

London to Southend Central, Shoeburyness

Saturday
16 March

London Fenchurch Street	d	05 03	05 10	05 33	05 40	05 54	06 05	06 10	06 24	06 32	06 40	06 54	07 02	07 10	07 24	07 32	07 40	07 54	08 02	08 10	08 24	08 32	08 40	08 47	08 54	09 02	09 10	09 17	09 24	09 32	
Limehouse		05 07	05 14	05 37	05 44	05 58	06 09	06 14	06 28	06 36	06 44	06 58	07 06	07 14	07 28	07 36	07 44	07 58	08 06	08 14	08 28	08 36	08 44	08 58	09 06	09 14	09 28	09 36	
West Ham		05 12	05 19	05 42	05 49	06 03	06 14	06 19	06 33	06 41	06 49	07 03	07 11	07 19	07 33	07 41	07 49	08 03	08 11	08 19	08 33	08 41	08 49	08 56	09 03	09 11	09 19	09 26	09 33	09 41	
London Liverpool Street	d	
Stratford		
Barking		05 17	05 23	05 25	05 47	05 55	06 09	06 19	06 25	06 39	06 46	06 55	07 09	07 16	07 25	07 39	07 46	07 55	08 09	08 16	08 25	08 39	08 46	08 55	09 02	09 09	09 16	09 25	09 32	09 39	09 46	
Upminster		05 26	05 31	05 56	06 17	06 28	06 47	06 55	07 17	07 25	07 47	07 55	08 17	08 25	08 47	08 55	09 11	09 17	09 25	09 41	09 47	09 55	
Ockendon		05 39	06 22	06 52	07 22	07 52	08 22	08 52	09 22	09 52	
Chafford Hundred (Lakeside)		05 43	06 26	06 56	07 26	07 56	08 26	08 56	09 26	09 56	
Dagenham Dock		05 29	05 59	06 29	06 59	07 29	07 59	08 29	08 59	09 29	
Rainham		05 33	06 03	06 33	07 03	07 33	08 03	08 33	09 03	09 33	
Purfleet		05 38	06 08	06 38	07 08	07 38	08 08	08 38	09 08	09 38	
Grays		05 47	05 45	06 15	06 30	06 49	07 00	07 15	07 30	07 45	08 00	08 15	08 30	08 45	09 00	09 15	09 30	09 45	10 00	
Tilbury Town		05 50	06 33	07 03	07 33	08 03	08 33	09 03	09 33	09 33	10 03
East Tilbury		05 56	06 39	07 09	07 39	08 09	08 39	09 09	09 39	09 39	10 09
Stanford-le-Hope		06 00	06 43	07 13	07 43	08 13	08 43	09 13	09 43	09 43	10 13
West Horndon		05 31	06 01	06 33	07 00	07 30	08 00	08 30	09 00	09 16	09 30	09 46	10 00	
Laindon		05 35	06 05	06 37	07 04	07 34	08 04	08 34	09 04	09 20	09 34	09 50	10 04	
Basildon		05 39	06 09	06 41	07 08	07 38	08 08	08 38	09 08	09 24	09 38	09 54	10 08	
Pitsea		05 42	06 08	06 12	06 51	06 44	07 21	07 11	07 51	07 41	08 21	08 11	08 51	08 41	09 21	09 11	09 27	09 51	09 41	09 57	10 21	10 11	
Benfleet		05 46	06 12	06 16	06 55	06 48	07 25	07 15	07 55	07 45	08 25	08 15	08 55	08 45	09 25	09 15	09 31	09 55	09 45	10 01	10 25	10 15	
Leigh-on-Sea		05 50	06 16	06 20	06 59	06 52	07 29	07 19	07 59	07 49	08 29	08 19	08 59	08 49	09 29	09 19	09 35	09 59	09 49	10 05	10 29	10 19	
Chalkwell		05 53	06 19	06 23	07 02	06 55	07 32	07 22	08 02	07 52	08 32	08 22	09 02	08 52	09 32	09 22	09 38	10 02	09 52	10 08	10 32	10 22	
Westcliff		05 55	06 21	06 25	07 04	06 57	07 34	07 24	08 04	07 54	08 34	08 24	09 04	08 54	09 34	09 24	09 40	10 04	09 54	10 10	10 34	10 24	
Southend Central	a	05 57	06 25	06 27	07 09	06 59	07 42	07 26	08 09	07 56	08 39	08 26	09 09	08 56	09 39	09 26	09 42	10 09	09 56	10 12	10 39	10 26	
Southend Central	d	05 58	06 28	07 00	07 27	07 57	08 27	08 57	09 27	09 43	09 57	10 13	10 27	
Southend East		06 00	06 30	07 02	07 29	07 59	08 29	08 59	09 29	09 45	09 59	10 15	10 29	
Thorpe Bay		06 02	06 32	07 04	07 31	08 01	08 31	09 01	09 31	09 47	10 01	10 17	10 31	
Shoeburyness	a	06 08	06 38	07 10	07 37	08 07	08 37	09 07	09 37	09 56	10 07	10 26	10 37	

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Saturday
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London Fenchurch Street	d	09 40	09 47	09 54	10 02	10 10	10 17	10 24	10 32	10 40	10 47	10 54	11 02	11 10	11 17	11 24	11 32	11 40	11 47	11 54	12 02	12 10	12 17	12 24	12 32	12 40	12 47	12 54	13 02	13 10	13 17
Limehouse		09 44	09 58	10 06	10 14	10 28	10 36	10 44	10 58	11 06	11 14	11 28	11 36	11 44	11 58	12 06	12 14	12 28	12 36	12 44	12 58	13 06	13 14
West Ham		09 49	09 56	10 03	10 11	10 19	10 26	10 33	10 41	10 49	10 56	11 03	11 11	11 19	11 26	11 33	11 41	11 49	11 56	12 03	12 11	12 19	12 26	12 33	12 41	12 49	12 56	13 03	13 11	13 19	13 26
London Liverpool Street	d
Stratford	
