

From London

Sunday 06 February 2022

London Fenchurch Street	d																														
Limehouse																															
West Ham																															
London Liverpool Street	d	14 00		14 15		14 30		14 45		15 00		15 15		15 30		15 45		16 00		16 15		16 30		16 45		17 00		17 15			
Stratford		14 07		14 22		14 37		14 52		15 07		15 22		15 38		15 52		16 07		16 22		16 37		16 52		17 07		17 22			
Barking		14 21		14 33		14 48		15 03		15 21		15 33		15 51		16 03		16 21		16 33		16 48		17 03		17 21		17 33			
Upminster		13 51		14 17		14 18		14 47		14 51		15 17		15 18		15 47		15 51		16 17		16 18		16 47		16 51		17 17		17 18	
Ockendon		14 06				14 33				15 06				15 33				16 06				16 33				17 06		17 33			
Chafford Hundred (Lakeside)		14 18				14 45				15 18				15 45				16 18				16 45				17 18		17 45			
Dagenham Dock				14 26				14 52				15 26				15 55				16 26			16 52			17 26					
Rainham				14 29				14 56				15 29				15 59				16 29			16 56			17 29					
Purfleet				14 34				15 01				15 34				16 04				16 34			17 01			17 34					
Grays		14 33		14 40		14 48	15 00	15 07		15 18	15 33	15 40		15 48	16 00	16 10		16 18	16 33	16 40		16 48	17 00	17 07		17 18	17 33	17 40		17 48	18 00
Tilbury Town						14 51				15 21				15 51				16 21				16 51				17 21			17 51		
East Tilbury						14 57				15 27				15 57				16 27				16 57				17 27			17 57		
Stanford-le-Hope						15 01				15 31				16 01				16 31				17 01				17 31			18 01		
West Horndon						14 30				15 00				15 30				16 00				16 30				17 00			17 30		
Laindon						14 45				15 15				15 45				16 15				16 45				17 15			17 45		
Basildon						14 54				15 24				15 54				16 24				16 54				17 24			17 54		
Pitsea				14 55	15 03	15 08		15 22	15 33	15 38		15 55	16 03	16 08		16 25	16 33	16 38		16 55	17 03	17 08		17 22	17 33	17 38		17 55	18 03	18 08	
Benfleet				14 59		15 12		15 25		15 42		15 59		16 12		16 28		16 42		16 59		17 12		17 25		17 42		17 59		18 12	
Leigh-on-Sea				15 04		15 17		15 30		15 47		16 04		16 17		16 33		16 47		17 04		17 17		17 30		17 47		18 04		18 17	
Chalkwell				15 06		15 19		15 32		15 49		16 06		16 19		16 36		16 49		17 06		17 19		17 32		17 49		18 06		18 19	
Westcliff				15 08		15 21		15 34		15 51		16 08		16 21		16 38		16 51		17 08		17 21		17 34		17 51		18 08		18 21	
Southend Central	a			15 11		15 24		15 37		15 54		16 11		16 24		16 40		16 54		17 11		17 24		17 37		17 54		18 11		18 24	
Southend Central	d			15 11		15 24		15 37		15 54		16 11		16 24		16 41		16 54		17 11		17 24		17 37		17 54		18 11		18 24	
Southend East				15 13		15 26		15 39		15 56		16 13		16 26		16 43		16 56		17 13		17 26		17 39		17 56		18 13		18 26	
Thorpe Bay				15 16		15 29		15 42		15 59		16 16		16 29		16 45		16 59		17 16		17 29		17 42		17 59		18 16		18 29	
Shoeburyness	a			15 20		15 37		15 46		16 07		16 20		16 37		16 49		17 07		17 20		17 37		17 46		18 07		18 20		18 37	

