... | 10 28 | ..... | ..... |  |  |  |  | 22 01 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Purfleet                                   | 10 03 | ..... | ..... | 10 33 | ..... | ..... |  |  |  |  | 22 06 | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... | ..... |
| Grays                                      | 10 10 | ..... | 10 30 | 10 40 | ..... | 11 00 |  |  |  |  | 22 13 | ..... | 22 30 | ..... | 23 00 | ..... | 23 48 | ..... | ..... | ..... |
| Tilbury Town                               | ..... | ..... | 10 33 | ..... | ..... | 11 03 |  |  |  |  | ..... | ..... | 22 33 | ..... | 23 03 | ..... | 23 51 | ..... | ..... | ..... |
| East Tilbury                               | ..... | ..... | 10 39 | ..... | ..... | 11 09 |  |  |  |  | ..... | ..... | 22 39 | ..... | 23 09 | ..... | 23 57 | ..... | ..... | ..... |
| Stanford-le-Hope                           | ..... | ..... | 10 43 | ..... | ..... | 11 13 |  |  |  |  | ..... | ..... | 22 43 | ..... | 23 13 | ..... | 00 01 | ..... | ..... | ..... |
| West Horndon                               | ..... | 10 17 | ..... | ..... | 10 47 | ..... |  |  |  |  | ..... | 22 17 | ..... | 22 47 | ..... | 23 17 | ..... | 23 48 | 00 10 | 00 39 |
| Laindon                                    | ..... | 10 22 | ..... | ..... | 10 52 | ..... |  |  |  |  | ..... | 22 22 | ..... | 22 52 | ..... | 23 22 | ..... | 23 53 | 00 15 | 00 44 |
| Basildon                                   | ..... | 10 26 | ..... | ..... | 10 56 | ..... |  |  |  |  | ..... | 22 26 | ..... | 22 56 | ..... | 23 26 | ..... | 23 57 | 00 18 | 00 47 |
| Pitsea                                     | ..... | 10 29 | 10 51 | ..... | 10 59 | 11 21 |  |  |  |  | ..... | 22 29 | 22 51 | 22 59 | 23 21 | 23 29 | 00 09 | 23 59 | 00 22 | 00 51 |
| Benfleet                                   | ..... | 10 33 | 10 55 | ..... | 11 03 | 11 25 |  |  |  |  | ..... | 22 33 | 22 55 | 23 03 | 23 25 | 23 33 | 00 13 | 00 04 | 00 25 | 00 54 |
| Leigh-on-Sea                               | ..... | 10 37 | 11 00 | ..... | 11 07 | 11 30 |  |  |  |  | ..... | 22 37 | 23 00 | 23 07 | 23 30 | 23 37 | 00 17 | 00 08 | 00 30 | 00 59 |
| Chalkwell                                  | ..... | 10 40 | 11 02 | ..... | 11 10 | 11 32 |  |  |  |  | ..... | 22 40 | 23 02 | 23 10 | 23 32 | 23 40 | 00 20 | 00 11 | 00 32 | 01 01 |
| Westcliff                                  | ..... | 10 42 | 11 04 | ..... | 11 12 | 11 34 |  |  |  |  | ..... | 22 42 | 23 04 | 23 12 | 23 34 | 23 42 | 00 22 | 00 13 | 00 34 | 01 03 |
| Southend Central (Arrival)                 | ..... | 10 44 | 11 07 | ..... | 11 14 | 11 37 |  |  |  |  | ..... | 22 44 | 23 07 | 23 14 | 23 37 | 23 44 | 00 24 | 00 15 | 00 37 | 01 06 |
| Southend Central (Depart)                  | ..... | 10 45 | 11 07 | ..... | 11 15 | 11 37 |  |  |  |  | ..... | 22 45 | 23 07 | 23 15 | 23 37 | 23 45 | 00 25 | 00 16 | 00 37 | 01 06 |
| Southend East                              | ..... | 10 47 | 11 09 | ..... | 11 17 | 11 39 |  |  |  |  | ..... | 22 47 | 23 09 | 23 17 | 23 39 | 23 47 | 00 27 | 00 18 | 00 39 | 01 08 |
| Thorpe Bay                                 | ..... | 10 49 | 11 12 | ..... | 11 19 | 11 42 |  |  |  |  | ..... | 22 49 | 23 12 | 23 19 | 23 42 | 23 49 | 00 29 | 00 20 | 00 42 | 01 11 |
| Shoeburyness                               | ..... | 10 53 | 11 17 | ..... | 11 23 | 11 47 |  |  |  |  | ..... | 22 53 | 23 17 | 23 23 | 23 47 | 23 53 | 00 33 | 00 24 | 00 46 | 01 15 |

and at the same time past each hour until

Passengers may leave highlighted stations later and arrive at their destination earlier by using an alternative service. Please check adjacent columns for these journeys.  
Doors may be closed up to 30 seconds prior to the advertised departure time.

### Key to lines and symbols

-  [tfl.gov.uk](http://tfl.gov.uk)  
 [nationalrail.co.uk](http://nationalrail.co.uk)