Barking		09 55	10 02	10 09	10 16	10 25	10 32	10 39	10 46	10 55	11 02	11 09	11 16	11 25	11 32	11 39	11 46	11 55	12 02	12 09	12 16	12 25	12 32	12 39	12 46	12 55	13 02	13 09	13 16	13 25	13 32
Upminster		10 11	10 17	10 25	10 41	10 47	10 55	11 11	11 17	11 25	11 41	11 47	11 55	12 11	12 17	12 25	12 41	12 47	12 55	13 11	13 17	13 25	13 41
Ockendon		10 22	10 52	11 22	11 52	12 22	12 52	13 22
Chafford Hundred (Lakeside)		10 26	10 56	11 26	11 56	12 26	12 56	13 26
Dagenham Dock		09 59	10 29	10 59	11 29	11 59	12 29	12 59	13 29
Rainham		10 03	10 33	11 03	11 33	12 03	12 33	13 03	13 33
Purfleet		10 08	10 38	11 08	11 38	12 08	12 38	13 08	13 38
Grays		10 15	10 30	10 45	11 00	11 15	11 30	11 45	12 00	12 15	12 30	12 45	13 00	13 15	13 30	13 45
Tilbury Town		10 33	11 03	11 33	12 03	12 33	13 03	13 33
East Tilbury		10 39	11 09	11 39	12 09	12 39	13 09	13 39
Stanford-le-Hope		10 43	11 13	11 43	12 13	12 43	13 13	13 43
West Horndon		10 16	10 30	10 46	11 00	11 16	11 30	11 46	12 00	12 16	12 30	12 46	13 00	13 16	13 30	13 46
Laindon		10 20	10 34	10 50	11 04	11 20	11 34	11 50	12 04	12 20	12 34	12 50	13 04	13 20	13 34	13 50
Basildon		10 24	10 38	10 54	11 08	11 24	11 38	11 54	12 08	12 24	12 38	12 54	13 08	13 24	13 38	13 54
Pitsea		10 27	10 51	10 41	10 57	11 21	11 11	11 27	11 51	11 41	11 57	12 21	12 11	12 27	12 51	12 41	12 57	13 21	13 11	13 27	13 51	13 41	13 57
Benfleet		10 31	10 55	10 45	11 01	11 25	11 15	11 31	11 55	11 45	12 01	12 25	12 15	12 31	12 55	12 45	13 01	13 25	13 15	13 31	13 55	13 45	14 01
Leigh-on-Sea		10 35	10 59	10 49	11 05	11 29	11 19	11 35	11 59	11 49	12 05	12 29	12 19	12 35	12 59	12 49	13 05	13 29	13 19	13 35	13 59	13 49	14 05
Chalkwell		10 38	11 02	10 52	11 08	11 32	11 22	11 38	12 02	11 52	12 08	12 32	12 22	12 38	13 02	12 52	13 08	13 32	13 22	13 38	14 02	13 52	14 08
Westcliff		10 40	11 04	10 54	11 10	11 34	11 24	11 40	12 04	11 54	12 10	12 34	12 24	12 40	13 04	12 54	13 10	13 34	13 24	13 40	14 04	13 54	14 10
Southend Central	a	10 42	11 09	10 56	11 12	11 39	11 26	11 42	12 09	11 56	12 12	12 39	12 26	12 42	13 09	12 56	13 12	13 39	13 26	13 42	14 09	13 56	14 12
Southend Central	d	10 43	10 57	11 13	11 27	11 43	11 57	12 13	12 27	12 43	12 57	13 13	13 27	13 43	13 57	14 13
Southend East		10 45	10 59	11 15	11 29	11 45	11 59	12 15	12 29	12 45	12 59	13 15	13 29	13 45	13 59	14 15
Thorpe Bay		10 47	11 01	11 17	11 31	11 47	12 01	12 17	12 31	12 47	13 01	13 17	13 31	13 47	14 01	14 17
Shoeburyness	a	10 56	11 07	11 26	11 37	11 56	12 07	12 26	12 37	12 56	13 07	13 26	13 37	13 56	14 07	14 26

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London Fenchurch Street	d	13 24	13 32	13 40	13 47	13 54	14 02	14 10	14 17	14 24	14 32	14 40	14 47	14 54	15 02	15 10	15 17	15 24	15 32	15 40	15 47	15 54	16 02	16 10	16 17	16 21	16 29	16 38	16 44	16 51	16 59
Limehouse		13 28	13 36	13 44	13 58	14 06	14 14	14 28	14 36	14 44	14 58	15 06	15 14	15 28	15 36	15 44	15 58	16 06	16 14	16 25	16 33	16 42	16 55	17 03
West Ham		13 33	13 41	13 49	13 56	14 03	14 11	14 19	14 26	14 33	14 41	14 49	14 56	15 03	15 11	15 19	15 26	15 33	15 41	15 49	15 56	16 03	16 11	16 19	16 26	16 33	16 41	16 49	16 56	17 03	17 11
London Liverpool Street	d
Stratford	
Barking		13 39	13 46	13 55	14 02	14 09	14 16	14 25	14 32	14 39	14 46	14 55	15 02	15 09	15 16	15 25	15 32	15 39	15 46	15 55	16 02	16 09	16 16	16 25	16 32	16 38	16 46	16 55	17 02	17 08	17 16
Upminster		13 47	13 55	14 11	14 17	14 25	14 41	14 47	14 55	15 11	15 17	15 25	15 41	15 47	15 55	16 11	16 17	16 25	16 41	16 47	16 55	17 10	17 17	17 25
Ockendon		13 52	14 22	14 52	15 22	15 52	16 22	16 53	17 23
Chafford Hundred (Lakeside)		13 56	14 26	14 56	15 26	15 56	16 26	16 57	17 27
Dagenham Dock		13 59	14 29	14 59	15 29	15 59	16 29	16 59
Rainham		14 03	14 33	15 03	15 33	16 03	16 33	17 03
Purfleet		14 08	14 38	15 08	15 38	16 08	16 38	17 08
Grays		14 00	14 15	14 30	14 45	15 00	15 15	15 30	15 46	16 00	16 15	16 30	16 45	17 01	17 21	17 31