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London Fenchurch Street	d	17 30	17 37	17 45	17 52	18 00	18 07	18 15	18 22	18 30	18 37	18 45	18 52	19 00	19 07	19 15	19 22	19 30	19 37	19 45	19 52	20 00	20 07	20 15	20 22	20 30	20 37	20 45	20 52	21 00	21 07
Limehouse																															
West Ham																															
London Liverpool Street	d	17 30	17 37	17 45	17 52	18 00	18 07	18 15	18 22	18 30	18 37	18 45	18 52	19 00	19 07	19 15	19 22	19 30	19 37	19 45	19 52	20 00	20 07	20 15	20 22	20 30	20 37	20 45	20 52	21 00	21 07
Stratford																															
Barking		17 48		18 03		18 21		18 33		18 48		19 03		19 21		19 33		19 48		20 03		20 21		20 33		20 48		21 03		21 21	
Upminster			17 47		17 56		18 17		18 23		18 47		18 56		19 17		19 23		19 47		19 56		20 17		20 23		20 47		20 56		
Ockendon				18 11				18 38				19 11				19 38				20 11				20 38				21 11			
Chafford Hundred (Lakeside)				18 21				18 48				19 21				19 48				20 21				20 48				21 21			
Dagenham Dock		17 52				18 26				18 52				19 26				19 52				20 26				20 52			21 26		
Rainham		17 56				18 29				18 56				19 29				19 56				20 29				20 56			21 29		
Purfleet		18 01				18 34				19 01				19 34				20 01				20 34				21 01			21 34		
Grays		18 07	18 18	18 33	18 40		18 48	19 00	19 07		19 18	19 33	19 40		19 48	20 00	20 07		20 18	20 33	20 40		20 48	21 00	21 07		21 18	21 33	21 40		
Tilbury Town				18 21			18 51			19 21			19 51			20 21			20 51			21 21				21 51			22 21		
East Tilbury				18 27			18 57			19 27			19 57			20 27			20 57			21 27				21 57			22 27		
Stanford-le-Hope				18 31			19 01			19 31			20 01			20 31			21 01			21 31				21 51			22 21		
West Horndon			18 00				18 30				19 00				19 30				20 00				20 30				21 00				
Laindon			18 15				18 45				19 15				19 45				20 15				20 45				21 15				
Basilidon			18 24				18 54				19 24				19 54				20 24				20 54				21 24				
Pitsea		18 22	18 33	18 38		18 55	19 03	19 08		19 22	19 33	19 38		19 55	20 03	20 08		20 22	20 33	20 38		20 55	21 03	21 08		21 22	21 33	21 38		21 55	
Benfleet		18 25		18 42		18 59		19 12		19 25		19 42		19 59		20 12		20 25		20 42		20 59		21 12		21 25		21 42		21 59	
Leigh-on-Sea		18 30		18 47		19 04		19 17		19 30		19 47		20 04		20 17		20 30		20 47		21 04		21 17		21 30		21 47		22 03	
Chalkwell		18 32		18 49		19 06		19 19		19 32		19 49		20 06		20 19		20 32		20 49		21 06		21 19		21 32		21 49		22 06	
Westcliff		18 34		18 51		19 08		19 21		19 34		19 51		20 08		20 21		20 34		20 51		21 08		21 21		21 34		21 51		22 08	
Southend Central	a	18 37		18 54		19 11		19 24		19 37		19 54		20 11		20 24		20 37		20 54		21 11		21 24		21 37		21 54		22 10	
Southend Central	d	18 37		18 54		19 11		19 24		19 37		19 54		20 11		20 24		20 37		20 54		21 11		21 24		21 37		21 54		22 11	
Southend East		18 39		18 56		19 13		19 26		19 39		19 56		20 13		20 26		20 39		20 56		21 13		21 26		21 39		21 56		22 13	