Tilbury Town		14 03	14 33	15 03	15 33	16 03	16 33	17 04	17 34
East Tilbury		14 09	14 39	15 09	15 39	16 09	16 39	17 10	17 40
Stanford-le-Hope		14 13	14 43	15 13	15 43	16 13	16 43	17 14	17 44
West Horndon		14 00	14 16	14 30	14 46	15 00	15 16	15 30	15 46	16 00	16 16	16 30	16 46	17 01	17 16	17 31
Laindon		14 04	14 20	14 34	14 50	15 04	15 20	15 34	15 50	16 04	16 20	16 34	16 50	17 06	17 21	17 36
Basildon		14 08	14 24	14 38	14 54	15 08	15 24	15 38	15 54	16 08	16 24	16 38	16 54	17 09	17 24	17 39
Pitsea		14 21	14 11	14 27	14 51	14 41	14 57	15 21	15 11	15 27	15 51	15 41	15 57	16 21	16 11	16 27	16 51	16 41	16 57	17 22	17 13	17 28	17 52	17 43
Benfleet		14 25	14 15	14 31	14 55	14 45	15 01	15 25	15 15	15 31	15 55	15 45	16 01	16 25	16 15	16 31	16 55	16 45	17 01	17 26	17 17	17 32	17 56	17 47
Leigh-on-Sea		14 29	14 19	14 35	14 59	14 49	15 05	15 29	15 19	15 35	15 59	15 49	16 05	16 29	16 19	16 35	16 59	16 49	17 05	17 30	17 22	17 37	18 00	17 52
Chalkwell		14 32	14 22	14 38	15 02	14 52	15 08	15 32	15 22	15 38	16 02	15 52	16 08	16 32	16 22	16 38	17 02	16 52	17 08	17 33	17 25	17 40	18 03	17 55
Westcliff		14 34	14 24	14 40	15 04	14 54	15 10	15 34	15 24	15 40	16 04	15 54	16 10	16 34	16 24	16 40	17 04	16 54	17 10	17 35	17 27	17 43	18 05	17 57
Southend Central	a	14 39	14 26	14 42	15 09	14 56	15 12	15 39	15 26	15 42	16 09	15 56	16 12	16 39	16 26	16 42	17 09	16 56	17 12	17 45	17 29	17 45	18 15	17 59
Southend Central	d	14 27	14 43	14 57	15 13	15 27	15 43	15 57	16 13	16 27	16 43	16 57	17 13	17 30	17 46	18 00
Southend East		14 29	14 45	14 59	15 15	15 29	15 45	15 59	16 15	16 29	16 45	16 59	17 15	17 32	17 48	18 02
Thorpe Bay		14 31	14 47	15 01	15 17	15 31	15 47	16 01	16 17	16 31	16 47	17 01	17 17	17 34	17 50	18 04
Shoeburyness	a	14 37	14 56	15 07	15 26	15 37	15 56	16 07	16 26	16 37	16 56	17 07	17 26	17 45	18 01	18 15

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London Fenchurch Street	d	17 05	17 09	17 24	17 29	17 38	17 44	17 53	17 59	18 08	18 14	18 21	18 29	18 38	18 44	18 51	18 59	19 08	19 14	19 24	19 32	19 44	19 47	19 54	20 02	20 10	20 17	20 24	20 32
Limehouse		17 09	17 28	17 33	17 42	17 57	18 03	18 12	18 25	18 33	18 42	18 55	19 03	19 12	19 28	19 36	19 48	19 58	20 06	20 14	20 28	20 36
West Ham		17 16	17 22	17 26	17 31	17 35	17 41	17 49	17 56	18 03	18 11	18 19	18 26	18 33	18 41	18 49	18 56	19 03	19 11	19 19	19 26	19 33	19 41	19 53	19 56	20 03	20 11	20 19	20 26	20 33	20 41
London Liverpool Street	d
Stratford	
Barking		17 25	17 28	17 32	17 40	17 46	17 55	18 02	18 09	18 16	18 25	18 32	18 38	18 46	18 55	19 02	19 08	19 16	19 25	19 32	19 39	19 46	19 59	20 02	20 09	20 16	20 25	20 32	20 39	20 46
Upminster		17 37	17 43	17 47	17 51	17 55	18 10	18 17	18 25	18 40	18 47	18 55	19 10	19 17	19 25	19 40	19 47	19 55	20 11	20 17	20 25	20 41	20 47	20 55
Ockendon		17 56	18 23	18 53	19 23	19 52	20 22	20 52
Chafford Hundred (Lakeside)		18 00	18 27	18 57	19 27	19 56	20 26	20 56
Dagenham Dock		17 29	17 59	18 29	18 59	19 29	20 03	20 29
Rainham		17 33	18 03	18 33	19 03	19 33	20 07	20 33
Purfleet		17 38	18 08	18 38	19 08	19 38	20 12	20 38
Grays		17 51	18 04	18 21	18 31	18 51	19 01	19 21	19 31	19 51	20 00	20 23	20 30	20 45	21 00
Tilbury Town		18 07	18 34	19 04	19 34	20 03	20 33	21 03
East Tilbury		18 13	18 40	19 10	19 40	20 09	20 39	21 09
Stanford-le-Hope		18 16	18 44	19 14	19 44	20 13	20 43	21 13
West Horndon		17 43	17 49	18 01	18 16	18 31	18 46	19 01	19 16	19 31	19 46	20 00	20 16	20 30	20 46	21 00
Laindon		17 48	18 01	18 06	18 21	18 36	18 51	19 06	19 21	19 36	19 51	20 04	20 20	20 34	20 50	21 04
Basildon		17 52	18 01	18 09	18 24	18 39	18 54	19 09	19 24	19 39	19 54	20 08	20 24	20 38	20 54	21 08
Pitsea		17 57	18 25	18 13	18 28	18 52	18 43	18 58	19 22	19 13	19 28	19 52	19 43	19 58	20 21	20 11	20 27	20 51	20 41	20 57	21 21	21 11
Benfleet		18 01	18 10	18 28	18 17	18 32	18 56	18 47	19 02	19 26	19 17	19 32	19 56	19 47	20 02	20 25	20 15	20 31	20 55	20 45	21 01	21 25	21 15