Thorpe Bay		18 42		18 59		19 16		19 29		19 42		19 59		20 16		20 29		20 42		20 59		21 16		21 29		21 42		21 59		22 15	
Shoeburyness	a	18 46		19 07		19 20		19 37		19 46		20 07		20 20		20 37		20 46		21 07		21 20		21 37		21 46		22 07		22 19	

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London Fenchurch Street	d								
Limehouse									
West Ham									
London Liverpool Street	d	21 15	21 30	21 45	22 00	22 15	22 30	22 45	23 00	23 15	23 25	23 36	23 56	00 11				
Stratford		21 22	21 38	21 52	22 08	22 22	22 37	22 52	23 07	23 22	23 33	23 45	00 03	00 18				
Barking		21 33	21 49	22 03	22 21	22 33	22 48	23 03	23 19	23 33	23 45	23 55	00 13	00 28				
Upminster		21 17	21 23	21 47	21 56	22 17	22 23	22 47	22 53	23 17	23 17	23 32	23 47	23 59	00 08	00 27	00 42		
Ockendon		21 38	22 11	22 38	23 08	23 32	00 14			
Chafford Hundred (Lakeside)		21 48	22 21	22 48	23 18	23 42	00 24			
Dagenham Dock		21 53	22 26	22 52	23 23		
Rainham		21 57	22 29	22 56	23 27	
Purfleet		22 02	22 34	23 01	23 32	
Grays		21 48	22 00	22 08	22 18	22 33	22 40	22 48	23 00	23 08	23 18	23 30	23 38	23 48	23 54	23 59	00 10	00 36	00 43		
Tilbury Town		21 51	22 21	22 51	23 11	23 21	23 41	23 51	00 03	00 13	
East Tilbury		21 57	22 27	22 57	23 17	23 27	23 47	23 57	00 09	00 19	
Stanford-le-Hope		22 01	22 31	23 01	23 20	23 31	23 50	00 01	00 13	00 23	
West Horndon		21 30	22 00	22 30	23 00	23 30	24 00	00 20	00 39	00 54	
Laindon		21 45	22 15	22 45	23 15	23 45	00 15	00 32	00 51	01 06	
Basildon		21 54	22 24	22 54	23 24	23 54	00 24	00 40	00 59	01 14	
Pitsea		22 03	22 08	22 23	22 33	22 38	22 55	23 03	23 08	23 28	23 33	23 38	23 59	00 03	00 08	00 20	00 30	00 33	00 42	00 48	00 59	01 07	01s22
Benfleet		22 12	22 26	22 42	22 59	23 12	23 31	23 42	00 02	00 12	00 24	00 34	00 45	01 03	01s37
Leigh-on-Sea		22 17	22 31	22 47	23 04	23 17	23 36	23 47	00 07	00 17	00 29	00 39	00 50	01 08	01s52
Chalkwell		22 19	22 33	22 49	23 06	23 19	23 38	23 49	00 09	00 19	00 31	00 41	00 52	01 10	01s58
Westcliff		22 21	22 35	22 51	23 08	23 21	23 40	23 51	00 11	00 21	00 33	00 43	00 54	01 12	02s04
Southend Central	a	22 24	22 38	22 54	23 11	23 24	23 43	23 54	00 14	00 24	00 36	00 46	00 57	01 15	02s12
Southend Central	d	22 24	22 38	22 54	23 11	23 24	23 43	23 54	00 14	00 24	00 36	00 46	00 57	01 15
Southend East		22 26	22 40	22 56	23 13	23 26	23 45	23 56	00 16	00 26	00 38	00 48	00 59	01 17	02s18
Thorpe Bay		22 29	22 43	22 59	23 16	23 29	23 48	23 59	00 19	00 29	00 41	00 51	01 02	01 20	02s24
Shoeburyness	a	22 35	22 47	23 05	23 20	23 35	23 52	00 05	00 23	00 35	00 47	00 57	01 08	01 26	02s31

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Shoeburyness	d	04 51	05 58	06 15	06 45	07 09	07 30	07 43	07 58	08 15	08 28	08 45	09 01	09 15			
Thorpe Bay		04 58	06 02	06 18	06 48	07 12	07 34	07 47	08 02	08 19	08 32	08 49	09 05	09 19			
Southend East		05 04	06 04	06 21	06 51	07 15	07 36	07 50	08 04	08 21	08 34	08 51	09 07	09 21			
Southend Central	a	05 10	06 07	06 23	06 53	07 17	07 39	07 52	08 07	08 24	08 37	08 54	09 10	09 24			
Southend Central	d	05 11	06 07	06 24	06 54	07 07	07 18	07 39	07 53	08 07	08 24	08 37	08 54	09 10	09 24		
Westcliff		05 19	06 09	06 26	06 56	07 09	07 20	07 41	07 55	08 09	08 26	08 39	08 56	09 12	09 26		
Chalkwell		05 25	06 12	06 28	06 58	07 11	07 22	07 44	07 57	08 12	08 29	08 42	08 59	09 15	09 29		
Leigh-on-Sea		05 30	06 14	06 31	07 01	07 14	07 25	07 46	08 00	08 14	08 32	08 44	09 01	09 17	09 31		
Benfleet		05 45	06 19	06 36	07 06	07 19	07 30	07 51	08 04	08 19	08 36	08 49	09 06	09 22	09 36		
Pitsea		06 00	06 15	06 23	06 40	06 45	07 10	07 15	07 23	07 36	07 45	07 55	08 09	08 15	08 23	08 41	08 46	08 53	09 10	09 15	09 26	09 40	09 45
Basildon		06 09	06 24	06 54	07 24	07 54	08 55	09 24	09 54	
Laindon		06 18	06 33	07 03	07 33	08 03	09 04	09 33	10 03	
West Horndon		06 33	06 48	07 18	07 48	08 18	09 19	09 48	10 18	
Stanford-le-Hope		06 29	06 46	07 16	07 29	07 45	08 15	08 47	09 16	09 46		
East Tilbury		06 32	06 49	07 19	07 32	07 48	08 18	08 50	09 19	09 49		
Tilbury Town		06 38	06 55	07 25	07 38	07 54	08 24	08 56	09 25	09 55		
Grays		06 43	06 48	07 00	07 06	07 30	07 42	07 48	07 59	08 11	08 18	08 29	08 39	08 45	09 01	09 09	09 15	09 30	09 42	09 48	10 00	
Purfleet		07 47	08 16	08 44	09 14	09 47		
Rainham		07 52	08 21	08 49	09 19	09 52		
Dagenham Dock		07 56	08 25	08 53	09 23	09 56		
Chafford Hundred (Lakeside)		07 03	07 21	08 03	08 33	09 00	09 30	10 03	
Ockendon		07 15	07 33	08 15	08 45	09 12	09 42	10 15	
Upminster		06 46	07 01	07 30	07 31	07 48	08 01	08 30	08 31	09 00	09 01	09 27	09 32	09 57	10 01	10 30	10 31	
Barking		07 01	07 17	07 47	08 02	08 16	08 31	08 46	08 59	09 18	09 29	09 47	10 02	10 17	
Straford		07 09	07 26	07 56	08 11	08 26	08 40	08 57	09 08	09 27	09 38	09 56	10 11	10 26	
London Liverpool Street	a	07 16	07 37	08 05	08 20	08 35	08 49	09 06	09 17	09 36	09 47	10 05	10 20	10 35	
West Ham		
Limehouse		
London Fenchurch Street	a	

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Shoeburyness	d	09 31	09 45	10 01	10 15	10 31	10 45	11 01	11 15	11 31	11 45	12 01	12 15	12 31	12 45	13 01														
Thorpe Bay		09 35	09 49	10 05	10 19	10 35	10 49	11 05	11 19	11 35	11 49	12 05	12 19	12 35	12 49	13 05														
Southend East		09 37	09 51	10 07	10 21	10 37	10 51	11 07	11 21	11 37	11 51	12 07	12 21	12 37	12 51	13 07														
Southend Central	a	09 40	09 54	10 10	10 24	10 40	10 54	11 10	11 24	11 40	11 54	12 10	12 24	12 40	12 54	13 10														
Southend Central	d	09 40	09 54	10 10	10 24	10 40	10 54	11 10	11 24	11 40	11 54	12 10	12 24	12 40	12 54	13 10														
Westcliff		09 42	09 56	10 12	10 26	10 42	10 56	11 12	11 26	11 42	11 56	12 12	12 26	12 42	12 56	13 12														