Leigh-on-Sea		18 07	18 21	18 33	18 22	18 37	19 00	18 52	19 07	19 30	19 22	19 37	20 00	19 52	20 07	20 29	20 19	20 35	20 59	20 49	21 05	21 29	21 19
Chalkwell		18 10	18 35	18 25	18 40	19 03	18 55	19 10	19 33	19 25	19 40	20 03	19 55	20 10	20 32	20 22	20 38	21 02	20 52	21 08	21 32	21 22
Westcliff		18 13	18 37	18 27	18 43	19 05	18 57	19 13	19 35	19 27	19 43	20 05	19 57	20 13	20 34	20 24	20 40	21 04	20 54	21 10	21 34	21 24
Southend Central	a	18 15	18 47	18 29	18 45	19 15	18 59	19 15	19 45	19 29	19 45	20 15	19 59	20 15	20 42	20 26	20 42	21 09	20 56	21 12	21 39	21 26
Southend Central	d	18 16	18 30	18 46	19 00	19 16	19 30	19 46	20 00	20 16	20 27	20 43	20 57	21 13	21 27
Southend East		18 18	18 32	18 48	19 02	19 18	19 32	19 48	20 02	20 18	20 29	20 45	20 59	21 15	21 29
Thorpe Bay		18 20	18 34	18 50	19 04	19 20	19 34	19 50	20 04	20 20	20 31	20 47	21 01	21 17	21 31
Shoeburyness	a	18 31	18 45	19 01	19 15	19 31	19 45	20 01	20 15	20 31	20 37	20 56	21 07	21 26	21 37

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London Fenchurch Street	d	20 40	20 47	20 54	21 02	21 10	21 17	21 24	21 40	21 47	21 54	22 10	22 17	22 24	22 32	22 40	22 47	22 54	23 05	23 20	23 24	23 27	23 41	23 58	00 07	00 11	00 41
Limehouse		20 44	20 58	21 06	21 14	21 28	21 44	21 58	22 14	22 28	22 36	22 44	22 58	23 09	23 24	23 28	23 45	00 04	00 16	00 45
West Ham		20 49	20 56	21 03	21 11	21 19	21 26	21 33	21 49	21 56	22 03	22 19	22 26	22 33	22 41	22 49	22 56	23 03	23 14	23 29	23 33	23 36	23 51	00 09	00 16	00 21	00 50
London Liverpool Street	d
Stratford	
Barking		20 55	21 02	21 09	21 16	21 25	21 32	21 39	21 55	22 02	22 09	22 25	22 32	22 39	22 46	22 55	23 02	23 09	23 19	23 35	23 39	23 44	23 57	00 15	00 22	00 27	00 56
Upminster		21 11	21 17	21 25	21 41	21 47	22 11	22 17	22 40	22 47	22 55	23 11	23 17	23 28	23 47	23 52	00 05	00 30	00 36	01 04
Ockendon		21 22	21 52	22 22	22 52	23 22	23 52	00 10	00 41
Chafford Hundred (Lakeside)		21 26	21 56	22 26	22 56	23 26	23 56	00 14	00 45
Dagenham Dock		20 59	21 29	21 59	22 29	22 59	23 39	00 19
Rainham		21 03	21 33	22 03	22 33	23 03	23 43	00 23
Purfleet		21 08	21 38	22 08	22 38	23 08	23 48	00 28
Grays		21 15	21 30	21 45	22 00	22 15	22 30	22 45	23 00	23 15	23 30	23 54	00 02	00 18	00 34	00 49
Tilbury Town		21 33	22 03	22 33	23 03	23 33	23 57	00 05	00 21	00 37	00 52
East Tilbury		21 39	22 09	22 39	23 09	23 39	00 03	00 11	00 27	00 43	00 58
Stanford-le-Hope		21 43	22 13	22 43	23 13	23 43	00 06	00 14	00 31	00 46	01 01
West Horndon		21 16	21 30	21 46	22 16	22 45	23 00	23 16	23 33	23 57	00 35	01 09
Laindon		21 20	21 34	21 50	22 20	22 49	23 04	23 20	23 38	00 02	00 40	01 14
Basildon		21 24	21 38	21 54	22 24	22 53	23 08	23 24	23 41	00 06	00 44	01 17
Pitsea		21 27	21 51	21 41	21 57	22 21	22 27	22 51	22 56	23 21	23 11	23 27	23 54	23 45	00 15	00 23	00 09	00 39	00 54	00 47	01 10	01 21
Benfleet		21 31	21 55	21 45	22 01	22 25	22 31	22 55	23 00	23 25	23 15	23 31	23 57	23 49	00 18	00 26	00 13	00 42	00 58	00 51	01 13	01 24
Leigh-on-Sea		21 35	21 59	21 49	22 05	22 29	22 35	22 59	23 04	23 29	23 19	23 35	00 02	23 54	00 23	00 31	00 17	00 47	01 02	00 55	01 18	01 29
Chalkwell		21 38	22 02	21 52	22 08	22 32	22 38	23 02	23 07	23 32	23 22	23 38	00 04	23 56	00 25	00 33	00 20	00 49	01 05	00 58	01 20	01 31
Westcliff		21 40	22 04	21 54	22 10	22 34	22 40	23 04	23 09	23 34	23 24	23 40	00 06	23 58	00 27	00 35	00 22	00 51	01 07	01 00	01 22	01 33
Southend Central	a	21 42	22 09	21 56	22 12	22 39	22 42	23 09	23 11	23 36	23 26	23 42	00 09	00 01	00 30	00 38	00 24	00 54	01 09	01 02	01 25	01 36
Southend Central	d	21 43	21 57	22 13	22 43	23 12	23 37	23 27	23 43	00 09	00 02	00 30	00 38	00 25	00 54	01 10	01 03	01 25	01 36
Southend East		21 45	21 59	22 15	22 45	23 14	23 39	23 29	23 45	00 11	00 04	00 32	00 40	00 27	00 56	01 12	01 05	01 27	01 38
Thorpe Bay		21 47	22 01	22 17	22 47	23 16	23 41	23 31	23 47	00 14	00 06	00 35	00 43	00 29	00 59	01 14	01 07	01 30	01 41