Chalkwell		09 45	09 59	10 15	10 29	10 45	10 59	11 15	11 29	11 45	11 59	12 15	12 29	12 45	12 59	13 15														
Leigh-on-Sea		09 47	10 01	10 17	10 31	10 47	11 01	11 17	11 31	11 47	12 01	12 17	12 31	12 47	13 01	13 17														
Benfleet		09 52	10 06	10 22	10 36	10 52	11 06	11 22	11 36	11 52	12 06	12 22	12 36	12 52	13 06	13 22														
Pitsea		09 56	10 10	10 15	10 26	10 40	10 45	10 56	11 10	11 15	11 26	11 40	11 45	11 56	12 10	12 15	12 26	12 40	12 45	12 56	13 10	13 15	13 26							
Basildon				10 24			10 54						11 24			11 54			12 24			12 54		13 24						
Laindon				10 33			11 03						11 33			12 03			12 33			13 03		13 33						
West Horndon				10 48			11 18						11 48			12 18			12 48			13 18		13 48						
Stanford-le-Hope			10 16			10 46			11 16			11 46			12 16			12 46			13 16		13 46							
East Tilbury			10 19			10 49			11 19			11 49			12 19			12 49			13 19		13 49							
Tilbury Town			10 25			10 55			11 25			11 55			12 25			12 55			13 25		13 55							
Grays		10 12	10 18	10 30		10 42	10 48	11 00		11 12	11 18	11 30		11 42	11 48	12 00		12 12	12 18	12 30		12 42	12 48	13 00		13 12	13 18	13 30		13 42
Purfleet		10 17				10 47				11 17				11 47				12 17				12 47				13 17			13 47	
Rainham		10 22				10 52				11 22				11 52				12 22				12 52				13 22			13 52	
Dagenham Dock		10 26				10 56				11 26				11 56				12 26				12 56				13 26			13 56	
Chafford Hundred (Lakeside)			10 33				11 03							11 33				12 03				12 33				13 03			13 33	
Ockendon			10 45				11 15							11 45				12 15				12 45				13 15			13 45	
Upminster			11 00				11 01							11 30				12 00				12 01				12 30			12 31	
Barking		10 32		10 47		11 02		11 17		11 32		11 47		12 02		12 17		12 32		12 47		13 02		13 17		13 32		13 47	14 02	
Straford		10 41		10 56		11 11		11 26		11 41		11 56		12 11		12 26		12 41		12 56		13 11		13 26		13 41		13 56	14 11	
London Liverpool Street	a	10 50		11 05		11 20		11 35		11 50		12 05		12 20		12 35		12 50		13 05		13 20		13 35		13 50		14 05	14 20	
West Ham																														
Limehouse																														
London Fenchurch Street	a																													

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Shoeburyness	d	13 15	13 31	13 45	14 01	14 15	14 31	14 45	15 01	15 15	15 31	15 45	16 01	16 15	16 31
Thorpe Bay		13 19	13 35	13 49	14 05	14 19	14 35	14 49	15 05	15 19	15 35	15 49	16 05	16 19	16 35
Southend East		13 21	13 37	13 51	14 07	14 21	14 37	14 51	15 07	15 21	15 37	15 51	16 07	16 21	16 37
Southend Central	a	13 24	13 40	13 54	14 10	14 24	14 40	14 54	15 10	15 24	15 40	15 54	16 10	16 24	16 40
Southend Central	d	13 24	13 40	13 54	14 10	14 24	14 40	14 54	15 10	15 24	15 40	15 54	16 10	16 24	16 40
Westcliff		13 26	13 42	13 56	14 12	14 26	14 42	14 56	15 12	15 26	15 42	15 56	16 12	16 26	16 42
Chalkwell		13 29	13 45	13 59	14 15	14 29	14 45	14 59	15 15	15 29	15 45	15 59	16 15	16 29	16 45
Leigh-on-Sea		13 31	13 47	14 01	14 17	14 31	14 47	15 01	15 17	15 31	15 47	16 01	16 17	16 31	16 47
Benfleet		13 36	13 52	14 06	14 22	14 36	14 52	15 06	15 22	15 36	15 52	16 06	16 22	16 36	16 52
Pitsea		13 40	13 45	13 56	14 10	14 15	14 26	14 40	14 45	14 56	15 10	15 15	15 26	15 40	15 45
Basildon			13 54			14 24			14 54				15 54		16 24
Laindon			14 03			14 33			15 03				16 03		16 33
West Horndon			14 18			14 48			15 18				16 18		16 48
Stanford-le-Hope		13 46			14 16			14 46			15 16			15 46	16 16
East Tilbury		13 49			14 19			14 49			15 19			15 49	16 19
Tilbury Town		13 55			14 25			14 55			15 25			15 55	16 25
Grays		13 48	14 00	14 12	14 18	14 30	14 42	14 48	15 00	15 12	15 18	15 30	15 42	15 48	16 00
Purfleet				14 17			14 47			15 17			15 47		16 17
Rainham				14 22			14 52			15 22			15 52		16 22
Dagenham Dock				14 26			14 56			15 26			15 56		16 26
Chafford Hundred (Lakeside)		14 03			14 33			15 03			15 33			16 03	16 33
Ockendon		14 15			14 45			15 15			15 45			16 15	16 45
Upminster		14 30	14 31	15 00	15 01	15 30	15 31	16 00	16 01	16 30	16 31	17 00	17 01	17 30	17 31
Barking		14 17	14 32	14 47	15 02	15 17	15 32	15 47	16 02	16 17	16 32	16 47	17 02	17 17	17 32
Stratford		14 26	14 41	14 58	15 11	15 26	15 41	15 56	16 11	16 26	16 41	16 56	17 11	17 26	17 41
London Liverpool Street	a	14 35	14 50	15 09	15 20	15 35	15 50	16 05	16 20	16 35	16 50	17 05	17 20	17 35	17 50
West Ham															
Limehouse															
London Fenchurch Street	a														

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Shoeburyness	d	16 45	17 01	17 15	17 30	17 45	18 01	18 15	18 31	18 45	19 01	19 15	19 31	19 45	20 01	20 15
Thorpe Bay		16 49	17 05	17 19	17 36	17 49	18 05	18 19	18 35	18 49	19 05	19 19	19 35	19 49	20 05	20 19
Southend East		16 51	17 07	17 21	17 38	17 51	18 07	18 21	18 37	18 51	19 07	19 21	19 37	19 51	20 07	20 21
Southend Central	a	16 54	17 10	17 24	17 41	17 54	18 10	18 24	18 40	18 54	19 10	19 24	19 40	19 54	20 10	20 24
Southend Central	d	16 54	17 10	17 24	17 41	17 54	18 10	18 24	18 40	18 54	19 10	19 24	19 40	19 54	20 10	20 24
Westcliff		16 56	17 12	17 26	17 43	17 56	18 12	18 26	18 42	18 56	19 12	19 26	19 42	19 56	20 12	20 26
Chalkwell		16 59	17 15	17 29	17 46	17 59	18 15	18 29	18 45	18 59	19 15	19 29	19 45	19 59	20 15	20 29
Leigh-on-Sea		17 01	17 17	17 31	17 48	18 01	18 17	18 31	18 47	19 01	19 17	19 31	19 47	20 01	20 17	20 31
Benfleet		17 06	17 22	17 36	17 53	18 06	18 22	18 36	18 52	19 06	19 22	19 36	19 52	20 06	20 22	20 36
Pitsea		17 10	17 15	17 26	17 40	17 45	17 57	18 10	18 15	18 26	18 40	18 45	18 56	19 10	19 15	19 26	19 40	19 45	19 56	20 10	20 15	20 26	20 40
Basildon		17 24	17 54	18 24	18 54	19 24	20 24
Laindon		17 33	18 03	18 33	19 03	19 33	20 33
West Horndon		17 48	18 18	18 48	19 18	19 48	20 48
Stanford-le-Hope		17 16	17 46	18 16	18 46	19 16	20 16	20 46
East Tilbury		17 19	17 49	18 19	18 49	19 19	20 19	20 49