Shoeburyness	a	21 56	22 07	22 26	22 56	23 25	23 47	23 37	23 56	00 20	00 12	00 41	00 52	00 38	01 05	01 20	01 16	01 36	01 47

Shoeburyness, Southend Central to London

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Shoeburyness	d	04 25	05 09	05 39	06 09	06 39	07 09	07 24	07 39	07 54	08 09	08 24	08 39
Thorpe Bay		04 29	05 13	05 43	06 13	06 43	07 13	07 28	07 43	07 58	08 13	08 28	08 43
Southend East		04 31	05 15	05 45	06 15	06 45	07 15	07 30	07 45	08 00	08 15	08 30	08 45
Southend Central	a	04 34	05 18	05 48	06 18	06 48	07 18	07 33	07 48	08 03	08 18	08 33	08 48
Southend Central	d	04 13	04 34	04 55	05 18	05 25	05 48	05 55	06 18	06 25	06 48	06 55	07 18	07 25	07 33	07 48	07 55	08 03	08 18	08 25	08 33	08 48	08 55
Westcliff		04 16	04 36	04 58	05 20	05 28	05 50	05 58	06 20	06 28	06 50	06 58	07 20	07 28	07 35	07 50	07 58	08 05	08 20	08 28	08 35	08 50	08 58
Chalkwell		04 18	04 39	05 00	05 23	05 30	05 53	06 00	06 23	06 30	06 53	07 00	07 23	07 30	07 38	07 53	08 00	08 08	08 23	08 30	08 38	08 53	09 00
Leigh-on-Sea		04 21	04 41	05 03	05 25	05 33	05 55	06 03	06 25	06 33	06 55	07 03	07 25	07 33	07 40	07 55	08 03	08 10	08 25	08 33	08 40	08 55	09 03
Benfleet		04 25	04 46	05 07	05 30	05 37	06 00	06 07	06 30	06 37	07 00	07 07	07 30	07 37	07 45	08 00	08 07	08 15	08 30	08 37	08 45	09 00	09 07
Pitsea		04 30	04 49	05 12	05 33	05 42	06 03	06 12	06 33	06 42	07 03	07 12	07 33	07 42	07 48	08 03	08 12	08 18	08 33	08 42	08 48	09 03	09 12
Basildon		04 53	05 37	06 07	06 37	07 07	07 37	07 52	08 07	08 22	08 37	08 52	09 07
Laindon		04 56	05 40	06 10	06 40	07 10	07 40	07 55	08 10	08 25	08 40	08 55	09 10
West Horndon		05 01	05 45	06 15	06 45	07 15	07 45	08 00	08 15	08 30	08 45	09 00	09 15
Stanford-le-Hope		04 36	05 18	05 48	06 18	06 48	07 18	07 48	08 18	08 48	09 18
East Tilbury		04 39	05 21	05 51	06 21	06 51	07 21	07 51	08 21	08 51	09 21
Tilbury Town		04 45	05 27	05 57	06 27	06 57	07 27	07 57	08 27	08 57	09 27
Grays		04 49	05 31	05 50	06 01	06 20	06 31	06 50	07 01	07 20	07 31	07 50	08 01	08 20	08 31	08 50	09 01	09 20	09 31
Purfleet		05 56	06 26	06 56	07 26	07 56	08 26	08 56	09 26
Rainham		06 01	06 31	07 01	07 31	08 01	08 31	09 01	09 31
Dagenham Dock		06 04	06 34	07 04	07 34	08 04	08 34	09 04	09 34
Chafford Hundred (Lakeside)		04 52	05 35	06 05	06 35	07 05	07 35	08 05	08 35	09 05	09 35
Ockendon		04 56	05 39	06 09	06 39	07 09	07 39	08 09	08 39	09 09	09 39
Upminster		05 03	05 06	05 45	05 51	06 15	06 21	06 45	06 51	07 15	07 21	07 45	07 51	08 15	08 05	08 21	08 45	08 35	08 51	09 15	09 05	09 21	09 45
Barking		05 11	05 14	05 54	06 00	06 10	06 24	06 29	06 40	06 54	06 59	07 10	07 24	07 29	07 40	07 54	07 59	08 10	08 24	08 14	08 29	08 40	08 54	08 44	08 59	09 10	09 24	09 14	09 29	09 40	09 54
Stratford	
London Liverpool Street	a
West Ham		05 16	05 19	05 59	06 05	06 15	06 29	06 34	06 45	06 59	07 04	07 15	07 29	07 34	07 45	07 59	08 04	08 15	08 29	08 19	08 34	08 45	08 59	08 49	09 04	09 15	09 29	09 19	09 34	09 45	09 59
Limehouse		05 21	05 24	06 04	06 10	06 20	06 34	06 39	06 50	07 04	07 09	07 20	07 34	07 39	07 50	08 04	08 09	08 20	08 34	08 39	08 50	09 04	09 09	09 20	09 34	09 39	09 50	10 04
London Fenchurch Street	a	05 28	05 30	06 13	06 16	06 26	06 40	06 46	06 56	07 10	07 16	07 26	07 40	07 46	07 56	08 10	08 16	08 26	08 40	08 34	08 46	08 56	09 10	09 04	09 16	09 26	09 40	09 34	09 46	09 56	10 10

Shoeburyness, Southend Central to London

Saturday
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Shoeburyness	d	08 54	09 09	09 24	09 39	09 54	10 09	10 24	10 39	10 54	11 07	11 24	11 37	11 54	12 07	12 24	12 37		
Thorpe Bay		08 58	09 13	09 28	09 43	09 58	10 13	10 28	10 43	10 58	11 11	11 28	11 41	11 58	12 11	12 28	12 41		
Southend East		09 00	09 15	09 30	09 45	10 00	10 15	10 30	10 45	11 00	11 13	11 30	11 43	12 00	12 13	12 30	12 43		
Southend Central	a	09 03	09 18	09 33	09 48	10 03	10 18	10 33	10 48	11 03	11 16	11 33	11 46	12 03	12 16	12 33	12 46		
Southend Central	d	09 03	09 18	09 25	09 33	09 48	09 55	10 03	10 18	10 25	10 33	10 48	10 55	11 03	11 16	11 25	11 33	11 46	11 55	12 03	12 16	12 25	12 33	12 46	
Westcliff		09 05	09 20	09 28	09 35	09 50	09 58	10 05	10 20	10 28	10 35	10 50	10 58	11 05	11 18	11 28	11 36	11 48	11 58	12 06	12 18	12 28	12 36	12 48	
Chalkwell		09 08	09 23	09 30	09 38	09 53	10 00	10 08	10 23	10 30	10 38	10 53	11 00	11 08	11 21	11 30	11 39	11 51	12 00	12 09	12 21	12 30	12 39	12 51	
Leigh-on-Sea		09 10	09 25	09 33	09 40	09 55	10 03	10 10	10 25	10 33	10 40	10 55	11 03	11 10	11 24	11 33	11 42	11 54	12 03	12 12	12 24	12 33	12 42	12 54	
Benfleet		09 15	09 30	09 37	09 45	10 00	10 07	10 15	10 30	10 37	10 45	11 00	11 07	11 15	11 29	11 37	11 47	11 59	12 07	12 17	12 29	12 37	12 47	12 59	
Pitsea		09 18	09 33	09 42	09 48	10 03	10 12	10 18	10 33	10 42	10 48	11 03	11 12	11 18	11 33	11 42	11 51	12 03	12 12	12 21	12 33	12 42	12 51	13 03	
Basildon		09 22	09 37	09 52	10 07	10 22	10 37	10 52	11 07	11 22	11 37	11 55	12 07	12 25	12 37	12 55	13 07		
Laindon		09 25	09 40	09 55	10 10	10 25	10 40	10 55	11 10	11 25	11 40	11 58	12 10	12 28	12 40	12 58	13 10		
West Horndon		09 30	09 45	10 00	10 15	10 30	10 45	11 00	11 15	11 30	11 45	12 03	12 15	12 33	12 45	13 03	13 15		
Stanford-le-Hope		09 48	10 18	10 48	11 18	11 48	12 18	12 48	
East Tilbury		09 51	10 21	10 51	11 21	11 51	12 21	12 51	
Tilbury Town		09 57	10 27	10 57	11 27	11 57	12 27	12 57	
Grays		09 50	10 01	10 20	10 31	10 50	11 01	11 20	11 31	11 50	12 01	12 20	12 31	12 50	13 01
Purfleet		09 56	10 26	10 56	11 26	11 56	12 26	12 56
Rainham		10 01	10 31	11 01	11 31	12 01	12 31	13 01
Dagenham Dock		10 04	10 34	11 04	11 34	12 04	12 34	13 04
Chafford Hundred (Lakeside)		10 05	10 35	11 05	11 35	12 05	12 35	13 05
Ockendon		10 09	10 39	11 09	11 40	12 10	12 40	13 10
Upminster		09 35	09 51	10 15	10 05	10 21	10 45	10 35	10 51	11 15	11 05	11 21	11 46	11 35	11 51	12 16	12 09	12 21	12 46	12 39	12 51	13 16	13 09	13 21	
Barking		09 44	09 59	10 10	10 24	10 14	10 29	10 40	10 54	10 44	10 59	11 10	11 24	11 14	11 29	11 40	11 54	11 44	11 59	12 10	12 24	12 18	12 29	12 40	12 54	12 48	12 59	13 10	13 24	13 18	13 29		
Stratford	
London Liverpool Street	a
West Ham		09 49	10 04	10 15	10 29	10 19	10 34	10 45	10 59	10 49	11 04	11 15	11 29	11 19	11 34	11 45	12 02	11 49	12 09	12 17	12 32	12 27	12 39	12 47	13 02	12 57	13 09	13 17	13 32	13 27	13 39		
Limehouse		10 09	10 20	10 34	10 39	10 50	11 04	11 09	11 20	11 34	11 39	11 50	12 07	12 14	12 22	12 37	12 44	12 52	13 07	13 14	13 22	13 37	13 44		
London Fenchurch Street	a	10 04	10 16	10 26	10 40	10 34	10 46	10 56	11 10	11 04	11 16	11 26	11 40	11 34	11 46	11 56	12 18	12 04	12 25	12 34	12 48	12 43	12 55	13 03	13 18	13 13	13 25	13 33	13 48	13 43	13 55		

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Shoeburyness	d	12 54	13 07	13 24	13 37	13 54	14 09	14 24	14 39	14 54	15 09	15 24	15 39	15 54	16 09
Thorpe Bay		12 58	13 11	13 28	13 41	13 58	14 13	14 28	14 43	14 58	15 13	15 28	15 43	15 58	16 13
Southend East		13 00	13 13	13 30	13 43	14 00	14 15	14 30	14 45	15 00	15 15	15 30	15 45	16 00	16 15
Southend Central	a	13 03	13 16	13 33	13 46	14 03	14 18	14 33	14 48	15 03	15 18	15 33	15 48	16 03	16 18
Southend Central	d	12 52	12 55	13 03	13 16	13 25	13 33	13 46	13 55	14 03	14 18	14 25	14 33	14 48	14 55	15 03	15 18	15 25	15 33	15 48	15 55	16 03	16 18
Westcliff		12 54	12 58	13 06	13 18	13 28	13 36	13 48	13 58	14 06	14 20	14 28	14 35	14 50	14 58	15 05	15 20	15 28	15 35	15 50	15 58	16 05	16 20
Chalkwell		12 56	13 00	13 09	13 21	13 30	13 39	13 51	14 00	14 09	14 23	14 30	14 38	14 53	15 00	15 08	15 23	15 30	15 38	15 53	16 00	16 08	16 23
Leigh-on-Sea		12 59	13 03	13 12	13 24	13 33	13 42	13 54	14 03	14 12	14 25	14 33	14 40	14 55	15 03	15 10	15 25	15 33	15 40	15 55	16 03	16 10	16 25
Benfleet		13 04	13 07	13 17	13 29	13 37	13 47	13 59	14 07	14 17	14 30	14 37	14 45	15 00	15 07	15 15	15 30	15 37	15 45	16 00	16 07	16 15	16 30