Tilbury Town		17 25	17 55	18 25	18 55	19 25	20 25	20 55
Grays		17 30	17 42	17 48	18 00	18 13	18 18	18 30	18 42	18 48	19 00	19 12	19 18	19 30	19 42	19 48	20 00	20 12	20 18	20 30	20 42	20 48	21 00
Purfleet		17 47	18 19	18 47	19 17	19 47	20 17	20 47
Rainham		17 52	18 24	18 52	19 22	19 52	20 22	20 52
Dagenham Dock		17 56	18 27	18 56	19 26	19 56	20 26	20 56
Chafford Hundred (Lakeside)		18 03
Ockendon		18 15
Upminster		18 01	18 30	18 31	19 00	19 01	19 30	19 31	20 00	20 01	20 30	20 31	21 00	21 01	21 30
Barking		17 47	18 02	18 17	18 33	18 47	19 02	19 17	19 32	19 47	20 02	20 17	20 32	20 47	21 02	21 17
Straford		17 56	18 11	18 26	18 41	18 58	19 11	19 26	19 41	19 56	20 11	20 26	20 41	20 56	21 11	21 26
London Liverpool Street	a	18 05	18 20	18 35	18 50	19 09	19 20	19 35	19 50	20 05	20 20	20 35	20 50	21 05	21 20	21 35
West Ham	
Limehouse	
London Fenchurch Street	a

To London

Sunday 06 February 2022

Shoeburyness	d	20 31	20 45	21 01	21 15	21 31	21 45	22 01	22 07	22 25	22 35						
Thorpe Bay		20 35	20 49	21 05	21 19	21 35	21 49	22 05	22 11	22 29	22 39						
Southend East		20 37	20 51	21 07	21 21	21 37	21 51	22 07	22 13	22 31	22 41						
Southend Central	a	20 40	20 54	21 10	21 24	21 40	21 54	22 10	22 16	22 34	22 44						
Southend Central	d	20 40	20 54	21 10	21 24	21 40	21 54	22 10	22 16	22 34	22 44						
Westcliff		20 42	20 56	21 12	21 26	21 42	21 56	22 12	22 18	22 36	22 46						
Chalkwell		20 45	20 59	21 15	21 29	21 45	21 59	22 15	22 21	22 39	22 49						
Leigh-on-Sea		20 47	21 01	21 17	21 31	21 47	22 01	22 17	22 23	22 41	22 51						
Benfleet		20 52	21 06	21 22	21 36	21 52	22 06	22 22	22 28	22 46	22 56						
Pitsea		20 45	20 56	21 10	21 15	21 26	21 40	21 45	21 56	22 10	22 13	22 26	22 32	22 43	22 50	23 00	23 05
Basildon		20 54		21 24		21 54		22 21		22 51						23 13	
Laindon		21 03		21 33		22 03		22 29		22 59						23 21	
West Horndon		21 18		21 48		22 18		22 42		23 12						23 34	
Stanford-le-Hope				21 16		21 46		22 16		22 38					23 06		
East Tilbury				21 19		21 49		22 19		22 41					23 09		
Tilbury Town				21 25		21 55		22 25		22 47					23 15		
Grays		21 12	21 18	21 30	21 42	21 48	22 00	22 12	22 18	22 30	22 42	22 48	22 52	23 06	23 20	23 25	
Purfleet		21 17			21 47			22 17			22 47			23 11			
Rainham		21 22			21 52			22 22			22 52			23 16			
Dagenham Dock		21 26			21 56			22 26			22 56			23 20			
Chafford Hundred (Lakeside)			21 33			22 03					22 33			23 03		23 40	
Ockendon			21 45			22 15					22 45			23 15		23 52	
Upminster		21 31	22 00	22 01	22 30	22 31	23 00	22 54	23 30	23 24				23 46	00 07		
Barking		21 32	21 47	22 02	22 17	22 32	22 47	23 02	23 09	23 26	23 37						
Straford		21 41	21 56	22 11	22 26	22 41	22 56	23 11	23 19	23 35	23 49						
London Liverpool Street	a	21 50	22 05	22 20	22 35	22 50	23 05	23 20	23 28	23 44	23 58						
West Ham																	
Limehouse																	
London Fenchurch Street	a																