Pitsea		13 09	13 12	13 21	13 33	13 42	13 51	14 03	14 12	14 21	14 33	14 42	14 48	15 03	15 12	15 18	15 33	15 42	15 48	16 03	16 12	16 18	16 33
Basildon		13 13	13 25	13 37	13 55	14 07	14 25	14 37	14 52	15 07	15 22	15 37	15 52	16 07	16 22	16 37
Laindon		13 17	13 28	13 40	13 58	14 10	14 28	14 40	14 55	15 10	15 25	15 40	15 55	16 10	16 25	16 40
West Horndon		13 23	13 33	13 45	14 03	14 15	14 33	14 45	15 00	15 15	15 30	15 45	16 00	16 15	16 30	16 45
Stanford-le-Hope		13 18	13 48	14 18	14 48	15 18	15 48	16 18
East Tilbury		13 21	13 51	14 21	14 51	15 21	15 51	16 21
Tilbury Town		13 27	13 57	14 27	14 57	15 27	15 57	16 27
Grays		13 20	13 31	13 50	14 01	14 20	14 31	14 50	15 01	15 20	15 31	15 50	16 01	16 20	16 31	16 50
Purfleet		13 26	13 56	14 26	14 56	15 26	15 56	16 26	16 56
Rainham		13 31	14 01	14 31	15 01	15 31	16 01	16 31	17 01
Dagenham Dock		13 34	14 04	14 34	15 04	15 34	16 04	16 34	17 04
Chafford Hundred (Lakeside)		13 35	14 05	14 35	15 05	15 35	16 05	16 35
Ockendon		13 40	14 10	14 39	15 09	15 39	16 09	16 39
Upminster		13 29	13 46	13 39	13 51	14 16	14 09	14 21	14 45	14 39	14 51	15 15	15 05	15 21	15 45	15 35	15 51	16 15	16 05	16 21	16 45	16 35	16 51
Barking		13 42	13 54	13 48	13 59	14 10	14 24	14 18	14 29	14 40	14 54	14 48	14 59	15 10	15 24	15 14	15 29	15 40	15 54	15 44	15 59	16 10	16 24	16 14	16 29	16 40	16 54	16 44	16 59	17 10
Stratford	
London Liverpool Street	a
West Ham		13 44	13 47	14 02	13 57	14 08	14 19	14 32	14 27	14 39	14 47	14 59	14 57	15 04	15 15	15 29	15 19	15 34	15 45	15 59	15 49	16 04	16 15	16 29	16 19	16 34	16 45	16 59	16 49	17 04	17 15
Limehouse		13 52	14 07	14 13	14 25	14 37	14 44	14 52	15 04	15 09	15 20	15 34	15 39	15 50	16 04	16 09	16 20	16 34	16 39	16 50	17 04	17 09	17 20
London Fenchurch Street	a	14 00	14 03	14 18	14 13	14 24	14 36	14 48	14 43	14 55	15 03	15 10	15 13	15 16	15 26	15 40	15 34	15 46	15 56	16 10	16 04	16 16	16 26	16 40	16 34	16 46	16 56	17 10	17 04	17 16	17 30

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Saturday
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Shoeburyness	d	16 24	16 39	16 54	17 09	17 24	17 39	17 54	18 09	18 24	18 39	18 54	19 09	19 24	19 39	
Thorpe Bay		16 28	16 43	16 58	17 13	17 28	17 43	17 58	18 13	18 28	18 43	18 58	19 13	19 28	19 43	
Southend East		16 30	16 45	17 00	17 15	17 30	17 45	18 00	18 15	18 30	18 45	19 00	19 15	19 30	19 45	
Southend Central	a	16 33	16 48	17 03	17 18	17 33	17 48	18 03	18 18	18 33	18 48	19 03	19 18	19 33	19 48	
Southend Central	d	16 25	16 33	16 48	16 55	17 03	17 18	17 25	17 33	17 48	17 55	18 03	18 18	18 25	18 33	18 48	18 55	19 03	19 18	19 25	19 33	19 48	
Westcliff		16 28	16 35	16 50	16 58	17 05	17 20	17 28	17 35	17 50	17 58	18 05	18 20	18 28	18 35	18 50	18 58	19 05	19 20	19 28	19 35	19 50	
Chalkwell		16 30	16 38	16 53	17 00	17 08	17 23	17 30	17 38	17 53	18 00	18 08	18 23	18 30	18 38	18 53	19 00	19 08	19 23	19 30	19 38	19 53	
Leigh-on-Sea		16 33	16 40	16 55	17 03	17 10	17 25	17 33	17 40	17 55	18 03	18 10	18 20	18 25	18 33	18 40	18 55	19 03	19 10	19 25	19 33	19 40	19 55	
Benfleet		16 37	16 45	17 00	17 07	17 15	17 30	17 37	17 45	18 00	18 07	18 15	18 30	18 37	18 45	19 00	19 07	19 15	19 30	19 37	19 45	20 00	
Pitsea		16 42	16 48	17 03	17 12	17 18	17 33	17 42	17 48	18 03	18 12	18 18	18 33	18 42	18 48	19 03	19 12	19 18	19 33	19 42	19 48	20 03	
Basildon		16 52	17 07	17 22	17 37	17 52	18 07	18 22	18 37	18 52	19 07	19 22	19 37	19 52	20 07	
Laindon		16 55	17 10	17 25	17 40	18 00	17 55	18 10	18 25	18 40	18 55	19 10	19 25	19 40	19 55	20 10	
West Horndon		17 00	17 15	17 30	17 45	18 00	18 15	18 30	18 45	19 00	19 15	19 30	19 45	20 00	20 15	
Stanford-le-Hope		16 48	17 18	17 48	18 18	18 48	19 18	19 48	
East Tilbury		16 51	17 21	17 51	18 21	18 51	19 21	19 51	
Tilbury Town		16 57	17 27	17 57	18 27	18 57	19 27	19 57	
Grays		17 01	17 20	17 31	17 50	18 01	18 20	18 31	18 50	19 01	19 20	19 31	19 50	20 01	20 20
Purfleet		17 26	17 56	18 26	18 56	19 26	19 56	20 26	
Rainham		17 31	18 01	18 31	19 01	19 31	20 01	20 31	
Dagenham Dock		17 34	18 04	18 34	19 04	19 34	20 04	20 34	
Chafford Hundred (Lakeside)		17 05	17 35	18 05	18 35	19 05	19 35	20 05	
Ockendon		17 09	17 39	18 09	18 39	19 09	19 39	20 09	
Upminster		17 15	17 05	17 21	17 45	17 35	17 51	18 15	18 05	18 21	18 45	18 35	18 51	19 15	19 05	19 21	19 45	19 35	19 51	20 15	20 05	20 21	
Barking		17 24	17 14	17 29	17 40	17 54	17 44	17 59	18 10	18 24	18 14	18 29	18 40	18 54	18 44	18 59	19 10	19 24	19 14	19 29	19 40	19 54	19 44	19 59	20 10	20 24	20 14	20 29	20 40	
Stratford		
London Liverpool Street	a	
West Ham		17 29	17 19	17 34	17 45	17 59	17 49	18 04	18 15	18 29	18 19	18 34	18 45	18 59	18 49	19 04	19 15	19 29	19 19	19 34	19 45	19 59	19 49	20 04	20 15	20 29	20 19	20 34	20 45	
Limehouse		17 34	17 39	17 50	18 04	18 09	18 20	18 34	18 39	18 50	19 04	19 09	19 20	19 34	19 39	19 50	20 04	20 09	20 20	20 34	20 39	20 50	
London Fenchurch Street	a	17 40	17 34	17 46	17 56	18 10	18 04	18 19	18 26	18 31	18 44	18 34	18 46	19 00	19 16	19 04	19 01	19 16	19 30	19 40	19 34	19 46	19 56	20 10	20 04	20 16	20 26	20 40	20 34	20 46	20 56	

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Saturday
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Shoeburyness	d	19 54	20 09	20 24	20 54	21 24	21 39	21 54	22 24	22 58	23 28
Thorpe Bay		19 58	20 13	20 28	20 58	21 28	21 43	21 58	22 28	23 02	23 32
Southend East		20 00	20 15	20 30	21 00	21 30	21 45	22 00	22 30	23 04	23 34
Southend Central	a	20 03	20 18	20 33	21 03	21 33	21 48	22 03	22 33	23 07	23 37
Southend Central	d	19 55	20 03	20 18	20 25	20 33	20 55	21 03	21 25	21 33	21 48	21 55	22 03	22 25	22 33	22 55	23 07	23 37	23 45
Westcliff		19 58	20 05	20 20	20 28	20 35	20 58	21 05	21 28	21 35	21 50	21 58	22 05	22 28	22 35	22 58	23 09	23 39	23 47
Chalkwell		20 00	20 08	20 23	20 30	20 38	21 00	21 08	21 30	21 38	21 53	22 00	22 08	22 30	22 38	23 00	23 12	23 42	23 50
Leigh-on-Sea		20 03	20 10	20 25	20 33	20 40	21 03	21 10	21 33	21 40	21 55	22 03	22 10	22 33	22 40	23 03	23 14	23 44	23 52
Benfleet		20 07	20 15	20 30	20 37	20 45	21 07	21 15	21 37	21 45	22 00	22 07	22 15	22 37	22 45	23 07	23 19	23 49	23 57
Pitsea		20 12	20 18	20 33	20 42	20 48	21 12	21 18	21 42	21 48	22 03	22 12	22 18	22 42	22 48	23 12	23 25	23 52	00 01
Basildon		20 22	20 37	20 52	21 22	21 52	22 07	22 22	22 52	23 28	23 56
Laindon		20 25	20 40	20 55	21 25	21 55	22 10	22 25	22 55	23 31	23 59
West Horndon		20 30	20 45	21 00	21 30	22 00	22 15	22 30	23 00	23 36	00 04
Stanford-le-Hope		20 18	20 48	21 18	21 48	22 18	22 48	23 18	00 07
East Tilbury		20 21	20 51	21 21	21 51	22 21	22 51	23 21	00 11
Tilbury Town		20 27	20 57	21 27	21 57	22 27	22 57	23 27	00 17
Grays		20 31	20 50	21 01	21 20	21 31	21 50	22 01	22 20	22 31	22 50	23 01	23 20	23 31	00 20
Purfleet		20 56	21 26	21 56	22 26	22 56	23 26
Rainham		21 01	21 31	22 01	22 31	23 01	23 31
Dagenham Dock		21 04	21 34	22 04	22 34	23 04	23 34
Chafford Hundred (Lakeside)		20 35	21 05	21 35	22 05	22 35	23 05	23 35	00 23
Ockendon		20 39	21 09	21 39	22 09	22 39	23 09	23 39	00 27
Upminster		20 45	20 35	20 51	21 15	21 05	21 45	21 35	22 15	22 05	22 21	22 45	22 35	23 15	23 05	23 45	23 41	00 09	00 34
Barking		20 54	20 44	20 59	21 10	21 24	21 14	21 40	21 54	21 44	22 10	22 24	22 14	22 29	22 40	22 54	22 44	23 10	23 24	23 14	23 40	23 54	23 49	00 18	00 44
Stratford	
London Liverpool Street	a
West Ham		20 59	20 49	21 04	21 15	21 29	21 19	21 45	21 59	21 49	22 15	22 29	22 19	22 34	22 45	22 59	22 49	23 15	23 29	23 19	23 45	23 59	23 54	00 23
Limehouse		21 04	21 20	21 34	21 50	22 04	22 20	22 34	22 50	23 04	23 20	23 34	23 50	00 04	23 59	00 28
London Fenchurch Street	a	21 10	21 10	21 19	21 26	21 40	21 34	21 56	22 10	22 04	22 26	22 40	22 40	22 46	22 56	23 16	23 13	23 26	23 40	23 35	23 56	00 10	00 06	00 34